

# Hampshire Futures Newsletter April 2024

## What can Hampshire Futures offer?

We can help if you are struggling to get into work, education, or training.

We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

## Who are we and what do we do?

Hampshire Futures is part of Hampshire County Council, one of our roles is to support young people who are looking to return to education, training, or employment. So, if you are a young person in Hampshire, and your 2024 goal is to return to college or find a job/apprenticeship, Hampshire Futures is here to help.

## Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our [SEND employment and independence hubs](#) bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.

## Hampshire Futures Website

Have you visited the Hampshire Futures website? It is full of lots really useful resources that may help you, including -

Interactive Careers Videos – videos where you can explore your career ideas and learn about the different roles that your interests can take you.

Employability Skills - there are lots of resources available to help you with things like CV writing and creating covering letters.

Useful Websites – we have done the hard work for you and found some brilliant websites that can help you in lots of ways. Some of these include quizzes and others are more subject focused.

[Hampshire PALL: All Courses](#)





## Top Tips from the team on how to ace your interview

### Prepare, Prepare, Prepare, Prepare!

Prepare your route to the interview. Prepare suitable interview clothes. Prepare by reading up on the job descriptions and person specification to anticipate potential interview questions. Finally, prepare questions to ask at interview.

Take your time and think about what you've been asked before answering. Taking a pause to think is not a bad thing and helps you give the best possible answer. Perhaps consider using the STAR technique (situation, task, action and result) to help you cover everything. Give lots of examples and explain in full.

### Don't be afraid to ask for help

If you don't understand a question, ask for it to be rephrased or clarified – it is better to ask and get it right than make a mistake.

### Refresh your memory

Go back and read your application and CV again, as the skills and experiences you have are the reason you've been invited to an interview. Also, what you've written may be mentioned in the interview.

### Show you're interested

Do some research before the interview and check out the company, college or universities' websites and social media pages to see what they're all about, their values and what they currently doing.

### First impressions can make all the difference

When introducing yourself make sure you are confident and polite.

### Always ask questions

Here are some examples of questions to ask at the end of your interview:

- What will a typical day look like for this role?
- How can I impress you in the first 3 months?
- What are the opportunities to progress in your company?

Make a plan to reward yourself after the interview: for example a chocolate bar or an episode (or season...) of that show you're watching. This is much more constructive than replaying and overanalysing your interview!

### Face-to-Face interviews

Make sure you know how to get to the interview, and where it is going to be.

Make sure you have suitable clothes for the interview.

Aim to arrive 10 minutes before, to give you time to relax.

It's OK to bring notes or a CV in with you – just make sure you use them as a guide and don't read directly from them.





## Apprenticeship Vacancies April 2024

### Basingstoke and Deane Area

#### Early Years Apprentice – Aster Daisy Nursery

Are you looking to train in childcare? Friendly nursery (part of a small chain) in Andwell, nr Hook is looking for L2 Early Years Apprentices to join their team. Work and interact directly with children on a day-to-day basis supporting the planning of and delivery of activities. **Closing date: Sunday 5<sup>th</sup> May 2024.**

#### Business Administrator Apprentice – Pacific Computers LTD

Internal sales administrator wanted to join a busy audio-visual company based in Basingstoke, Hampshire. **Closing date: Monday 15<sup>th</sup> April 2024.**

#### Apprentice Fork Truck Engineer – Linde Material Handling UK Limited

Are you searching for an exciting career opportunity? Have you ever thought about what it takes to become a forklift engineer? Our Level 3 apprenticeship in Lift Truck & Powered Access Engineering is an ideal opportunity to launch you into a rewarding career in a market leading organisation. **Closing date: Friday 19<sup>th</sup> April 2024.**

### East Hants Area

#### Dental Nurse Apprentice – JK Dental Surgeries

We have an exciting opportunity for an apprentice dental nurse to join our friendly dental practice. We would love you to join us as an apprentice dental nurse and start your exciting career in dental nursing. Assisting other dental health professionals, providing chair side support and a high level of patient care.

