



Prince's Trust

# The Prince's Trust Newsletter

Hampshire & IOW, April 2024



## Welcome to your regular newsletter from The Prince's Trust in Hampshire

We have so many great courses for young people aged **16-30** to get involved in. Courses are free and give young people the tools to build their confidence, find a job or get back into education or training.

If you know a young person who would benefit from our support, fill out our online referral form here [\\*How can we help you at The Prince's Trust? \(office.com\)](https://www.office.com) and a member of the team will be in touch.

Please note young people must be NEET (Not in Education, Employment or Training) to take part in most courses in this newsletter, Health & Social Care courses are an exception.

Explore	Get Started in Emergency Services with HIWFRS	TEAM – City of Portsmouth College
		
<p>Location: Southampton and Portsmouth. Attend the one closest to you!</p> <p>Dates: <u>Portsmouth Access Week</u> 10<sup>th</sup>-12<sup>th</sup> June.</p> <p><u>Southampton Access Week</u> 12<sup>th</sup>-14<sup>th</sup> June.</p> <p>Age: 16-25.</p> <p>8-week programme, providing personal development opportunities through practical activities that will develop Young People's confidence whilst giving them skills in team building, problem solving and communication. Each week is thematic, moving from 'preparing for success', through life skills and interpersonal skills, all the way into resilience and taking ownership of next steps. Each Young Person will have a dedicated Youth Development Lead with whom they'll work on their individual goals and aspirations, from pre-Programme onboarding, all the way through the Programme. This contact can continue for 3 months post-Programme, so the young person has continued support moving forwards. The Programme is part time, starting with a three-day access week, moving to two days per week thereafter, finishing with the opportunity to attend a three-day residential trip.</p> <p><b><u>Refer a Young Person</u></b></p>	<p>Location: St Mary's Fire Station, Southampton. Taster Day: 18<sup>th</sup> April Programme: 22<sup>nd</sup>-26<sup>th</sup> April Age: 16-25.</p> <p>A five-day course to learn about the emergency services including the Fire Service, Ambulance Service and Police. You'll be able to learn some of the practical aspects of the job as well as gaining your first aid certificate. You will gain valuable social and employability skills, meet like-minded people, and most of all, have fun. You'll work closely with your Prince's Trust Youth Development Lead who will offer additional progression support, to help you succeed.</p> <p><b><u>Refer a Young Person</u></b></p>	<p>Location: City of Portsmouth College, Highbury Campus. Begins: 29<sup>th</sup> April 2024 Age: 16-25</p> <p>Our 12-week personal development programme, for the chance to gain new skills, gain a qualification and meet new people. When you come on board, you'll be challenged to:</p> <ul style="list-style-type: none"> <li>• Take on your own group community project, making a positive difference to your local area.</li> <li>• Take part in an action-packed residential trip.</li> <li>• Get two weeks work experience in your chosen industry.</li> <li>• Develop your English and Maths skills.</li> </ul> <p>As part of the course, we also spend some time developing your interview skills and CV to ensure your confidence is sky-high for taking the next step.</p> <p><b><u>Refer a Young Person</u></b></p>

TEAM – Waterloo Fire Station	Employability (Virtual)	Construction
		
<p>Location: Waterloo Fire Station.  Begins: 7<sup>th</sup> May 2024  Age: 16-25</p> <p>Our 12-week personal development programme, for the chance to gain new skills, gain a qualification and meet new people. When you come on board, you'll be challenged to:</p> <ul style="list-style-type: none"> <li>• Take on your own group community project, making a positive difference to your local area.</li> <li>• Take part in an action-packed residential trip.</li> <li>• Get two weeks work experience in your chosen industry.</li> <li>• Develop your English and Maths skills.</li> </ul> <p>As part of the course, we also spend some time developing your interview skills and CV to ensure your confidence is sky-high for taking the next step.</p> <p><a href="#"><u>Refer a Young Person</u></a></p>	<p>Location: 100% Online for young people in Southampton and Portsmouth.  Taster day: 8<sup>th</sup> May 2024.  Programme: 13<sup>th</sup>-17<sup>th</sup> of May.  Age: 16-25</p> <p>On this free 5-day course, you will grow your confidence, wellbeing and gain practical employability skills including CV writing and interview skills, tailored to your needs to kickstart your career. You will also be able to access funding to overcome financial barriers to employment. Employability mentors are available after this programme too.</p> <p><a href="#"><u>Refer a Young Person</u></a></p>	<p>Location: Central Southampton.  Taster day: 8<sup>th</sup> May 2024.  Programme: 13<sup>th</sup>-17<sup>th</sup> of May.  Age: 18-30.</p> <p>Learn everything you need to know to gain your Construction Skills Certification Scheme card (CSCS).  This course will look at Health and Safety and the knowledge you need to sit your CSCS exam. If you want to work in the construction industry this is the programme for you.</p> <p>Please note this is a theory-based course, young people must be able to cope in the classroom environment.</p> <p><a href="#"><u>Refer a Young Person</u></a></p>

