

# Hampshire Futures

Participation & Lifelong Learning

# **Hampshire Futures Newsletter**

# What can Hampshire Futures offer?

We can help if you are struggling to get into work, education, or training.

We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

# June 2023 Success Story - "H" (Chandlers Ford)

H began working with Hampshire Futures when he was 15, he was home educated, and hadn't received any kind of formal education. He was anxious, scared and was reluctant to meet his Progression Coach. However, he pushed through this and gained the courage to come to his first meeting with the support of his parents and siblings.

In the year and a half, he has been working with Hampshire Futures, he has shown so much resilience and has been meeting his progression coach regularly. He has achieved his Functional Skills in Maths and English and also completed over 60 hours of a Princes Trust course which helped massively with his confidence.

H now has confirmed place at Eastleigh College for September 2023. Well done H!

## Who are we and what do we do?

Hampshire Futures is part of Hampshire County Council, one of our roles is to support young people who are looking to return to education, training, or employment. So, if you are a young person in Hampshire, and your 2023 goal is to return to college or find a job/apprenticeship, Hampshire Futures is here to help.

# Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our <u>SEND employment and</u> <u>independence hubs</u> bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.





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#### **Basingstoke and Deane Area**

#### **Digital Marketing Apprentice** – Kestrel Contracts

Would you like to work for a company who live and breathe sports, to help market their industry leading service? Kestrel design, construct, and maintain sports surfaces and they are looking for a Digital Marketing Apprentice to join the team and support their increasing growth. If you have a flair for design and social media, this could be for you! **Closing date 30<sup>th</sup> June 2023.** 

#### Apprentice Greenkeeper – Basingstoke Golf Club

We are looking for an enthusiastic, reliable individual to join our team and help deliver the new course to its members. The ideal candidate should be a keen golfer and enjoy working outdoors. **Closing date 7**<sup>th</sup> **July 2023.** 

#### **East Hants Area**

# Advanced Maintenance Engineer Apprentice - IGas Energy PLC

The Southampton Engineering Training Association (SETA) is supporting IGas Energy PLC to recruit a Level 3 Maintenance Operations Engineering Technician (Mechanical) to join their team & develop within the organisation. You will conduct fault finding investigative techniques to establish the cause of upsets to normal operations. **Closing date 28<sup>th</sup> June 2023.** 

# <u>Personal Training Apprenticeship</u> – Athlete Movement

We are a dedicated, supportive group of staff and customers who cherish the community that we have built. If you are a good communicator and have a drive to achieve, then you will enjoy unlimited support and an unbeatable start to your career as a Personal Trainer. **Closing date 1<sup>st</sup> August 2023.** 

#### **Eastleigh Area**

# <u>Level 2 Hair Professional Apprenticeship</u> – Ventura Hair Design

We are looking for two Level 2 apprentices to join our busy and friendly team at Ventura. You will be supported throughout your apprenticeship by your allocated personal tutor, as well as our in-house assessor, Molly. You will need to be passionate about hairdressing and have a natural flare for the skills involved. The role includes helping the stylists, keeping the salon clean and tidy and shampooing and rinsing colours. **Closing date 26<sup>th</sup> June 2023.** 

# Apprentice Account Holder – Ardonagh Advisory Holdings

As an Account Handler, you will work within a team of handlers, working closely with Account Executives predominantly dealing with clients renewals and queries, on a wide range of insurance products and business sectors. You will also have a fantastic opportunity to also to complete a Senior Financial Services Customer Adviser Level 3 Apprenticeship Standard. **Closing date 30**<sup>th</sup> **June 2023** 



#### **Havant Area**

#### Apprentice Engineering Technician (Tool Maker) – Formaplex Technologies

At Formaplex you'll have the chance to change between toolmaking and CNC, learn and experience all materials whether polymer, composite or metallics. If you want to become a highly skilled toolmaker, manufacturing complex precision parts and components from specialist materials using machine tools and hand fitting techniques this role is for you. **Closing date 30**<sup>th</sup> **June 2023** 

### Bar Shift Manager Apprentice – J D Wetherspoon

We're looking for people with personality, a can-do attitude and not afraid of hard work. In return, we will train and develop your skills to succeed in a career at Wetherspoon, offering an award-winning training programme and a competitive pay and benefits package. **Closing date 8<sup>th</sup> July 2023.** 

#### **Gosport Area**

## Apprentice Vehicle Technician – Eden Automotive

If you are ambitious, customer-focused, and a team-player, we think you would fit in well at Eden. If you want to maximise your potential in an environment where openness, friendliness, integrity, and flexibility are paramount and where communication, rewards and personal development are taken seriously, we would love to hear from you. **Closing date 30<sup>th</sup> June 2023.** 