**Closing date: Wednesday 5<sup>th</sup> June 2024.**

#### Apprentice Landscaper – Graduate Landscapes LTD

An exciting opportunity for an apprentice to support and enable our landscape team. Our design practice and landscaping team has built a reputation for innovation, beauty, sustainability, creative planting, and meticulous build quality. **Closing date: Monday 8<sup>th</sup> April 2024.**

#### Apprentice Store Manager – Farmfoods Ltd

Are you an experienced team leader or supervisor in retail, hospitality or another customer focussed industry? Are you looking to progress further into a management role? If yes, then this might be the opportunity for you. Apply today! **Closing date: Friday 12<sup>th</sup> April 2024.**

### Eastleigh Area

#### Engineering Apprentice – Veolia UK

Veolia is looking for an Engineering Apprentice to join our team in Southampton. You will be dealing with all aspects of engineering whilst working towards and Engineering Level 3 Apprenticeship and contributing to our promise of ecological transformation. **Closing date: Sunday 28<sup>th</sup> April 2024.**

#### Social Media Assistant Apprentice – Chef Media

The company are looking for creative and enthusiastic person with a passion for social media to join a small but fast-growing team which is leading the way in online chef networking and content. Ideal for individuals who will leverage online and social media platforms to create, execute, and optimise campaigns that enhance customer engagement. **Closing date: Tuesday 16<sup>th</sup> April 2024.**



## Apprenticeship Vacancies April 2024

### Havant Area

#### [Recruitment Administrator Apprentice](#) – Oh Talent Solutions Ltd

Are you a driven and ambitious individual who is looking for a new challenge? Are you looking for a rewarding role within recruitment and to receive support and mentoring to build a successful career? PETA Ltd are proud to be working with OH Talent Solutions to recruit and train a successful Recruitment Administrator Apprentice. **Closing date: Tuesday 30<sup>th</sup> April 2024.**

#### [Junior Data Analyst Apprentice](#) – Motor Marketing Limited

GREAT POSITION! Motor Marketing are seeking an enthusiastic and detail-oriented Data apprentice. You'll be collecting, collating, and using Data to help make business decisions, and this is the best platform to launch your career. **APPLY NOW! Closing date: Sunday 21<sup>st</sup> April 2024.**

### Gosport Area

#### [Apprentice Fire Engineer](#) – Chubb Fire & Security Limited

Our three-year Level 3 Apprenticeship Programme is designed for people who want to become engineers in a professional field that offers tremendous career opportunities. We will provide you with comprehensive, structured training and work experience that will teach you everything you need to know about being a competent security engineer. **Closing date: Friday 3<sup>rd</sup> May 2024.**

#### [Business Support Assistant Apprentice](#) – AJ Wheeler Limited

Do you enjoy working within a team and are eager to learn? Do you have good attention to details and can communicate well with others? PETA Ltd are working alongside AJ Wheeler to recruit and train an Apprentice Business Support Assistant to support with the daily administration duties. **Closing date: Tuesday 30<sup>th</sup> April 2024.**

#### [Business Application Analyst Apprentice](#) – Portsmouth City Council

The IT Service provides operational and transformational IT support required by the Portsmouth City Council (PCC) business units. The Business Support team within the IT Service works closely with the PCC business units to carry out business as usual activities to support the core / critical line of business systems. **Closing date: Sunday 14<sup>th</sup> April 2024.**

### Fareham Area

#### [Finance Administrator Apprentice](#) – Konnect Recruit

Join our dynamic team as a Finance Administration Apprentice! Learn essential finance skills while supporting our team with invoicing, payroll processing, and financial record maintenance. Ideal for detail-oriented individuals eager to kickstart a career in finance. Apply now! **Closing date: Saturday 20<sup>th</sup> April 2024.**

#### [Ford Parts Advisor Apprentice](#) – Hendy Group Limited

This is an exciting opportunity for a customer service apprentice to be working alongside fully qualified advisors within a renowned high-end dealership. **Closing date: Sunday 30<sup>th</sup> June 2024.**

#### [Fenestration Installer Apprentice](#) – Aluminium Door & Window Solutions

excellent opportunity for the right candidate to join their experienced team of Installers, gaining a Level 2 Fenestration Installer apprenticeship. The successful candidate will be mentored by an experienced team who will support the individual to become fully skilled & qualified in this industry. **Closing date: Friday 26<sup>th</sup> April 2024.**



