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# Hampshire Adult Tailored Learning Courses Summer Term 2025



Hampshire  
County Council

**SKILLS  
FOR LIFE**

# Information

Hampshire County Council's Adult Tailored Learning offers a range of courses in community venues across the county and online.

If you're looking to gain new skills or qualifications, improve your English, develop your skills to find work, increase your confidence, or improve your wellbeing, we have a course for you!

These courses are **FREE** if you live in Hampshire and meet the residency eligibility criteria and you are aged 19 years or over.

## Eligibility & Contact Details

To check if you are eligible for a **free** Adult Tailored Learning course, please email our team at: [adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk) or visit our website at: [Hampshire Achieves | Hampshire County Council \(hants.gov.uk\)](https://www.hants.gov.uk/achieves)

To quickly apply for any of the courses listed in this flyer, please complete our simple, online application form using the links below:

[Hampshire Adult Tailored Learning Application Form](#)

[Hampshire Adult Tailored Learning ESOL Application Form](#)



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# HAMPSHIRE ACHIEVES EMPLOYABILITY COURSES

## FREE SECTOR BASED EMPLOYABILITY PROGRAMMES

Our sector-based employability programmes are aimed at adults who are looking for work, planning a career change, returning to work after redundancy, or returning after a break in employment. You will find out about the skills, values and attitudes required for the sector, learn how to target your CV and cover letter, build your confidence for interviews, find out more about progression opportunities and meet with employers.

### WORKING IN CHILDCARE & SCHOOLS



This popular, online sector-based employability programme will help you to apply for one of the thousands of jobs in the childcare sector. You will find out about the skills, values and attitudes required to work with children and young people, build your confidence for interviews, and learn how to target your CV and cover letter to this rewarding sector. Your tutor will support you with your progression plan and on successful completion, you may be offered either work experience in a Hampshire early-years setting, or a Hampshire skills bootcamp.

**Tutor:** Helen King

**Duration:** Four weeks **online** via MS Teams

**Days:** Tuesday, Wednesday and Thursday

**Dates:** Wednesday 23 April to Wednesday 14 May 2025

**or**

**Dates:** Tuesday 1 July to Wednesday 16 July 2025

**Time:** 10.00 am to 2.00 pm with self-directed learning between sessions



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## SAFEGUARDING AWARENESS TO PREPARE TO WORK IN CHILDCARE SETTINGS



This **free** online short course will provide learners with an introduction to recognising, responding, and reporting safeguarding concerns in childcare settings. You will also be provided with a link to complete an online **Prevent Awareness Course** between tutor-led online sessions. This course is ideal for anyone preparing to work or volunteer in a childcare setting.

**Tutor:** Susie Higgs

**Duration:** Two x three hour sessions **online** via MS Teams

**Dates:** Monday 9 June and Monday 16 June 2025

**Time:** 12.00 noon – 3.00 pm

## INTRODUCTION TO NUTRITION IN CHILDREN & YOUNG PEOPLE



On this **free** online tutor-led course you will discover how to encourage healthy food choices, support children with allergies or food sensitivities and find out why some foods are so addictive. The course will include information about the five main nutrient groups, why children's bodies need them and the effects on children's health & wellbeing from a poor diet. You will find out how to adapt your favourite recipes that are healthier and affordable and explore the NHS food scanner app to support healthy food shopping.

**Tutor:** Helen King

**Duration:** Two x four hour sessions **online** via MS Teams

**Dates:** Wednesday 21 May and Thursday 22 May 2025

**Time:** 10.00 am – 2.00 pm



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# HAMPSHIRE ACHIEVES ESOL COURSES



Hampshire Achieves offers a selection of English, employability and progression courses for Speakers of Other Languages (**ESOL**). We offer various levels, from beginners to advanced, to help you improve your English language skills to support your children's learning, gain work, advance your career or prepare you for further academic or vocational study in the UK.

We offer flexible start and finish dates. The minimum length of study is 6 weeks and 100% attendance at all sessions is expected. Courses are held **online** via MS Teams and **face to face** in community venues across the county.

