



What can Hampshire Futures offer?

We can help if you are struggling to get into work, education, or training.

We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

Who are we and what do we do?

Hampshire Futures is part of Hampshire County Council, one of our roles is to support young people who are looking to return to education, training, or employment. So, if you are a young person in Hampshire, and your 2024 goal is to return to college or find a job/apprenticeship, Hampshire Futures is here to help.

Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our [SEND employment and independence hubs](#) bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.

Hampshire Futures Website

Have you visited the Hampshire Futures website? It is full of lots really useful resources that may help you, including -

Interactive Careers Videos – videos where you can explore your career ideas and learn about the different roles that your interests can take you.

Employability Skills - there are lots of resources available to help you with things like CV writing and creating covering letters.

Useful Websites – we have done the hard work for you and found some brilliant websites that can help you in lots of ways. Some of these include quizzes and others are more subject focused.

[Hampshire PALL: All Courses](#)



Top Tips from the team on how to ace your interview



**Hampshire
Futures**

Participation & Lifelong Learning

Prepare, Prepare, Prepare, Prepare!

Prepare your route to the interview. Prepare suitable interview clothes. Prepare by reading up on the job descriptions and person specification to anticipate potential interview questions.

Finally, prepare questions to ask at interview.

Take your time and think about what you've been asked before answering. Taking a pause to think is not a bad thing and helps you give the best possible answer. Perhaps consider using the STAR technique (situation, task, action and result) to help you cover everything. Give lots of examples and explain in full.

Don't be afraid to ask for help

If you don't understand a question, ask for it to be rephrased or clarified – it is better to ask and get it right than make a mistake.

Refresh your memory

Go back and read your application and CV again, as the skills and experiences you have are the reason you've been invited to an interview. Also, what you've written may be mentioned in the interview.

Show you're interested

Do some research before the interview and check out the company, college or universities' websites and social media pages to see what they're all about, their values and what they currently doing.

First impressions can make all the difference

When introducing yourself make sure you are confident and polite.

Always ask questions

Here are some examples of questions to ask at the end of your interview:

- What will a typical day look like for this role?
- How can I impress you in the first 3 months?
- What are the opportunities to progress in your company?

Make a plan to reward yourself after the interview: for example a chocolate bar or an episode (or season...) of that show you're watching. This is much more constructive than replaying and overanalysing your interview!

Face-to-Face interviews

Make sure you know how to get to the interview, and where it is going to be.

Make sure you have suitable clothes for the interview.

Aim to arrive 10 minutes before, to give you time to relax.

It's OK to bring notes or a CV in with you – just make sure you use them as a guide and don't read directly from them.





Apprenticeship Vacancies February 2024

Basingstoke and Deane Area

[Level 3 Apprentice – Senior Production Chef](#) – ASK Italian

As an ASK Italian Apprentice we'll give you: A bespoke level 3 apprenticeship programme to launch your career with ASK Italian. We will teach you all about our business with the opportunity to gain a full time Sous Chef Role. Our CEO started out as a Team Member – where will your career take you? **Closing date: Sunday 31st March 2024**

[Civil Engineering Degree Apprentice](#) – WSP UK Limited

What if you could imagine a better future for us all and a better future for you? With us you can. Our community of over 9,000 employees design and deliver projects such as skyscrapers, train stations, carbon emission reduction and highways that help shape the environment. It inspires us to stay curious, act locally, and think internationally. **Closing date: Thursday 29th February 2024**

East Hants Area

[Autocare Technician Apprentice Level 2 - BCS - Liss](#) – White Rose Garages

The Bosch Apprenticeship Programme are looking for Apprentice technicians that share our passion for automotive technology and our belief in service excellence. **Closing date: Monday 25th March 2024**

[Hospitality Team Member Apprentice](#) – Chandlers

We are looking for a highly motivated, enthusiastic and energetic individual, eager to help us achieve our objectives to remain a safe, popular, relaxing hospitality venue in Clanfield. You will learn how to prepare food, clean, manage stock and understand the background to running a hospitality business. **Closing date: Friday 1st March 2024**

[Apprentice for Technical Sales and Estimation](#) – Polymax Ltd

Are you an ambitious and results-driven individual with a flair for numbers and a passion to sell? If so, we have an exciting opportunity for you to join our winning Technical Sales Team. This role is varied and interesting (we think so anyways!) and offers opportunities for career progression within the company for the right candidate. **Closing date: Wednesday 20th November 2024**

Eastleigh Area

[Dental Nurse Apprentice](#) – Dr Mansourian

We have an exciting opportunity for an apprentice dental nurse to join our friendly dental practice. We would love you to join us as an apprentice dental nurse and start your exciting career in dental nursing. The role will involve assisting other dental health professionals, providing chair side support, and a high level of patient care. **Closing date: Thursday 30th May 2024**