## Apprenticeship Vacancies April 2024

### Hart Area

#### [Apprentice Engineering Fitter](#) – Signal Group Ltd

Become a key member of a growing team of fitters, working for a long-established manufacturer. Under the supervision of experienced engineers, the highly motivated candidate will be manufacturing precision instrumentation and other products used in the measurement of gaseous air pollution by many prestigious organisations around the world. **Closing date: Monday 22<sup>nd</sup> April 2024.**

#### [Apprentice Groundworker](#) – Natta Building Company Limited

We are an established and progressive construction company that are looking to take on up to six apprentice groundworkers across the South East of England to train and become an integral part of our team. You will work alongside our existing Skilled operatives and will be given tasks and responsibilities such as excavation and drainage. **Closing date Wednesday 1<sup>st</sup> May 2024.**

### New Forest Area

#### [Digital Marketing Apprentice](#) –

##### Atlas Ceramics Soth Ltd

Do you have a passion for the internet, marketing and website technology and are keen to learn more? Are you looking to start a successful career that you can build on in the future? This is a great opportunity for you to develop your skills in digital marketing within a great company.

**Closing date: Monday 15<sup>th</sup> April 2024.**

#### [Marine Engineer Apprentice](#) –

##### Berthon Boat Company Limited

If you feel you have the enthusiasm, drive and commitment to complete a 4-year apprenticeship, you will have the opportunity to develop your knowledge and skills in a top quality environment here at the Berthon's Lymington shipyard.

**Closing date: Friday 19<sup>th</sup> April 2024.**

#### [IT Support Technician Apprentice](#) –

##### Medhurst Communications Ltd

Are you looking to kick start your career in IT with a supportive employer? If you have a passion for IT, an interest in troubleshooting and great communication skills, this role could be ideal for you. PETA are proud to be working with Medhurst Communications to support them with the recruitment and training of a new IT Support Apprentice. **Closing date: Tuesday 30<sup>th</sup> April 2024.**

### Test Valley Area

#### [Apprentice Electrician](#) –

##### Trident Electrical Services Ltd

We are looking for an apprentice electrician to join us from August 2024. Working for a temporary electrical contractor on various sites in and around the London area, you will gain knowledge on site by working closely with our electricians.

**Closing date: Monday 15<sup>th</sup> April 2024.**

#### [Welding Apprentice](#) –

##### J&J Conversions Ltd

An exciting opportunity for an apprenticeship at J& J Conversions. We are looking for an enthusiastic individual to train and progress within our quality manufacturing facilities. Your role will involve welding tasks to help with the manufacture of race car

transporters, recovery vehicles and equipment. **Closing date: Monday 15<sup>th</sup> April 2024.**



## Apprenticeship Vacancies April 2024

### Rushmoor Area

#### [Operations Business Assistant Apprentice](#) – North Hampshire Urgent Care Limited

The primary focus of the role is to support the Operations Manager and the Department with the effective running and provision of administrative support across the organisation. At TalkPlus we pride on being a friendly, supportive, and passionate Team, providing high-quality talking therapy to people living in North-East Hampshire and Farnham. **Closing date: Friday 31<sup>st</sup> May 2024.**

#### [Retail Parts Advisor Apprentice](#) – Mercedes-Benz of Farnborough

The role of a Retail (Parts) Advisor Apprentice is diverse. You'll be working behind the scenes receiving deliveries & at the front desk serving Mercedes-Benz customers. You'll learn skills in managing stock, merchandising, forecasting & analysing purchasing habits, as well as developing your ability to retain customers. **Closing date: Friday 30<sup>th</sup> August 2024.**

### Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from [Find an Apprenticeship](#), where you can find others in your area.

To look for courses you may be interested in check out, [Apprenticeships](#).

### Winchester Area

#### [Leisure Team Member Apprentice](#) – Winchester Sports and Leisure Park

Are you passionate about Sport, Exercise and Fitness? Everyone Active are looking for a new Leisure Team Member Apprentice. The role involves Fitness Instructing, Lifeguarding, Swim Teaching, and leading group activity sessions! Apply now!

