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| If you were given £1,000 for a charity of your choice, what would you do with the money? | What activity makes you lose track of time? | If you had a friend who spoke to you in the way you sometimes speak to yourself – would you still be friends? |
| Have you done anything recently you feel especially proud of? | What would you do differently if you know nobody would judge you? | When was the last time you tried something new? |
| If you had to teach something, what would it be? | What makes you smile? | If you could do it all over again, what would you do differently? |
| Would you break the law to save a loved one? | If you could choose time or money – which one would you select? | If you had a message for a large group of people – what would it be? |
| Are you holding onto something you need to let go of? | If you could choose any time in history to live in, what era would you choose? | When you reach old age, what will matter to you the most? |
| Do you think crying is a sign of weakness, or a sign of strength? | What new skill would you like to learn? | If you could return to your schooldays, what one change would you make? |
| If you could change into an animal at will, what animal would you be? | Your best stress-relieving tip you can share with others | My ‘happy place’ is? |
| Name one thing makes you a good friend | If money was no object, what dream career would you choose? | A place I would like to visit |
| I get scared when | This always makes me laugh | Gherkins – yes or no? |
| Pineapple on pizza – yes or no? | My favourite movie | My party-trick |

Advice for tutor – print on coloured paper and laminate cards.

Please advise learners that they must respond to the questions in an ‘appropriate’ manner. You may wish to limit the time to respond to only 10 seconds as this is intended as a quick-fire reading, speaking and listening activity.