



Prince's Trust

The Prince's Trust Newsletter

Hampshire & IOW, March 2024




Welcome to your regular newsletter from The Prince's Trust in Hampshire

We have so many great courses for young people aged **16-30** to get involved in. Courses are free and give young people the tools to build their confidence, find a job or get back into education or training.

If you know a young person who would benefit from our support, fill out our online referral form here [*How can we help you at The Prince's Trust? \(office.com\)](https://www.princes-trust.org.uk/how-can-we-help-you-at-the-prince-s-trust-office-com) and a member of the team will be in touch.

Please note young people must be NEET (Not in Education, Employment or Training) to take part in all courses in this newsletter.

Explore	Get Started in Emergency Services with HIWFRS	TEAM
		
<p>Location: Southampton and Portsmouth. Date: 2nd April 2024 Age: 16-25.</p> <p>8-week programme, providing personal development opportunities through practical activities that will develop Young People's confidence whilst giving them skills in team building, problem solving and communication. Each week is thematic, moving from 'preparing for success', through life skills and interpersonal skills, all the way into resilience and taking ownership of next steps. Each Young Person will have a dedicated Youth Development Lead with whom they'll work on their individual goals and aspirations, from pre-Programme onboarding, all the way through the Programme. This contact can continue for 6 months post-Programme so the young person has continued support moving forwards. The Programme is part time, starting with a three day access week, moving to two days per week thereafter, finishing with the opportunity to attend a three day residential trip.</p> <p><u>Refer a Young Person</u></p>	<p>Location: Southampton, St Mary's Fire Station Taster Day 18th April Programme 22nd-26th April Age: 16-25.</p> <p>A five day course to learn about the emergency services including the Fire Service, Ambulance Service and Police. You'll be able to learn some of the practical aspects of the job as well as gaining your first aid certificate. You will gain valuable social and employability skills, meet like-minded people, and most of all, have fun. You'll work closely with your Prince's Trust Youth Development Lead who will offer additional one-to-one support, to help you succeed.</p> <p><u>Refer a Young Person</u></p>	<p>Location: City of Portsmouth College, Highbury Campus. Date: 29th April 2024 Age: 16-25</p> <p>Our 12-week personal development programme, for the chance to gain new skills, gain a qualification and meet new people. When you come on board, you'll be challenged to:</p> <ul style="list-style-type: none"> • Take on your own group community project, making a positive difference to your local area. • Take part in an action-packed residential trip. • Get two weeks' work experience in your chosen industry. • Develop your English and Maths skills. <p>As part of the course, we also spend some time developing your interview skills and CV to ensure your confidence is sky-high for taking the next step.</p> <p><u>Refer a Young Person</u></p> <p>Please note there may be another Team programme beginning in May 2024 but the location is TBC.</p>

Development Awards		
		
<p>Date: Contact us anytime! Age: 16-30</p> <p>Our Development Awards can cover the cost of course fees, tools or equipment in order to help young people anywhere achieve their goals and move into education, training or employment. For more information, visit our website Get funding to train and learn Development Awards (princes-trust.org.uk).</p> <p><u>Refer a Young Person</u></p>		

