



Prince's Trust

The Prince's Trust Newsletter

Hampshire May 2024








Welcome to your regular newsletter from The Prince's Trust in Hampshire




We have so many great courses for young people aged **16-30** to get involved in. Courses are free and give young people the tools to build their confidence, find a job or get back into education or training.

If you know a young person who would benefit from our support, fill out our online referral form [*How can we help you at The Prince's Trust? \(office.com\)](https://www.princes-trust.org.uk/office.com).

Please note young people must be NEET (Not in Education, Employment or Training) to take part in most courses in this newsletter, Health & Social Care courses are an exception.

Explore	Get Started in Game Design (Virtual)	Get Into Retail with M&S
		
<p>Location: Southampton and Portsmouth. Attend the one closest to you!</p> <p>Dates: <u>Portsmouth</u> Access 10th-12th June.</p> <p><u>Southampton</u> Access 12th-14th June.</p> <p>Age: 16-25.</p> <p>8-week programme, providing personal development opportunities through practical activities that will develop Young People's confidence whilst giving them skills in team building, problem solving and communication. Each week is thematic, moving from 'preparing for success', through life skills and interpersonal skills, all the way into resilience and taking ownership of next steps. Each Young Person will have a dedicated Youth Development Lead with whom they'll work on their individual goals and aspirations, from pre-Programme onboarding, all the way through the Programme. This contact can continue for 3 months post-Programme, so the young person has continued support moving forwards. The Programme is part time, starting with a three-day access week, moving to two days per week thereafter, finishing with the opportunity to attend a three-day residential trip.</p> <p><u>Refer a Young Person</u></p>	<p>Location: 100% Online for young people in Hampshire.</p> <p>Taster day: 23rd May 2024. Programme: 28th-31st of May. Age: 16-25</p> <p>Application Deadline: 21st May.</p> <p>On this free 4-day course, you will grow your confidence, meet new people and attend a mix of workshops to learn about Games Design.</p> <ul style="list-style-type: none"> • Design and pitch your own game. • Learn how the industry works from experts. • Work alongside established game designers. <p>Computer spec required: A laptop or desktop computer with an: i3 processor, 8gb ram, 250gb + HDD space and a graphics card such as a NVidia 1060 or Equivalent (even a 1050). 20gb worth of space available on your hard-drive. Operating Systems: Windows or MacOS. Chromebooks will not be compatible here.</p> <p><u>Refer a Young Person</u></p>	<p>Location: Southampton and Portsmouth. Attend the one closest to you!</p> <p>Taster Day: w/c 17th June (exact date TBC). Main programme: 1st-25th of July.</p> <p>Application Deadline: 10th June.</p> <p>Age: 16-30.</p> <p>4-week work experience placement in a M&S store. Learn everything you need to know about retail and customer service with one of the UK's biggest and best when it comes to retail. Prince's Trust will run some employability sessions throughout the programme, and you will be supported into next steps when the 4 weeks end. You may even be offered a paid temporary contract if M&S have the places available and you've engaged well with programme.</p> <p>Please note shifts are 6-8 hours in a busy retail environment so young people need to be work ready and able to commit to the full 4 weeks.</p> <p><u>Refer a Young Person</u></p>

Development Awards	Enterprise
	
<p>Date: Contact us anytime! Age: 16-30</p> <p>Our Development Awards can cover the cost of course fees, tools or equipment in order to help young people anywhere achieve their goals and move into education, training or employment.</p> <p>Please note if you wish to gain a CSCS card, SIA licence or similar accreditation you must be work ready and prepared to sit the necessary qualifications.</p> <p>For more information, visit our website Get funding to train and learn Development Awards (princes-trust.org.uk).</p> <p><u>Refer a Young Person</u></p>	<p>Date: 22nd May information session. Age: 18-30</p> <p>The Prince's Trust Enterprise Programme is back! This 2-day online training course followed by up to 12 months of 1:1 support and specialist workshops, will help you to explore and develop your business plan. Alongside this individually tailored support, grant and loan products are available to support you to finance your test trade and business growth.</p> <p>Programme applications are accepted from those with an eligible business idea. You must be working or in education less than 16 hours a week. To find out more about the course and how to apply, sign up for our next Information Session by contacting Customer Services on 0800 842 842.</p>

Prep with us for Health & Social Care Interviews	Get Started as a Healthcare Support Worker	Get Started in NHS admin
		
<p>When: Ongoing sessions each week Where: Online via MS Teams Who: 16-30 year olds How: Refer a Young Person or text 'Interview prep' to 07984005934 and we will call you to discuss the next steps</p> <p>If you've applied for and been offered an interview in Health & Social care, we can prepare you for interview success and help you navigate your first months, including financial and mentoring support. Join our 2-hour long session to access our support package!</p> <p>Queries: Sofia.Papatheofilou@princes-trust.org.uk</p>	<p>Taster Day, 30th May Main Course, 4th-6th May Where: Online via MS Teams Who: 18-30 year olds How: Refer a Young Person</p> <p>Want to kickstart your career in healthcare? Becoming a Healthcare Support Worker / Healthcare Assistant is a great place to start!</p> <p>We can help you apply to many employers across Berkshire, Hampshire, Oxfordshire and Kent.</p> <p>Our 3-day online programme provides insight to the Healthcare Support Worker role, equipping you with vital knowledge about healthcare and the employer, so you can have the best chance at being successful in your application. We advise on CVs, interviews, employability, professionalism, and host employer Q&As.</p> <p>After the programme, we will support you in attending <u>interviews</u> and offer support for up to 3 months. You will also have access to a mentor and a mental health & wellbeing service, and you can apply for financial support in some circumstances.</p> <p>Queries: ellie.dunstall@princes-trust.org.uk</p>	<p>Taster Day, 26th June Main Course: 2nd- 4th July Where: Online via MS Teams Who: 18-30 year olds How: Refer a Young Person</p> <p>This 3-day online programme is designed to upskill and prepare Young People to apply for a role in NHS Admin.</p> <p>Over the course of 3 days, young people will learn all about the values and skills required for an admin-based career in the NHS, they'll gain sector-based knowledge, improve employability skills, and hone their interview technique.</p> <p>At the end of the programme, we support young people to apply for admin roles with NHS Trusts throughout the Southeast and, post-course, for up to 3 months.</p> <p>Young people will also have access to a mentor and a mental health & wellbeing service and can apply for financial support in some circumstances.</p> <p>Queries: laura.cottrell@princes-trust.org.uk</p>