



### What can Hampshire Futures offer and what we can do for you?

We can help if you are a young person struggling to get into work, education, or training then you're in the right place. So, if you are 16 – 18, living in Hampshire, and your 2024 goal is to return to college or find a job or start an apprenticeship, then Hampshire Futures is here to help.

We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

### Hampshire Futures Website

Have you visited the Hampshire Futures website? It is full of lots really useful resources that may help you, including -

Interactive Careers Videos – videos where you can explore your career ideas and learn about the different roles that your interests can take you.

Employability Skills - there are lots of resources available to help you with things like CV writing and creating covering letters.

Useful Websites – we have done the hard work for you and found some brilliant websites that can help you in lots of ways. Some of these include quizzes and others are more subject focused.

[Hampshire Futures Website](#)

### Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our [SEND employment and independence hubs](#) bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.





## Apprenticeship Vacancies November 2023

### Basingstoke and Deane Area

#### [Heavy Vehicle Technician \(HGV\) Apprentice](#) – Sapphire Vehicle

Sapphire Vehicle Services is looking for people to join our HGV Technician Apprenticeship Scheme to be developed into tomorrow's best Heavy Vehicle Repair Technicians. After completing the apprenticeship course, you will be a fully qualified HGV technician. Duties include: roller brake tests, Tacho calibrations and air conditioning service/repairs. **Closing date 30<sup>th</sup> November 2023.**

#### [Dental Nurse Apprentice](#) – Envisage Dental

We are seeking an apprentice dental nurse to join our team and take their first steps towards a rewarding and satisfying career. The dental nurse apprenticeship offers you the opportunity to earn whilst you learn through a combination of practical training, studying and working in the practice. We would love you to join our team. **Closing date 9<sup>th</sup> December 2023.**

### East Hants Area

#### [Nursery Apprentice](#) – Little Gems Day Nursery (Petersfield)

Are you looking to training in childcare? Friendly, local nursery in Petersfield are looking for a Level 2 Nursery Apprentice to join their team. You will be involved in all aspects of our childcare provision. Creating a warm, friendly and stimulating atmosphere in which the children can develop emotionally, socially and educationally. **Closing date 3<sup>rd</sup> December 2023.**

#### [Butcher Apprentice](#) – Joyce and Lucas

We are looking for an enthusiastic individual who wants to pursue butchery as a career choice. You will be trained in all aspects of butchery and work towards and achieve a Level 2 Qualification in Butchery. **Closing date 2<sup>nd</sup> December 2023.**

### Eastleigh Area

#### [Bar and Waiting Apprentice](#) – Toby Carvery, Bishopstoke

Join us at Toby Carvery, the home of the roast, where every day is a Sunday! Think perfectly ruffled potatoes, giant homemade Yorkies and pigs in blankets all year round. If you love Yorkies as much as we do, we want to hear from you! **Closing date 6<sup>th</sup> December 2023.**

#### [Civil Engineering Degree Level Apprentice](#) – Mott MacDonald

Can you imagine contributing to the design, construction and maintenance of everything around us, and on some of the world's most high-profile projects? Using programmes such as computer aided design and building information management, you'll learn engineering principles and technics to help design and deliver infrastructure and buildings. **Closing date 31<sup>st</sup> December 2023.**



## Apprenticeship Vacancies November 2023

### Havant Area

#### [Equine Groom Apprentice - Horse Care - Grand Prix Dressage Yard](#) – Yew Tree Stud

Yew Tree Stud offer lovely facilities including 2 outdoor schools and training pen. The ideal applicants would be competent horse riders due to the calibre of the horses. You will be required to work a weekend day. Opportunities to groom at shows and learn from the best available at this location. Role will include horse handling, care and grooming. The apprentice will also maintain saddlery and equipment, and work to current workplace principles and legislation. **Closing date 24<sup>th</sup> December 2023**

#### [Software Degree Apprentice](#) – Lockheed Martin

This is a Level 6 Apprenticeship role involving one day per week at university. The successful candidate will have an interest in Software Engineering and a basic understanding of the aspects that it entails. They will have a keen interest in how things work and be motivated by creating software solutions for challenging problems. **Closing date 7<sup>th</sup> January 2024.**

### Gosport Area

#### [Housing Regulations Officer Apprentice](#) – Portsmouth City Council

Portsmouth City Council is excited to offer an opportunity to help you begin your regulatory career! You will be part of the council's Housing Regulation licensing team within the Private Sector Housing service, delivering responsive and effective services to anyone who approaches the city council needing help regarding their home. **Closing date 4<sup>th</sup> December 2023.**

#### [Road Surfacing Apprentice](#) – VINCI Construction

Vinci are offering the chance for apprentices to join a highly experienced surfacing crew. You will be carrying out carriageway resurfacing works for a wide range of clients, fully complying with all company Health, Safety and Environmental Policies and procedures. **Closing date 30<sup>th</sup> November 2023.**