## ONLINE ESOL COURSES

### ONLINE ESOL – COMPLETE BEGINNERS (ENTRY 1 - A1)



This **free** online course is suitable for people whose English is at Entry 1 / Beginner Level e.g. people who can speak, read or write only a few words in English or maybe no English at all. You will learn to ask and answer questions, follow simple instructions and understand an explanation.

**Tutor:** Anna Winiarska / Rekha Gupta

**Day:** Wednesday mornings

**Time:** 10.00 am to 12.00 noon (two hours online via MS Teams)

**Dates:** Wednesday 23 April to Wednesday 21 May 2025

**Dates:** Wednesday 4 June to Wednesday 16 July 2025



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## ONLINE ESOL – BEGINNERS PLUS (ENTRY 2 - A2)



This **free** online course is suitable for people who can have short conversations in English, and read and write simple text, but want to do more. It will help you talk, read and write about more interesting subjects and make fewer mistakes so people can understand you, you can understand them, and you can read and write messages, emails, forms and news stories.

**Tutor:** Rekha Gupta / Anna Winiarska

**Day:** Thursday or Friday mornings

**Time:** 10.00 am to 12.00 noon (two hours online via MS Teams)

**Dates:** Thursday 24 April to Thursday 22 May 2025

**Dates:** Thursday 5 June to Thursday 17 July 2025

or

**Dates:** Friday 2 May to Friday 23 May 2025

**Dates:** Friday 6 June to Friday 18 July 2025

## ONLINE ESOL – INTERMEDIATE (INTERMEDIATE A2 / B1)



This **free** online ESOL course is suitable for people who can read, write and speak in English, but who would like to practise their speaking, listening, reading, and writing to understand people better, talk about most daily topics, read a simple news story, and be able to write a long email or letter.

**Tutor:** Irina Nikitina

**Day:** Wednesday mornings

**Time:** 10.00 am to 12.00 noon (two hours online via MS Teams)

**Dates:** Wednesday 23 April to Wednesday 21 May 2025

**Dates:** Wednesday 4 June to Wednesday 16 July 2025



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## ONLINE ESOL – INTERMEDIATE TO ADVANCED (LEVEL 1 - B1)



This **free** online course is suitable for people who are more confident using English and communicate quite easily in daily life, understand people, and can read and write about everyday subjects. This course will help you speak, read, and write about more complicated topics with greater accuracy. You will learn how to make a presentation, write formally and informally, and read about more challenging and interesting subjects.

**Tutor:** Sarah McHardy

**Day:** Wednesday morning

**Time:** 10.00 am to 12.00 noon (two hours online via MS Teams)

**Dates:** Wednesday 23 April to Wednesday 21 May 2025

**Dates:** Wednesday 4 June to Wednesday 2 July 2025

## FACE TO FACE ESOL COURSES

### FACE TO FACE ESOL FOR BEGINNER LEVEL



Our **free** face-to-face Beginners ESOL lessons (A1 / A2) are suitable for people who can speak, read or write only a few words in English, or have no English at all and would like to develop their pronunciation, reading and writing skills.

In the summer term our ESOL courses will run each week during the school term and will start in April and June 2025 until July 2025. Classes do not run during the school holidays.

You will be taught in a small, supportive group by an experienced ESOL tutor and provided with English practice to do at home, in your own time.



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**Our Beginners Level ESOL classes are available at the following venues:**

<b>Mondays</b>	Basingstoke Discovery Centre	1.00 pm – 3.00 pm
<b>Mondays</b>	Winchester, Holy Trinity Church	10.00 am – 12.00 noon
<b>Mondays</b>	Fareham Library	10.00 am – 12.00 noon
<b>Tuesdays</b>	Winchester, Holy Trinity Church	10.00 am – 12.00 noon
<b>Tuesdays</b>	Aldershot Library	10.00 am – 12.00 noon
<b>Tuesdays</b>	Andover The Bridge	10.00 am – 12.00 noon
<b>Fridays</b>	Basingstoke Discovery Centre	1.00 pm – 3.00 pm

**FACE TO FACE ESOL FOR INTERMEDIATE LEVEL**



Our **free** face-to-face courses at **Intermediate Level (A2 / B1)** are for people who can have conversations in English, and read and write English text, but want to do more.

This course will help you talk, read, and write about more interesting subjects and make fewer mistakes so people can understand you and you can understand you.