#### **Dental Nurse Apprentice** – Shiny Smiles

We have an exciting opportunity for an apprentice dental nurse to join our friendly dental practice. We would love you to join us as an apprentice dental nurse and start your exciting career in dental nursing. The role will involve assisting other dental health professionals, providing chair side support, and a high level of patient care. **Closing date 29<sup>th</sup> September 2023.** 

#### **Fareham Area**

#### Apprentice Flexographic Printer – Edale Ltd

A great opportunity to become a key person that will take a 75-year established printing machine manufacturer into the future. Full print training will be provided by our team of print and engineering experts. As part of your position, you will assist with the preparation of running live machine demonstrations to potential customers online and in person, you will also assist and learn how to produce new jobs for samples and machine demonstrations. **Closing date 30<sup>th</sup> June 2023.** 

# <u>Electrical Installation Apprentice</u> – Ornsby Electrical

Working with a fully qualified electrician you'll be joining a team with a wealth of experience, completing a variety of Electrical Installation work across commercial, industrial and domestic settings. The team you'll be working with have an exceptional breadth of experience to support your growth as an Electrician. You will be testing & Inspecting Electrical Installations and installing Electrical equipment. **Closing date 14<sup>th</sup> August 2023.** 



#### Hart Area

### Apprentice Hairdresser – No.17 Monique's Ltd

You will be expected to greet clients, wash hair, keep the salon tidy and make tea/coffee. You will have to go to college one day a week and practice on block heads. This is a fantastic opportunity for the right candidate to earn a salary and gain a level 2 qualification. **Closing date 28<sup>th</sup> July 2023.** 

## Apprentice Premier Technical Support Specialist – Lenovo Technology Ltd

You'll be working to becoming a technical support specialist with Lenovo's Premier Technical Support team based in Farnborough. You will assist to technical support specialists to diagnose problems using effective troubleshooting and isolation, as well as other duties. **Closing date 31<sup>st</sup> August 2023.** 

#### New Forest Area

# Early Years Practitioner <u>Apprenticeship Level 2</u> – Family First (Rainbows Nursery)

Are you looking to start your career within childcare? Come and join our fun and dynamic team! Develop your early years career with this fantastic opportunity in a growing, ambitious company providing care, education, and compliance for children to the highest standard. Competitive salary, uniform and lunch provided. **Closing date 30<sup>th</sup> June 2023.** 

# <u>HR Support Apprentice</u> – Millbrook Healthcare

We currently have an exciting opportunity for a HR Apprentice to join our lovely and supportive HR team based in Totton. As a team we deliver professional and efficient HR Support to all divisions. You will contribute to smooth running of HR processes, delivery of projects and administration support to colleagues and managers. **Closing date 30<sup>th</sup> June 2023.** 

#### **Test Valley Area**

# <u>Pharmacy Assistant Apprenticeship</u> – Day Lewis PLC

This is an exciting role that will include engaging with customers and clients to provide prescription counter services, advice, housekeeping, duties such as stock rotation and stock replenishment, helping to deliver a variety of public health services whilst gaining a pharmacy qualification. **Closing date 7**<sup>th</sup> **July 2023.** 

# Solar PV & Electrical Apprentice – Cinergi Ltd

We are a family owned a run renewables company based in Romsey looking for a Solar PV apprentice to join our growing team in the growing industry of renewables. You will be working alongside qualified installers and attending college one day a week to obtain your qualification. **Closing date 30<sup>th</sup> June 2023.** 

# **Apprenticeship Vacancies, June 2023**



#### **Rushmoor Area**

# Apprentice Service and Calibration Engineer – Rohde & Schwarz Ltd

Under supervision, you will be required to perform customer support activities, either in-house or on-site, involving the service and calibration and certification of test and measurement equipment and systems, whilst following established policies and procedures. **Closing date 1**<sup>st</sup> **August 2023.** 

# <u>Playworker Level 2 Apprenticeship</u> – SCL Education & Training

The playworker apprentice will support the delivery of breakfast and after school clubs on a daily basis while utilising time out of delivery to complete their apprenticeship and make positive improvements to their site. Playworker apprentices will also deliver a holiday club during the school holidays. **Closing date 30<sup>th</sup> June 2023.** 