[Service Desk Technician Apprentice](#) - Nine23 Ltd

One of the key areas within our business is the Service Desk which provides day to day contact with our Managed Service customers. Nine23 are expanding our Service Desk and are looking for an apprentice to join our team. **Closing date: Monday 19th February 2024**



Apprenticeship Vacancies February 2024

Havant Area

[Security Control Room Apprentice](#) – Securitas Security Services

We have an excellent reputation within the industry and our highly trained staff deal with a wide range of alarm and guarding systems, covering security, fire, CCTV, environmental alarms. This role will be based at our Security Operations Centre located in Waterlooville PO7 7AJ. **Closing date: Thursday 15th February 2024**

[ICT Apprentice](#) – HCL Technologies UK

We are looking for a committed and professional individual to provide local IT support. Duties will include troubleshooting tech issues, equipment setup, support with a variety of equipment, support with operating systems on computers and handheld devices, and more. **Closing date: Wednesday 11th December 2024**

Gosport Area

[Pipe Fabrication Apprentice](#) – BAE Systems

During the Engineering Technician Pipe Worker Advanced Apprenticeship you will, through a range of different engineering activities develop the knowledge, skills and behaviours of the apprenticeship standard, whilst gaining valuable experience working on maritime vessels which will culminate in you completing an End Point Assessment. **Closing date: Wednesday 28th February 2024**

[Finance Apprentice](#) - Resolve

Are you looking to build a career within the finance industry? Are you a motivated individual with strong attention to detail who is eager to learn and develop within the finance department of a success-driven company? PETA Ltd are working alongside Resolve to recruit and train a finance apprentice to support day-to-day finance operations. **Closing date: Thursday 29th February 2024**

Fareham Area

[Bar and Waiting Apprentice](#) – Harvester – Buckaneer

As Bar and Waiting Staff at Harvester you are the personality behind the beer pumps, the expert on the drink's menu and know our food menu inside out, frequently recommending your favourites. As the friendly face our guests remember, you'll inject your personality every moment you're with our guests so that they love to come back time and time again. **Closing date: Monday 4th March 2024**

[Nursery Apprentice Level 2](#) – Grandir

Kiddi Caru in Fareham, part of Grandir UK, is currently looking for a Nursery Apprentice to help provide high-quality childcare whilst working toward a recognised qualification. We offer a benefits portal, discounted childcare and a host of wellbeing benefits. At Kiddi Caru our mission is to inspire children to grow happy, smart, and healthy and thrive as individuals. **Closing date: Monday 19th February 2024**



Apprenticeship Vacancies February 2024

Hart Area

[Customer Service Team Member Apprentice](#) – Welcome Break Service - Fleet

Apprentices at Welcome Break have the option to learn about more than just one business - be that quick service restaurants, coffee, fast food, fuel, hospitality or retail. Great teams and a wealth of experience - all under one roof. **Closing date: Monday 12th February 2024**

[Pharmacy Assistant Apprentice](#) – Sachs Chemist

This is an exciting role that will include engaging with customers and clients to provide prescription counter services, advice, housekeeping duties such as stock rotation and stock replenishment, helping to deliver a variety of public health services whilst gaining a pharmacy qualification. **Closing date: Sunday 11th February 2024**

New Forest Area

[Level 3 Metal Fabricator Apprentice](#) – RHH Franks

Southampton Engineering Training Association (SETA) is supporting RHH Franks Ltd to recruit a L3 Metal Fabricator Apprentice to join their Engineering team and develop within the organisation. Main tasks / focus is training in fabrication and welding as well as gaining extensive knowledge of engineering materials and standards used in the aerospace sector.

Closing date: Friday 31st May 2024

[Leisure Team Member Apprentice](#) – Freedom Leisure - Lymington

Freedom leisure actively promotes healthy lifestyles, and our community facilities are the perfect place to achieve this. We are looking for Apprentice Leisure Team Members to join our team. You will need to possess a good worth ethic, and a strong swimmer, to pass the NPLQ qualification. **Closing date: Saturday 10th**

February 2024

[Office Administration and Production Assistant Apprentice](#) – Zap Creative

We are seeking an enthusiastic and helpful Office Assistant Apprentice to assist with all aspects of the office and production team. You'll become an integral part of the business.

Closing date: Saturday 10th February 2024

Test Valley Area

[Apprentice Engineer - Andover](#) – Konecranes UK

Working as part of a team your will assist in the repair, maintenance and practice service of our customers cranes. The successful applicant will need to be able to work at heights as this is a natural part of the servicing and must also be the type of person willing to work within a team. **Closing date:**

Wednesday 28th February 2024

[Trade Supplier Apprentice](#) – EDA Learning and Development

A trade supplier apprentice is required for a leading electrical wholesaler. The candidate will start in the warehouse and learn all the products of warehouse management and then move onto sales counter and sales office. Fantastic career progression opportunity for the right candidate. **Closing date: Monday 29th January 2024**



Apprenticeship Vacancies February 2024

Rushmoor Area

Client Management Apprentice – AON UK

You'll provide vital support to senior team members in their client management activities- ensuring employers pension schemes are run efficiently and professionally. As an organisation, we are united through trust as one inclusive, diverse team, and we are passionate about helping our colleagues and clients succeed. Duties include: supporting the delivery of client plans and project management, and assisting in day-to-day retirement services; including drafting reports and newsletters for trustees.