In the summer term our ESOL courses will run each week during the school term and will start in April and June 2025 until July 2025. Classes do not run during the school holidays.

You will be taught in a small, supportive group by an experienced ESOL tutor and provided with English practice to do at home, in your own time.

**Our Intermediate Level ESOL classes are available at the following venues:**

<b>Mondays</b>	Basingstoke Discovery Centre	10.00 am – 12.00 noon
<b>Mondays</b>	Winchester, Holy Trinity Church	1.00 pm – 3.00 pm
<b>Mondays</b>	Fareham Library	1.00 pm – 3.00 pm
<b>Tuesdays</b>	Aldershot Library	1.00 pm – 3.00 pm
<b>Fridays</b>	Basingstoke Discovery Centre	10.00 am – 12.00 noon



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## ESOL PROGRESSION COURSES

### ESOL INTRODUCTION TO ENGLISH FOR DRIVING IN THE UK / FURTHER ENGLISH FOR DRIVING IN THE UK



If English is your second or other language and you are preparing for the UK Driving Theory Test then this **free** online course will help you to identify English vocabulary, signs and legislation for driving in the UK. You will also learn hazard awareness and carry out a practice driving theory test. This course is intended to support you to pass the UK online driving theory test.

**Tutor:** Irina Nikitina

**Duration:** Six x two hour sessions

**Venue:** Online via MS Teams

**Days:** Tuesday mornings or Tuesday afternoons

### ESOL INTRODUCTION TO ENGLISH FOR DRIVING THEORY

**Dates:** Tuesday 22 April to Tuesday 20 May 2025

**Time:** 10.00 am – 12.00 noon

### ESOL FURTHER ENGLISH FOR DRIVING THEORY

**Dates:** Tuesday 22 April to Tuesday 20 May 2025

**Time:** 1.00 pm – 3.00 pm

**Or**

**Dates:** Tuesday 3 June to Tuesday 8 July 2025

**Time:** 10.00 am – 12.00 noon



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## ESOL LIFE IN THE UK (PREPARING FOR UK CITIZENSHIP)



This series of **free** online courses are the perfect progression opportunity for ESOL learners with Intermediate to advanced English skills to gain knowledge about living and working in the UK.

These short courses can be taken in any order and cover the topics included in the 'Life in the UK' Citizenship Test: **Topic 1.** UK History & the Monarchy **Topic 2.** British Values, Principles & Citizenship **Topic 3.** British Customs & Traditions and **Topic 4.** UK Government, Democracy & Laws..

**Tutor:** Irina Nikitina

**Duration:** Six weeks x two hour sessions

**Venue:** These courses will be delivered **online** via MS Teams

**Days:** Wednesday evening or Friday afternoon

### Topic 2 - Life in the UK – British Values, Principles & Citizenship

**Dates:** Friday 25 April to Wednesday 23 May 2025

**Time:** 1.00 pm – 3.00 pm

### Topic 1 - Life in the UK – History of the UK & The Monarchy

**Dates:** Wednesday 23 April to Wednesday 21 May 2025

**Time:** 6.00 pm – 8.00 pm

### Topic 2 - Life in the UK – British Values, Principles & Citizenship

**Dates:** Wednesday 4 June to Wednesday 9 July 2025

**Time:** 6.00 pm – 8.00 pm

### Topic 1 - Life in the UK – History of the UK & The Monarchy

**Dates:** Friday 6 June to Wednesday 18 July 2025

**Time:** 1.00 pm – 3.00 pm



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## ESOL LIFE IN THE UK (GENERAL INTEREST TOPICS)



These **free** online courses are a perfect progression opportunity for ESOL learners with intermediate to advanced English skills who would like more knowledge about living, working and looking after their family in the UK. These progression courses will cover general interest topics: **Topic 1.** Health & Wellbeing in the UK

**Topic 2.** Education in the UK.

**Tutor:** Irina Nikitina

**Duration:** Six weeks x two hour sessions

**Venue:** These courses will be delivered **online** via MS Teams

**Days / Times:** Thursday evenings 6.00 pm – 8.00 pm

### ESOL Life in the UK – Health & Wellbeing

**Dates:** Thursday 24 April to Thursday 22 May 2025

### ESOL Life in the UK – Education

**Dates:** Thursday 5 June to Thursday 17 July 2025

## HOW TO APPLY FOR AN ESOL COURSE

For full course details, eligibility criteria and how to apply for a Hampshire Learns ESOL course, please email our team at: [adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk).