Development Awards	Enterprise	Prep with us for Health & Social Care Interviews
		
<p>Date: Contact us anytime! Age: 16-30</p> <p>Our Development Awards can cover the cost of course fees, tools or equipment in order to help young people anywhere achieve their goals and move into education, training or employment. For more information, visit our website <a href="https://princes-trust.org.uk">Get funding to train and learn   Development Awards (princes-trust.org.uk)</a>.</p> <p><a href="#">Refer a Young Person</a></p>	<p>Date: 25<sup>th</sup> April 2024. Age: 18-30</p> <p>The Prince's Trust Enterprise Programme is back! This 2-day online training course followed by up to 12 months of 1:1 support and specialist workshops, will help you to explore and develop your business plan. Alongside this individually tailored support, grant and loan products are available to support you to finance your test trade and business growth.</p> <p>Programme applications are accepted from those with an eligible business idea. You must be working or in education less than 16 hours a week. To find out more about the course and how to apply, sign up for our next Information Session by contacting Customer Services on <b>0800 842 842</b>.</p>	<p><b>When: Ongoing sessions each week</b> <b>Where:</b> Online via MS Teams <b>Who:</b> 16-30 year olds <b>How:</b> <a href="#">Refer a Young Person</a> or text 'Interview prep' to 07984005934 and we will call you to discuss the next steps</p> <p>If you've applied for and been offered an interview in Health &amp; Social care, we can prepare you for interview success and help you navigate your first months, including financial and mentoring support. Join our 2-hour long session to access our support package!</p> <p><b>Queries:</b> <a href="mailto:Sofia.Papatheofilou@princes-trust.org.uk">Sofia.Papatheofilou@princes-trust.org.uk</a></p>

111 or 999 Call Handlers	Get Started as a Healthcare Support Worker	Get Started in NHS admin
		
<p><b>When:</b> Taster Day, 8<sup>th</sup> May Main Course, 14-16<sup>th</sup> May <b>Where:</b> Online via MS Teams <b>Who:</b> 18-30 year olds <b>How:</b> <a href="#">Refer a Young Person</a></p> <p>Our virtual training sessions will help you to learn all about the fantastic role of 111 and 999 call handling and will introduce you to the importance of Patient Care, Confidentiality, Safeguarding, and Equality &amp; Diversity within the Health Service.</p> <p><b>Opportunities available in Bicester, Milton Keynes and Winchester (Otterbourne)</b></p> <p>The programme will also help you to improve your employability skills, making you a stronger applicant by offering interview hints &amp; tips, CV writing guidance, a mock interview and live interview feedback.</p> <p>We will then continue to support you throughout your application journey.</p> <p>You will also have access to a mentor and a mental health &amp; wellbeing service, and you can apply for financial support in some circumstances.</p> <p><b>Queries:</b> <a href="mailto:hollie.williams@princes-trust.org.uk">hollie.williams@princes-trust.org.uk</a></p>	<p><b>When:</b> Taster Day, 15<sup>th</sup> May <b>Main Course, 21-23<sup>rd</sup> May</b> <b>Where:</b> Online via MS Teams <b>Who:</b> 18-30 year olds <b>How:</b> <a href="#">Refer a Young Person</a></p> <p>Want to kickstart your career in healthcare? Becoming a Healthcare Support Worker / Healthcare Assistant is a great place to start!</p> <p><b>We can help you apply to many employers across Berkshire, Hampshire, Oxfordshire and Kent.</b></p> <p>Our 3-day online programme provides insight to the Healthcare Support Worker role, equipping you with vital knowledge about healthcare and the employer, so you can have the best chance at being successful in your application. We advise on CVs, interviews, employability and professionalism, and host employer Q&amp;As.</p> <p>After the programme, we will support you in attending <u>interviews</u> and offer support for up to 3 months. You will also have access to a mentor and a mental health &amp; wellbeing service, and you can apply for financial support in some circumstances.</p> <p><b>Queries:</b> <a href="mailto:ellie.dunstall@princes-trust.org.uk">ellie.dunstall@princes-trust.org.uk</a></p>	<p><b>When:</b> Taster Day, 24<sup>th</sup> April Main Course: 30<sup>th</sup> April–2<sup>nd</sup> May <b>Where:</b> Online via MS Teams <b>Who:</b> 18-30 year olds <b>How:</b> <a href="#">Refer a Young Person</a></p> <p>This 3-day online programme is designed to upskill and prepare Young People to apply for a role in NHS Admin.</p> <p>Over the course of 3 days, young people will learn all about the values and skills required for an admin-based career in the NHS, they'll gain sector based knowledge, improve employability skills, and hone their interview technique.</p> <p>At the end of the programme, we support young people to apply for admin roles with NHS Trusts throughout the Southeast and, post-course, for up to 3 months.</p> <p>Young people will also have access to a mentor and a mental health &amp; wellbeing service and can apply for financial support in some circumstances.</p> <p><b>Queries:</b> <a href="mailto:laura.cottrell@princes-trust.org.uk">laura.cottrell@princes-trust.org.uk</a></p>