#### Winchester Area

# Apprentice Healthcare Support Worker – Hampshire Hospitals NHS Foundation Trust

If you're thinking about a career in healthcare and are kind, caring and want to help others – we want to hear from you! Working as a Healthcare Support Worker is a vital role within the team and if you're positive, caring, and have a can-do attitude- we want you to join us. **Closing date 31**<sup>st</sup> **August 2023.** 

# <u>Horticulture Landscape Apprentice</u> – Scandor Landscape Contractor

Working as part of a team delivering a wide range of landscape construction projects. The works are primarily commercial work for public sector clients. Work on playgrounds such as installation of safety equipment, safety surface installations, and park furniture. The candidate will be subject to satisfactory progression and will operate plant and equipment such as diggers and dumpers. **Closing date 30<sup>th</sup> June 2023.** 

#### Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from <u>Find an</u> <u>Apprenticeship</u>, where you can find others in your area.

To look for courses you may be interested in check out, <u>Apprenticeships</u>.

#### Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

Indeed, Jobsite, REED, Total Jobs.





### **Skills 2 Achieve**

The Skills2Achieve programme in Portsmouth is based at the Somerstown Community Centre. They are a small charity training provider run by Enham Trust, with a focus on employability, working with young people to achieve Functional Skills Qualifications in both Maths and/or English at Entry Level 3, Level 1, and Level 2.

- The course usually last around 6 months, however this can depend on a number of factors.
- We can work with young people aged 16-18 on 31<sup>st</sup> August 2023 (can be older if they have an EHCP, but please note they are not a specialist SEN provider)
- A training bursary is available to those who are eligible.
- Learning consists of in-centre, off-site, and home-study.

#### **Upcoming dates:**

- Monday 3rd July 2023 2pm to 4.30pm Open afternoon
- Monday 24<sup>th</sup> July 2023 2pm to 4.30pm Open afternoon

Contact 07593571342 or 07734909625 for more info or visit <u>www.enhamtrust.org.uk/skills2achieve</u>





## **Construction Skills Training**

Need to get back to work? Change of direction?

Get you free CSCS card & Traffic Marshal Certificate.

- Health and safety in Construction Level 1
- Free CSCS card training and test
- Job support and interview opportunity
- Winchester, 3<sup>rd</sup> July 2023.
- Must be 18+
- Must be unemployed.

The induction session at Winchester Job Centre is on Tuesday 27th June.

Course dates are 3rd, 4th, 5th, and 7th July. (No session on the 6th). The venue is Unit 12, Winnall Valley Road, Winchester, SO23 0LD.

To find out more, register interested or make a referral, fill out the online form at - <u>Construction Skills</u> <u>Training | Hampshire County Council (hants.gov.uk)</u> Or call Chris Cunningham directly at - 07540180523



# National Careers Service, June 2023



# Customers can find out more about the Information Events and register for their place <u>here</u> or scan the QR code

You can also book by calling the Booking Line on 01329 559169 or email customer contact details to the booking line team at <u>bookingline@edt.org</u>

Eventbrite tickets HERE

## Who is the National Careers Service?

The National Careers Service or NCS provide careers information, advice, and guidance. They can help you make decisions on learning, training, and work at all stages in your career.

Their service is available to all people who live in England.

# Virtual Information Event for June:

# 20th June 2023: Preparing for Employment Workshop

- Help you to understand what employers are looking for.
- Prepare yourself for effective job searching.
- Understand more about the local labour market.
- Identify your strengths.
- Strengthen your CV and employability.
- Understand the importance of good interview techniques.

# 20<sup>th</sup> June 2023: Workability Workshop

- The benefits of working and working rights.
- Exploring various employment choices.
- Identifying transferable skills
- Job search, CVs, and applications
- Inclusive employers and additional support.

# 27<sup>th</sup> June 2023: Civil Service Careers

- An overview of public sector careers.
- Civil Service Careers and applications
- Transferable skills & the STAR method

# 3<sup>rd</sup> July 2023: Public Sector Careers (Day 1)

- An overview of public section careers
- Civil Service Careers and applications
- Transferable skills and the STAR method
- Guest speakers from any array of public sector roles

# 4<sup>th</sup> July 2023: Public Sector Careers (Day 2)

- NHS and County Council careers
- Application and interview process.
- Where to find these roles
- Guest speakers from any array of public sector roles





# Prince's Trust Opportunities June 2023





# Prince's Trust

## Enterprise – 18-30s

A four-day online programme for people who are looking to start their own business. Receive 1-1 support from our experienced mentors who will support you with turning your business idea into a reality.

