

Hampshire Futures Newsletter

What can Hampshire Futures offer?

We can help if you are struggling to get into work, education, or training.

We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

Who are we and what do we do?

Hampshire Futures is part of Hampshire County Council, one of our roles is to support young people who are looking to return to education, training, or employment. So, if you are a young person in Hampshire, and your 2023 goal is to return to college or find a job/apprenticeship, Hampshire Futures is here to help.

Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our [SEND employment and independence hubs](#) bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.

August Success Story – R (Leigh Park)

R first started working with Hampshire Futures in June 2022. After being home educated since 2020, R was very shy and nervous and hadn't had much social interaction due to COVID-19. Whilst working with HF, R's confidence grew and she managed to achieve her Functional Skills Maths and English, something which she had previously been unable to do.

In March 2023, R had an interview with Aspire for a Level 1 Qualification in Childcare, she was successful and finally started at the Nursery in July 2023.

R has come on leaps and bounds since working with HF, She has learnt to take responsibility of herself and the decisions she makes and is now enjoying her new found confidence. Well done R!





Apprenticeship Vacancies, August 2023

Basingstoke and Deane Area

[Arts and Events Apprentice](#) – Basingstoke and Deane Borough Council

Are you interested in a career in the arts and events sector? Working in the Economy and Culture team and reporting to the Arts and Culture Officer, you will get involved in the planning, delivery, and evaluation of a range of events, including the Basingstoke festival, and community focused arts projects. **Closing date 16th August 2023.**

[Apprentice Healthcare Support Worker](#) – Hampshire Hospitals NHS Foundation Trust

If you're thinking about a career in healthcare and are kind, caring, and want to help others – we want to hear from you! Working as a Healthcare Support Worker is a vital role within the team and if you're positive, caring and have a can-do attitude – we want you to join us. **Closing date 31st August 2023.**

East Hants Area

[Apprentice Butcher](#) – Joyce and Lucas

We are looking for an enthusiastic individual who wants to pursue butchery as a career choice. You will be trained in all aspects of butchery and work towards and achieve a Level 2 Qualification in Butchery. **Closing date 2nd September 2023.**

[Commis Chef Apprentice](#) – New Dawn Pubs

Are you passionate about food, enthusiastic about ingredients and menus, want to learn and achieve? Are you dedicated and hardworking but also have a sense of fun? Then join our team where you can develop and progress within the company. Starting the apprenticeship, you will be on the cold section, being trained on both the cold starters and desserts in preparation and service, with rotation to other areas in due course. **Closing date 31st August 2023.**

Eastleigh Area

[Horticulture Landscape Apprentice](#) – Scandor Landscape Contractor

Working as part of a team delivering a wide range of landscape construction projects. The works are primarily commercial work for public sector clients. Work on playgrounds such as installation of play equipment, safety surface installations and park furniture. Duties will include – Excavations to form levels, putting in membranes and gravels, form work for concrete features, paving, kerbing, and walling. **Closing date 21st August 2023.**

[IT Apprentice](#) – Blake Morgan Group

We are looking for an IT Apprentice to join our IT Team in our Southampton Office. Throughout the apprenticeship, you will spend time at each of the 5 internal IT department (Field Services, Infrastructure & Architecture, Applications Development, Projects, and Innovation & Support) to get a broad knowledge of all aspects of IT Support. **Closing date 8th September 2023.**



Apprenticeship Vacancies, August 2023

Havant Area

[Equine Apprenticeship](#) – Fort Widley Equestrian Centre

Fort Widley Equestrian Centre is looking for an inspirational and dedicated person to join our team of equestrian instructors as an apprentice. This is a fixed term role of varying shifts including evenings and weekends. The successful candidate will support the day-to-day running of the yard, as well as teaching a variety of lessons. **Closing date 31st August 2023.**

[Customer Service and Contact Centre Apprentice](#) – Motor Marketing Ltd

Motor Marketing UK has an exciting opportunity for 2 Customer Service and Contact Agent apprentices to join their friendly team. Providing customer service products and services for businesses and other organisations including face-to-face, telephone, digital and written contact, and communications. **Closing date 24th August 2023.**

Gosport Area

[Optical Assistant Apprenticeship](#) – Gosport Specsavers

Our apprenticeship gives people of all ages a chance to start an exciting career, while earning a full-time wage. Duties include - booking customers in for eye tests, pre-screening, recommending suitable frames. We are looking for individuals who are enthusiastic about providing great customer service and would like to pursue a career in optics. **Closing date 7th September 2023.**

[Early Years Apprentice](#) – Doves Day Nursery

Are you looking to train in Childcare? Friendly nursery in Gosport is looking for a Level 2 Early Years Apprentice to join their team. You will work and interact directly with children on a day-to-day basis, supporting the planning of, and delivery of activities and supporting the children's development. **Closing date 3rd September 2023.**