Closing date: Friday 1st March 2024

Customer Service Parts Advisor Apprentice - Farnham – Steer Automotive Group

We are offering a fantastic opportunity for an Apprentice Parts Advisor to join their busy workshop. Learning how to provide industry leading services to customers, working with a great team, but also able to work on own initiative. **Closing date: Monday 11th March 2024**

Winchester Area

Building Surveying Apprentice – Mace UK

Mace offers a wide range of consultancy services and is employed by clients for industry leading expertise, including Building Surveying services whilst studying for the Chartered Surveyor L6 apprenticeship. You will be providing professional advice and recommendations to clients on land, property or construction.

Closing date: Saturday 9th March 2024

Apprentice Construction Project Manager –

Ward Williams Associates LLP

Train with a team of highly skilled and experienced Project Managers on award-winning projects across the UK. WWA was one of the first construction and property consultancies to achieve B Corps status, and it is our mission to ensure the mechanisms for the support, growth and education of our people are in place and continuously reviewed. **Closing date:**

Monday 19th February 2024

Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from [Find an Apprenticeship](#), where you can find others in your area.

To look for courses you may be interested in check out, [Apprenticeships](#).

Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

- [Indeed](#), [Jobsite](#), [REED](#), [Total Jobs](#).





Prince's Trust Opportunities February 2024

Get into Programme

Work with top employers such as [TK Maxx](#), [ASOS](#), [HSBC](#), [Gap](#), [DHL](#), [Marks and Spencer](#), [the NHS](#) and many more businesses who are ready to hire fresh talent, while improving your CV and interview techniques. You will meet new people and learn what it takes to get your foot in the door. Some courses include a trial shift with potential job offers available at the end.

What you need to know

- The courses run from two days to a few weeks
- Completely free and won't affect your Jobseeker's Allowance
- We'll cover your travel and may be able to support with lunch and childcare costs
- Find opportunities in: retail, hospitality, customer service, health and social care, and construction and engineering

Mentor support

After the programme, a Prince's Trust colleague or volunteer will mentor you for up to six months to help you plan your future.

Explore Programme 2024

This 12-week programme revolves around providing personal development opportunities through practical activities that will develop your confidence whilst giving you skills in team building, problem solving and communication. Explore offers more flexibility and the choice to lead your own personal development alongside a staff mentor, who you will work with closely during additional one-to-one sessions. Explore can help you move into employment, training, apprenticeships and more.

When: Access Weeks Every Month

Where: Southampton & Portsmouth



Prince's Trust

**START
SOMETHING**

(Click on the logo to go straight to the Prince's Trust's website)

Development Awards- 16-30s

Our Development Awards can cover the cost of course fees, tools or equipment to the value of approximately £160 in order to help young people anywhere achieve their goals and move into education, training or employment. For more information, visit our website here or get in touch:

When: contact us whenever!

Applications can take 6-8 weeks but we will do our best to speed through an application if you need us to!

Where: Virtual

Enterprise- 18-30s

Our four-day online programme for people who are looking to start their own business. Receive 1-1 support from our experienced mentors who will support you with turning your business idea into a reality.

When: courses are run regularly, enquire to sign up for the next available Info Session

Where: Virtual with some face-to-face networking and mentoring

Mental Health Advice and Support

Managing Mental Health

We recommend checking out resources available on [Mind](#), and [Young Minds](#). They aim to help people understand, accept, and take care of their Mental Health.

[Mind](#) have a large selection of resources and suggestions tailored to young people. They offer support and advice for a variety of topics.

[Young Minds](#) provides advice and support for many situations young people face. From gender identity to concerns at school, they cover every topic in a considerate and respectful way.

Helplines

For help when struggling with Domestic Abuse: [The Hampton Trust](#)

For someone to talk to when you need it most: [Samaritans](#).

Support for the LGBT+ community: [Galop](#)

Mental Health support for Black people in the UK: [Young Minds](#).

Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteered who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **Help Anytime (even at Night), Text us for Support**.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

Kooth – Online Counselling for 11-25 year olds.

Kooth is a free, safe, online counselling and emotional wellbeing support service for ages 11- 25. Young people can use the website anonymously to access a range of FREE support including 1:1 text- based counselling, 24h messaging to our team of practitioners, journal and goal setting spaces, support forums and helpful articles on wellbeing and current affairs. Young people can self- refer online at any time by visiting www.kooth.com. Kooth is commissioned primarily by the NHS and is the only digital service of its kind to be accredited by the British Association of Counselling and Psychotherapy.

