



Prince's Trust

# The Prince's Trust Newsletter

Hampshire & IOW, February 2024



## Welcome to your regular newsletter from The Prince's Trust across Hampshire & The IOW

We have so many great courses for young people aged **16-30** to get involved in. Courses are free and give people the tools to build their confidence, find a job or start their own business.

If you know a young person who would benefit from our support, fill out our online referral form here [\\*How can we help you at The Prince's Trust? \(office.com\)](#) and a member of the team will be in touch.

Explore Southampton	Explore Portsmouth	TEAM
		
<p>Location: Southampton Date: 2<sup>nd</sup> April 2024 Age: 16-25</p> <p>8-week programme revolving still around providing personal development opportunities through practical activities that will develop Young People' confidence whilst giving them skills in team building, problem solving and communication. Each week is thematic, moving from 'preparing for success', through life skills and interpersonal skills, all the way into resilience and taking ownership of next steps. Each Young Person will have a dedicated Youth Development Lead with whom they'll work on their individual goals and aspirations, from pre-Programme onboarding, all the way through the Programme, and for 6 months post-Programme to have continued support moving forwards. The Programme is part time, starting with a three-day access week, moving to two days per week thereafter, finishing with the opportunity to attend a 3-day residential trip!</p> <p><a href="#"><u>Refer a Young Person</u></a></p>	<p>Location: Portsmouth Date: 2<sup>nd</sup> April 2024 Age: 16-25</p> <p>8-week programme revolving still around providing personal development opportunities through practical activities that will develop Young People' confidence whilst giving them skills in team building, problem solving and communication. Each week is thematic, moving from 'preparing for success', through life skills and interpersonal skills, all the way into resilience and taking ownership of next steps. Each Young Person will have a dedicated Youth Development Lead with whom they'll work on their individual goals and aspirations, from pre-Programme onboarding, all the way through the Programme, and for 6 months post-Programme to have continued support moving forwards. The Programme is part time, starting with a three-day access week, moving to two days per week thereafter, finishing with the opportunity to attend a 3-day residential trip!</p> <p><a href="#"><u>Refer a Young Person</u></a></p>	<p>Location: Southampton, Basingstoke, Isle of Wight, Portsmouth Date: 7<sup>th</sup> May 2024 Age: 16-25</p> <p>Our 12-week personal development programme, for the chance to gain new skills, take a qualification and meet new people. When you come board, you'll be challenged to:</p> <ul style="list-style-type: none"> <li>Take on your own group community project, making a positive difference to place where you live.</li> <li>Take part in an action-packed residential trip.</li> <li>Get two weeks' work experience in something you're interested in.</li> <li>Develop your English and Maths skills.</li> </ul> <p>As part of the course, we also spend some time developing your interview CV skills to ensure your confidence is sky-high for when taking the next step.</p> <p><a href="#"><u>Refer a Young Person</u></a></p>

Get Into Retail with BP	Get Started in Conservation	Get Started in Emergency Services with HIWFRS
		
<p>Location: Hybrid (see below)  Taster Day: 5<sup>th</sup> March  Programme: 7<sup>th</sup> – 15<sup>th</sup> March  Age: 16-30</p> <p>A hybrid Programme combining online virtual employability learning, with in-store work placements to build skills, knowledge, and experience to equip you with everything you'll need to get into employment in the retail sector, with one-to-one additional support from your Prince's Trust staff mentor to help you succeed.</p> <p>Must be able to travel to one of the following locations:</p> <p style="text-align: center;">SO31 7GE  GU32 1JX  PO16 9UA</p> <p style="text-align: center;"><a href="#"><u>Refer a Young Person</u></a></p>	<p>Location: New Forest  Taster Day: 19<sup>th</sup> March  Programme: 25<sup>th</sup> – 29<sup>th</sup> March  Age: 16-25</p> <p>Come and join us in the New Forest and learn about Conservation and Nature in partnership with The RSPB. This 5-day residential Programme will include fire making, outdoor cooking, identifying wildlife, tree felling and planting, shelter building, building and installing bird feeders and hedgehog homes, and so much more! You'll get to meet like-minded people and spend the week building friendships whilst you learn.</p> <p style="text-align: center;"><a href="#"><u>Refer a Young Person</u></a></p>	<p>Location: Southampton  Taster Day: 20<sup>th</sup> February  Programme: 4<sup>th</sup> – 29<sup>th</sup> March  Age: 16-30</p> <p>A four-week work placement to build skills, knowledge, and experience to equip you with everything you'll need to get into employment in the retail sector, with one-to-one additional support from your Prince's Trust staff mentor to help you succeed. You'll meet like-minded people and have the opportunity to secure a 3-month paid work position post-Programme.</p> <p style="text-align: center;">Locations:</p> <p style="text-align: center;">Westquay Southampton  Shirley  Eastleigh  Hedge End  Lymington</p> <p style="text-align: center;"><a href="#"><u>Refer a Young Person</u></a></p>

Self-Employment Support: Enterprise Programme	Development Awards	TEAM
		
<p>Location: Online Date: Contact us anytime! Age: 18-30</p> <p>Our four-day online programme for people who are looking to start their own business. Receive 1-1 support from our experienced mentors who will support you with turning your business idea into a reality.</p> <p><a href="#"><u>Refer a Young Person</u></a></p>	<p>Date: Contact us anytime! Age: 16-30</p> <p>Our Development Awards can cover the cost of course fees, tools or equipment to the value of approximately £160 in order to help young people anywhere achieve their goals and move into education, training or employment. For more information, visit our website <a href="#"><u>here</u></a> or <a href="#"><u>get in touch</u></a></p>	<p>Location: Southampton, Basingstoke, IOW, Portsmouth Date: 7<sup>th</sup> March 2024 Age: 16-25</p> <p>Our 12-week personal development programme, for the chance to gain new skills, take a qualification and meet new people. When you come board, you'll be challenged to:</p> <ul style="list-style-type: none"> <li>• Take on your own group community project, making a positive difference to place where you live.</li> <li>• Take part in an action-packed residential trip.</li> <li>• Get two weeks' work experience in something you're interested in.</li> <li>• Develop your English and Maths skills.</li> </ul> <p>As part of the course, we also spend some time developing your interview CV skills to ensure your confidence is sky-high for when taking the next step.</p> <p><a href="#"><u>Refer a Young Person</u></a></p>