### Fareham Area

#### [Sales and Business Administrator Apprentice](#) – Dynamics Consultants

Peta are proud to be working with Dynamics Consultants to recruit and train a Sales and Business Administrator Apprentice to provide assistance with general office administration and accounts, sales and marketing support. The role will expose you to many aspects of an IT business and associated departments. **Closing date 30<sup>th</sup> November 2023.**

#### [Electrical Apprentice](#) – Safevue CCTV

Working daily with a fully qualified electrician you'll be joining a team with a wealth of experience completing a large variety of work across commercial, industrial and domestic properties from installation of CCTV and security alarms as well as access control. **Closing date 30<sup>th</sup> November 2023.**



## Apprenticeship Vacancies November 2023

### Hart Area

#### [Audiovisual Technician Apprentice](#) – AV Elite Installations

Northern Skills are recruiting on behalf of AV Elite. AV Elite are looking for a hardworking engineer who is keen to learn and work as part of their busy team as an Audiovisual Technician. The successful candidate will gain a Level 5 in Audiovisual. **Closing date 3<sup>rd</sup> January 2024.**

#### [Hairdresser Apprentice](#) – Ellie Fitzgerald Hair & Beauty

Duties will include general upkeep of the salon, shampooing, assisting stylists, greeting and preparing clients and promoting services and products. Some reception work may also be required. As your skills develop you will be given more responsibility. **Closing date 31<sup>st</sup> December 2023.**

### New Forest Area

#### [Outdoor Activity Instructor Apprentice](#) – New Forest Activities

This apprenticeship will provide a great start in the world of outdoor activities. Key benefits of this apprenticeship include: Earn a salary while you learn the responsibilities and roles of outdoor professionals. Receive training and gain industry qualifications. Support as you learn and train. Responsibility and future prospects. **Closing date 8<sup>th</sup> January 2024.**

#### [Beauty Therapist Apprentice](#) – Hand Picked Hotels

As an apprentice you will work, within a great team, in a rewarding environment. Whilst learning the most professional standards within the beauty industry. You will learn to perform and deliver beauty treatments to include facials, massage, manicure, pedicure, make-up, eye treatments and waxing services. **Closing date 30<sup>th</sup> March 2024.**

### Test Valley Area

#### [Fenestration Fabricator Apprentice](#) – Precision Fabrications, Andover

Precision Fabrications Andover Ltd, have an excellent opportunity for the right candidate to join their experienced team of fabricators, gaining a Level 2 apprenticeship in Fenestration Fabricator. The successful candidate will be mentored by an experienced team who will support individuals to become fully skilled & qualified in this industry. Operating a variety of machinery to aid in fabrication, CNC, Punches, End miller ETC. **Closing date 30<sup>th</sup> November 2023.**

#### [Bar and Waiting Apprentice](#) – Poplar Farm Inn, Andover

Join us at Vintage Inns, a collection of rural pubs where muddy boots and paws are welcome. You'll find roaring log fires, traditional food and a cosy atmosphere. If you want to be part of the Inn Crowd, we want to hear from you. You will greet, serve food and look after our customers whilst they dine with us, assisting the bar in preparing drinks which meets specs and customer expectations. **Closing date 10<sup>th</sup> December 2023.**



## Apprenticeship Vacancies November 2023

### Rushmoor Area

#### [Light Vehicle Apprentice](#) – Ford Retail

An exciting opportunity for an apprentice to work alongside qualified technicians where you will be fully trained in all aspects of maintenance and repair of light vehicles from routine servicing to electrical fault diagnostics. **Closing date 30<sup>th</sup> November 2023.**

#### [Landscape & Horticulture Apprentice](#) – Landcraft Landscape & Design

All general landscaping duties to support the delivery of high-quality workmanship covering all aspects of hard and soft landscaping as well as horticultural duties to support our growing and award winning Landscaping and Garden Management teams. Duties to include clearing and tidying, mixing, digging, rotavating and planting. **Closing date 30<sup>th</sup> November 2023.**

### Winchester Area

#### [Social Care Worker Apprentice](#) – Choice Care Group, Otterbourne House

Do you enjoy helping people and making a positive impact in their lives? Are you caring, reliable and passionate? If you feel you have these unique qualities, we would love you to join our team. - Deliver high quality personal care following the care plan and individual resident wishes to ensure the comfort and dignity of each resident. Closing date 9<sup>th</sup> December 2023.

#### [Project Management Consultancy Apprentice](#) – Mace

An opportunity to join our Project Management team assisting in whole lifecycle of a construction project, from when a client has an idea through to handing over the finished project and then supporting our clients manage the property or building whilst studying for the Chartered Surveyor Level 6 apprenticeship. **Closing date 31<sup>st</sup> December 2023.**

### Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from [Find an Apprenticeship](#), where you can find others in your area.