Visit our webpage at: [English for Speakers of other Languages \(ESOL\) | Education and learning | Hampshire County Council \(hants.gov.uk\)](https://www.hants.gov.uk/learning/English-for-Speakers-of-other-Languages-ESOL-Education-and-learning).

To apply for an ESOL course in this flyer, please complete our simple, online application form by clicking here: [Hampshire Adult Tailored Learning ESOL Application Form](#).



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## HAMPSHIRE ACHIEVES ENGLISH & MATHS COURSES

### DEVELOP YOUR ENGLISH SPELLING, PUNCTUATION & GRAMMAR



This **free** online course is for adults who would like to develop their knowledge and skills of English spelling, punctuation and grammar skills. This course will also prepare you for the functional skills curriculum if you do not currently have a Level 2 English qualification.

**Please note that this is not intended as an ESOL course.**

**Tutor:** Marian Salisbury

**Duration:** Six x two hour sessions **online** via MS Teams

**Date:** Monday 28 April to Monday 19 May 2025

**Time:** 1.00 pm to 3.00 pm

### DEVELOP YOUR ENGLISH WRITING SKILLS



This **free** online course is for adults who would like to develop their knowledge and skills of English writing skills. This course will also prepare you for the functional skills curriculum if you do not currently have a Level 2 English qualification.

**Please note that this is not intended as an ESOL course.**

**Tutor:** Marian Salisbury

**Duration:** Five x two hour sessions **online** via MS Teams

**Date:** Monday 2 June to Monday 14 July 2025

**Time:** 1.00 pm to 3.00 pm



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## PREPARATION FOR ENGLISH FUNCTIONAL SKILLS



This **free** online course is aimed at adults living in Hampshire aged 19+ who would like a taster of the English functional skills curriculum before committing to the longer, accredited course.

This course will support you to gain essential English skills needed to progress in the workplace, education or in your home life.

**Please note that this is not intended as an ESOL course.**

**Tutor:** Marian Salisbury

**Duration:** Six x two hour sessions **online** via MS Teams

**Date:** Monday 28 April to Monday 19 May 2025

**Time:** 10.00 am to 12.00 noon

**or**

**Date:** Wednesday 9 July to Wednesday 30 July 2025

**Time:** 1.00 pm to 3.00 pm

## DEVELOP YOUR MATHS & DIGITAL SKILLS



Hampshire Achieves will be adding a range of short maths courses to this flyer very shortly.

Please enquire for more details about a range of courses that will be available in Hampshire to develop your basic numeracy, budgeting and digital skills at: [adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk).



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## FUNCTIONAL SKILLS ENGLISH & MATHS (LEVEL 1 & LEVEL 2)

Please enquire about our **free** English and maths accredited courses for adults. These courses are targeted at individuals age 19+ in Hampshire who have not yet achieved a full Level 2 qualification (GCSE Grade C or Level 4 or above) in English and maths. To enquire about our next available course date, please email our Adult Tailored Learning Team at: [adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk).

## HOW DO I APPLY FOR A HAMPSHIRE ACHIEVES ADULT TAILORED LEARNING COURSE?

For more information and eligibility criteria, email our friendly team at:

[adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk)



Searching and applying for a course is simple via our online **Course Finder Website**:

[Hampshire Adult Tailored Learning Course Directory](#)

Or apply for a course today via our secure, online **application forms**:

[Hampshire Adult Tailored Learning Application Form](#)  
[Hampshire Adult Tailored Learning ESOL Application Form](#)

For more information about our courses and eligibility criteria visit our **website**:

[Hampshire Achieves | Hampshire County Council \(hants.gov.uk\)](http://hants.gov.uk)

\* **Please note that 100% attendance is required for all adult learning courses.** All course dates / venues shown in this flyer may be subject to change and may be cancelled if the course fails to meet the minimum enrolment number. You will be notified of the cancellation, and an alternative course date or venue will be offered where possible.



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