**Closing date: Wednesday 17<sup>th</sup> April 2024.**

#### [Apprentice Service Engineer](#) – VP PLC - Brandon Hire Station

Brandon Hire Station, part of the VP Plc group of companies are looking to recruit Apprentice Fitters at a number of depot locations around the UK. These vacancies offer fantastic career progression for the right candidates. Under guidance, carry out maintenance, service, repairs and modifications to company assets as directed. **Closing date: Tuesday 7<sup>th</sup> May 2024.**

#### [Data Technician Apprentice](#) – W8Data Ltd

To use the software and procedures provided to process data as per their specification. You will collaborate with the Process Improvement Specialist in establishing and recommending best practice. You will help to ensure that procedures relating to the quality of processing and data security levels are followed. **Closing date: Monday 15<sup>th</sup> April 2024.**

### Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

[Indeed](#), [Jobsite](#), [REED](#), [Total Jobs](#).





## Prince's Trust Opportunities April 2024

### TEAM

**Location:** City of Portsmouth College,  
Highbury Campus.

**Date:** 29th April 2024

**Age:** 16-25

Our 12-week personal development programme, for the chance to gain new skills, gain a qualification and meet new people. When you come on board, you'll be challenged to:

- Take on your own group community project, making a positive difference to your local area.
- Take part in an action-packed residential trip.
- Get two weeks' work experience in your chosen industry.
- Develop your English and Maths skills.

As part of the course, we also spend some time developing your interview skills and CV to ensure your confidence is sky-high for taking the next step.

[Book Your Place Here](#)

Please note there may be another Team programme beginning in May 2024 but the location is TBC.

### Development Awards- 16-30s

Our Development Awards can cover the cost of course fees, tools or equipment to the value of approximately £160 in order to help young people anywhere achieve their goals and move into education, training or employment. For more information, visit our website here or get in touch:

**When: contact us whenever!**  
**Applications can take 6-8 weeks but we will do our best to speed through an application if you need us to!**

**Where: Virtual**



Prince's Trust

**START  
SOMETHING**

(Click on the logo to go straight to the Prince's Trust's website)

### Get Started in Emergency Services with HIWFRS

**Location:** Southampton, St Mary's Fire Station

**Taster Day:** 18th April

**Programme:** 22nd-26th April

**Age:** 16-25.

A five-day course to learn about the emergency services including the Fire Service, Ambulance Service and Police. You'll be able to learn some of the practical aspects of the job as well as gaining your first aid certificate. You will gain valuable social and employability skills, meet like-minded people, and most of all, have fun. You'll work closely with your Prince's Trust Youth Development Lead who will offer additional one-to-one support, to help you succeed.

[Book Your Place](#)



## Mental Health Advice and Support

### Managing Mental Health

We recommend checking out resources available on [Mind](#), and [Young Minds](#). They aim to help people understand, accept, and take care of their Mental Health.

[Mind](#) have a large selection of resources and suggestions tailored to young people. They offer support and advice for a variety of topics.

[Young Minds](#) provides advice and support for many situations young people face. From gender identity to concerns at school, they cover every topic in a considerate and respectful way.

### Helplines

For help when struggling with Domestic Abuse: [The Hampton Trust](#)

For someone to talk to when you need it most: [Samaritans](#).

Support for the LGBT+ community: [Galop](#)

Mental Health support for Black people in the UK: [Young Minds](#).

### Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteered who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **Help Anytime (even at Night), Text us for Support**.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

### Kooth – Online Counselling for 11-25 year olds.

Kooth is a free, safe, online counselling and emotional wellbeing support service for ages 11- 25. Young people can use the website anonymously to access a range of FREE support including 1:1 text- based counselling, 24h messaging to our team of practitioners, journal and goal setting spaces, support forums and helpful articles on wellbeing and current affairs. Young people can self- refer online at any time by visiting [www.kooth.com](http://www.kooth.com). Kooth is commissioned primarily by the NHS and is the only digital service of its kind to be accredited by the British Association of Counselling and Psychotherapy.