When: courses are run regularly, enquire to sign up for the next available Info Session Where: Virtual with some face-to-face networking and mentoring How: Find out more and enquire here -<u>Support for starting a business | The</u> <u>Prince's Trust (princes-trust.org.uk)</u>

#### **Development Awards – 16-30s**

Our Development Awards can cover the cost of course fees, tools, or equipment to the value of approximately £160 in order to help young people anywhere achieve their goals and move into education, training, or employment.

To find out more visit - <u>Get funding to train</u> and learn

# Steps into Health and Social Care – Southeast (18-30)

This tailored and flexible programme is for work-ready candidates wanting to learn about the Health & Social Care sector, roles available, and support accessing them. This style of course will be perfect for candidates who are work ready and might be unable to commit to a full day or week(s) course due to other commitments such as childcare, work, or education. Perhaps you just need some interviews help or want to know more about what financial help we offer to support you into your new H&SC job.

After registering, interested candidates will go through our initial assessment and then be invited to a 2-hour 'Access' session where you will learn about the sector, partners we work with, roles available, the skills and employability sessions you can sign up to, and monthly recruitment events with employers and their live vacancies.

When – They run 2 'Access' sessions each month. Where – Virtual Via teams How – You can view more information and sign up using the link below <u>Free Courses in Health & Social Care | The</u> <u>Prince's Trust (princes-trust.org.uk)</u>

#### **Explore Programme 2023**

This 12-week programme revolves around providing personal development opportunities through practical activities that will develop your confidence whilst giving you skills in team building, problem solving and communication. Explore offers more flexibility and the choice to lead your own personal development alongside a staff mentor, who you will work with closely during additional one-to-one sessions. Explore can help you move into employment, training, apprenticeships and more.

When: Access Weeks Every Month – Next Access Point 13th – 15th June 2023. Where: Southampton Based How: Fill out a referral form here - <u>How can we help you at The Prince's Trust?</u>



#### **Personal Statement**

Your personal statement is the first thing an employer reads and an opportunity to personalise your CV. You should briefly summarise what you have achieved in the past, what you hope to achieve in the future, and how the job you're applying for fits that plan.

#### Check, check, and check again!

Grammar and spelling are really important, so read your CV a few times to make sure there are no mistakes. Why not ask someone else to read it over too?

#### Length and Presentation

Many employers tend to 'skim' CVs looking for the information that is most relevant and important to them. Keep it to a maximum of two pages and don't use a font size less than 11.

#### Give examples

Most of us are guilty of having written a CV full of buzzwords like 'teamwork' and 'communication skills' without explaining what we mean by them. Anyone can say they're organised so make sure you give an example to demonstrate how you stand out from the crowd.

## Be concise

Employers receive tens, if not hundreds, of applications for every job they advertise so make sure your CV is clear, concise, and easy to read. Avoid using jargon or acronyms.

# Choose your Template

Please visit the Hampshire Futures website <u>Creating a CV</u> for example CVs and some templates for you to choose from to get you started.

#### Tailor your CV to the job

It's important to tailor your CV for each job that you apply for by ensuring that you highlight the most relevant skills and experience.

#### Don't be shy

Your CV is an opportunity to demonstrate what you're capable of and convince prospective employers that you're right for the job. Don't be afraid to blow your own trumpet!

#### The power of google

Many employers admit to 'googling' or searching the names of applicants on social media to see what they can find out! Make sure your online presence is a positive one and if it's not, then consider changing your privacy settings to ensure that you don't leave a negative impression.

How do I write a CV?

# **Mental Health Advice and Support**

# **Managing Mental Health**

We recommend checking out resources available on <u>Mind</u>, and <u>Young Minds</u>. They aim to help people understand, accept, and take care of their Mental Health.

<u>Mind</u> have a large selection of resources and suggestions tailored to young people. They offer support and advice for a variety of topics.

Young Minds provides advice and support for many situations young people face. From gender identity to concerns at school, they cover every topic in a considerate and respectful way.

# Helplines

For help when struggling with Domestic Abuse: <u>The Hampton Trust</u>

For someone to talk to when you need it most: <u>Samaritans.</u>

Support for the LGBT+ community: <u>Galop</u>

Mental Health support for Black people in the UK: <u>Young Minds.</u>

# Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteered who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **H**elp **A**nytime (even at **N**ight), **T**ext us for **S**upport.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

# Mental Health Support for Refugees / Asylum Seekers

The <u>Refugee Council</u> offer a number of Mental Health Support services for both Young People and Adults.

They provide specialist mental health support to help refugees rebuild their lives using the resilience, strength, and skills acquired on their journeys. Their experienced and highly qualified therapists apply a range of evidence-based and best practice approaches.