To look for courses you may be interested in check out, [Apprenticeships](#).

### Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

- [Indeed](#), [Jobsite](#), [REED](#), [Total Jobs](#).





## START SOMETHING

### Get Started in Art & Creativity with John Hansard Gallery Southampton

This 5-day Programme will see the Young People come together with professional artists in a working art gallery, to trial a range of different artistic techniques and creativity to explore their own identity and sense of belonging as individuals and within their communities. No artistic ability is required for Programme, just an interest in exploring new things and finding creative ways to express yourself. You'll have a dedicated Prince's Trust Youth Development Lead to support you throughout the Programme, and for up to 6-months post-Programme, to progress onto your next venture.

**When: Taster Day – 28<sup>th</sup> November 2023 (referral deadline 24<sup>th</sup> November 2023)**

**Course dates: 4<sup>th</sup> December – 8<sup>th</sup> December 2023.**

**Where: Southampton**

**How: [How can we help you at The Prince's Trust? \(office.com\)](https://www.princes-trust.org.uk/office)**



### Team Programme (16-25)

Our 12-week personal development programme, for the chance to gain new skills, take a qualification and meet new people. When you come board, you'll be challenged to:

- Take on your own group community project, making a positive difference to place where you live.
- Take part in an action-packed residential trip.
- Get two weeks' work experience in something you're interested in.
- Develop your English and Maths skills.

As part of the course, we also spend some time developing your interview CV skills to ensure your confidence is sky-high for when taking the next step.

**Where: Basingstoke, Waterlooville Fire Station**

**When: 22nd January - 12th April 2024**

**How to sign up: Call customer services on 07918887897**

SCAN THE  
QR CODE:



For more  
information



## CV Tips – What makes a good CV?

### Personal Statement

Your personal statement is the first thing an employer reads and an opportunity to personalise your CV. You should briefly summarise what you have achieved in the past, what you hope to achieve in the future, and how the job you're applying for fits that plan.

### Be concise

Employers receive tens, if not hundreds, of applications for every job they advertise so make sure your CV is clear, concise, and easy to read. Avoid using jargon or acronyms.

### Choose your Template

Please visit the Hampshire Futures website [Creating a CV](#) for example CVs and some templates for you to choose from to get you started.

### Tailor your CV to the job

It's important to tailor your CV for each job that you apply for by ensuring that you highlight the most relevant skills and experience.

### Check, check, and check again!

Grammar and spelling are really important, so read your CV a few times to make sure there are no mistakes. Why not ask someone else to read it over too?

### Don't be shy

Your CV is an opportunity to demonstrate what you're capable of and convince prospective employers that you're right for the job. Don't be afraid to blow your own trumpet!

### Length and Presentation

Many employers tend to 'skim' CVs looking for the information that is most relevant and important to them. Keep it to a maximum of two pages and don't use a font size less than 11.

### Give examples

Most of us are guilty of having written a CV full of buzzwords like 'teamwork' and 'communication skills' without explaining what we mean by them. Anyone can say they're organised so make sure you give an example to demonstrate how you stand out from the crowd.

### The power of google

Many employers admit to 'googling' or searching the names of applicants on social media to see what they can find out! Make sure your online presence is a positive one and if it's not, then consider changing your privacy settings to ensure that you don't leave a negative impression.



How do I write a CV?





## Mental Health Advice and Support

### Managing Mental Health

We recommend checking out resources available on [Mind](#), and [Young Minds](#). They aim to help people understand, accept, and take care of their Mental Health.

[Mind](#) have a large selection of resources and suggestions tailored to young people. They offer support and advice for a variety of topics.

[Young Minds](#) provides advice and support for many situations young people face. From gender identity to concerns at school, they cover every topic in a considerate and respectful way.

### Helplines

For help when struggling with Domestic Abuse: [The Hampton Trust](#)

For someone to talk to when you need it most: [Samaritans](#).

Support for the LGBT+ community: [Galop](#)

Mental Health support for Black people in the UK: [Young Minds](#).

### Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteered who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **Help Anytime (even at Night), Text us for Support**.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

### Kooth – Online Counselling for 11-25 year olds.

Kooth is a free, safe, online counselling and emotional wellbeing support service for ages 11- 25. Young people can use the website anonymously to access a range of FREE support including 1:1 text-based counselling, 24h messaging to our team of practitioners, journal and goal setting spaces, support forums and helpful articles on wellbeing and current affairs. Young people can self- refer online at any time by visiting [www.kooth.com](http://www.kooth.com). Kooth is commissioned primarily by the NHS and is the only digital service of its kind to be accredited by the British Association of Counselling and Psychotherapy.