Fareham Area

[Apprentice Warehouse Person](#) – Howdens Joinery

As an apprentice warehouse person, you will learn how to ensure stock is received, stored, picked, and dispatched accurately and meet requirements for health and company policies that are adhered to. You will receive full training in the depot and through out in-house learning and development team. **Closing date 20th August 2023.**

[Freight Forwarding Apprenticeship](#) – PSP Worldwide Logistics

We are looking for an apprentice to join our marine transport team. This is an exciting opportunity to join our specialist team and learn all about global logistics and the shipment of yachts and motorboats all over the world. The successful candidate will learn all areas of freight forwarding and play an important role in business. **Closing date 25th August 2023.**



Apprenticeship Vacancies, August 2023

Hart Area

[Level 3 Early Years Apprentice](#) – James Farm Day Nursery

An exciting role in a rural nursery, supporting all rooms with day-to-day organisation, playing and learning. Duties include – ensuring the children's safety and taking an interest in the children and their families, treating them as individuals and with respect. A great opportunity for a self-motivated individual to join our fun, friendly, established team. **Closing date 25th August 2023.**

[Apprentice Help Desk Handler](#) – Carbonxgen Ltd

Work in a fast-paced customer service team providing support to internal and external customers, managing inbound client and supplier queries via telephone and email. Contribute to the retention and growth of our clients and services through the delivery of excellent customer experiences. **Closing date 4th September 2023.**

New Forest Area

[Customer Service Practitioner Apprenticeship](#) – New Forest District Council

The New Forest District Council is pleased to be able to offer an exciting opportunity for an enthusiastic and dedicated individual to join their Customer Services Centre team and be part of the New Forest District Council Apprenticeship Scheme. Duties include – Dealing with customer requests, queries and problems, processing customer information, developing customer relationships, recognising diversity when delivering customer service. **Closing date 20th August 2023.**

[Stock Control Warehouse Apprentice](#) – Bidfood UK

Are you looking for that first role? Then we have an exciting opportunity to help you take that first step to learning and developing new skills as part of our stock management team. The role involves stock checking systems to maintain stock integrity, labelling, sales monitoring, and all aspects of food safety. **Closing date 30th September 2023.**

Test Valley Area

[Childcare Apprenticeship](#) – Bright Horizons Family Solutions

We'd love to hear from you if you're passionate about caring for children and contributing to their learning and development. The role involves contributing effectively to the safeguarding of all children. Structure your workload and strive to achieve your apprenticeship completion by the deadline set. **Closing date 18th August 2023.**

[Data Centre Services Engineer Apprentice](#) – Atos IT Services UK

Interested in leading the future of IT? There's no better place to start than our Level 3 Digital Support Technician Apprenticeship. This programme is designed to give you a thorough understanding of IT technologies. Duties include – Ensuring that all installation/de-installation tasks are performed in accordance with established procedures, including the adherence to local change management procedures. **Closing date 31st August 2023.**



Apprenticeship Vacancies, August 2023

Rushmoor Area

[Creative Venue Technician Apprentice](#) – Rushmoor Borough Council

We are seeking an apprentice to join the Princes Hall Theatre's Technical Team. You will be working as part of a knowledgeable team of experienced theatre technicians. You'll get great support to help you achieve success and develop your confidence, and you'll be working towards a Level 3 Creative Venue Technician apprenticeship. **Closing date 16th August 2023.**

[Vehicle Damage Panel Apprentice](#) – Motofix Accident Repair Centres

Are you looking to earn while you learn? A modern apprenticeship with Motofix is an ideal opportunity for you and we offer an exciting apprenticeship in Panel. Motofix is one of the UK's leading accident repair brands with modern state of the art facilities for you to work in, approved by over 25 vehicle manufacturers such as BMW, Audi, and Jaguar. **Closing date 18th August 2023.**

Winchester Area

[Business Support Assistant Apprentice](#) – Hampshire County Council

As part of our Property Support Team, you will provide administrative support across all areas of Property Services. We will support you to learn how to provide high quality, effective and efficient business, and technical assistance for our in-house team of architects, engineers, and property maintenance staff. **Closing date 20th August 2023.**

[IT Technician Apprentice](#) – Harrap Computer System

We are looking to recruit an IT Technician Apprentice who is a hardworking, organised individual with flexibility and a willingness to learn. Harrap Computer Systems provides high quality support to schools across Hampshire. Most of the work is done on-site at the schools, but they also provide remote assistance over the phone or the Internet. **Closing date 31st August 2023.**

Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from [Find an Apprenticeship](#), where you can find others in your area.

To look for courses you may be interested in check out, [Apprenticeships](#).

Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

- [Indeed](#), [Jobsite](#), [REED](#), [Total Jobs](#).





Prince's Trust

**START
SOMETHING**

Get Started as a Healthcare Support Worker

Our virtual programme will provide an insight into the Healthcare Support Worker role, equipping you with vital knowledge about healthcare and the employer so you can have the best chance at being successful in your application. We will advise on career progression routes, host employer Q&As, and you will take part in CV and interview workshops, improving on your employability skills and professionalism.

After the programme, we will support you in attending interviews for live roles available near you. You will also have access to a mentor, financial support, and a mental health & wellbeing service.

Employers: Portsmouth QA, University Hospital Southampton, Winchester & Basingstoke Hospital, Brandon Trust

Upcoming Taster Days:

Wednesday 23rd August, 1pm - 3pm

August Programme:

29th - 31st August, online

Email or Call - ellie.dunstall@princes-trust.org.uk / 07484040049 to register.

Explore Programme 2023

This 12-week programme revolves around providing personal development opportunities through practical activities that will develop your confidence whilst giving you skills in team building, problem solving and communication. Explore offers more flexibility and the choice to lead your own personal development alongside a staff mentor, who you will work with closely during additional one-to-one sessions. Explore can help you move into employment, training, apprenticeships and more.

When: Access Weeks Every Month – Next Access Point 5th – 7th September 2023

Where: Southampton Based

How: Register here - [How can we help you at The Prince's Trust? \(office.com\)](#)

Development Awards – 16-30

Our Development Awards can cover the cost of course fees, tools or equipment to the value of approximately £160 in order to help young people anywhere achieve their goals and move into education, training or employment.

To find out more or apply visit - [Get funding to train and learn | Help for young people | The Prince's Trust \(princes-trust.org.uk\)](#)

When – Contact whenever! Applications take 6-8 but will do out best to speed through an application if you need us too!



CV Tips – What makes a good CV?

Personal Statement

Your personal statement is the first thing an employer reads and an opportunity to personalise your CV. You should briefly summarise what you have achieved in the past, what you hope to achieve in the future, and how the job you're applying for fits that plan.

Be concise

Employers receive tens, if not hundreds, of applications for every job they advertise so make sure your CV is clear, concise, and easy to read. Avoid using jargon or acronyms.

Choose your Template

Please visit the Hampshire Futures website [Creating a CV](#) for example CVs and some templates for you to choose from to get you started.

Tailor your CV to the job

It's important to tailor your CV for each job that you apply for by ensuring that you highlight the most relevant skills and experience.

Check, check, and check again!

Grammar and spelling are really important, so read your CV a few times to make sure there are no mistakes. Why not ask someone else to read it over too?

Don't be shy

Your CV is an opportunity to demonstrate what you're capable of and convince prospective employers that you're right for the job. Don't be afraid to blow your own trumpet!

Length and Presentation

Many employers tend to 'skim' CVs looking for the information that is most relevant and important to them. Keep it to a maximum of two pages and don't use a font size less than 11.

Give examples

Most of us are guilty of having written a CV full of buzzwords like 'teamwork' and 'communication skills' without explaining what we mean by them. Anyone can say they're organised so make sure you give an example to demonstrate how you stand out from the crowd.

The power of google

Many employers admit to 'googling' or searching the names of applicants on social media to see what they can find out! Make sure your online presence is a positive one and if it's not, then consider changing your privacy settings to ensure that you don't leave a negative impression.



How do I write a CV?





Mental Health Advice and Support

Managing Mental Health

We recommend checking out resources available on [Mind](#), and [Young Minds](#). They aim to help people understand, accept, and take care of their Mental Health.

[Mind](#) have a large selection of resources and suggestions tailored to young people. They offer support and advice for a variety of topics.

[Young Minds](#) provides advice and support for many situations young people face. From gender identity to concerns at school, they cover every topic in a considerate and respectful way.

Helplines

For help when struggling with Domestic Abuse: [The Hampton Trust](#)

For someone to talk to when you need it most: [Samaritans](#).

Support for the LGBT+ community: [Galop](#)

Mental Health support for Black people in the UK: [Young Minds](#).

Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteer who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **H**elp **A**n anytime (even at **N**ight), **T**ext us for **S**upport.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

Kooth – Online Counselling for 11-25 year olds.

Kooth is a free, safe, online counselling and emotional wellbeing support service for ages 11- 25. Young people can use the website anonymously to access a range of FREE support including 1:1 text-based counselling, 24h messaging to our team of practitioners, journal and goal setting spaces, support forums and helpful articles on wellbeing and current affairs. Young people can self-refer online at any time by visiting www.kooth.com. Kooth is commissioned primarily by the NHS and is the only digital service of its kind to be accredited by the British Association of Counselling and Psychotherapy.

