



# Hampshire Futures Newsletter

## May 2025

### What can Hampshire Futures offer?

Hampshire Futures is part of Hampshire County Council, one of our roles is to support young people who are looking to return to education, training, or employment. So, if you are a young person in Hampshire, and your 2025 goal is to return to college or find a job/apprenticeship, Hampshire Futures is here to help. We can help if you are struggling to get into work, education, or training:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Kings Trust.
- Offer other support such as travel training and confidence building.

### Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our [SEND employment and independence hubs](#) bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.

### Hampshire Futures Website

Our website is full of lots useful resources that may help you, including:

**Interactive Careers Videos** – videos where you can explore your career ideas and learn about the different roles that your interests can take you.

**Employability Skills** - there are lots of resources available to help you with things like CV writing and creating covering letters.

**Useful Websites** – we have done the hard work for you and found some brilliant websites that can help you in lots of ways. Some of these include quizzes and others are more subject focused.

[Hampshire PALL: All Courses](#)

### Youth Voice -

#### Feedback from a young person we've supported recently:

*"When we met months ago, I didn't believe you wanted to help me. I'm sorry I was so rude. I said I didn't want your help, but you kept trying with carer and kept offering new things even when I kept saying that I wasn't interested. Thank you for not giving up on me and coming back and helping me today."*





## Volunteering and Post-16 Opportunities



Our Youth programme is suitable for:

- NEET people aged 16-25 living in the Hampshire & Surrey regions.

The programme consists of:

A five-week course delivered online every Tuesday and Wednesday for 5 weeks, our course sessions are designed to help you break down barriers, boost your confidence, and pave your way to success. The online group sessions are engaging and interactive, filled with activities, discussions, and practical exercises.

**Five-week course starts: 13<sup>th</sup> May – 11<sup>th</sup> June at 10:30am-12pm and 1pm-2:30pm**

After completing the 5-week course, you will continue with 12 2-hour workshops every Thursday. These sessions, developed in response to participant feedback, offer in-depth training on topics like Overcoming Anxiety, Mindfulness, Looking After Your Wellbeing, and Goal Setting.

**Pathways starts: 12<sup>th</sup> June – 28<sup>th</sup> August at 1pm-2:30pm.**



**Havant Youth Hub** supports 16–24-year-olds from across the Borough looking for employment, education and training opportunities. We can support with CV writing, interview skills, job applications, confidence building and much more. We have some exciting events taking place during May including Job Applications workshops, National Careers Service appointments and an NHS workshop on independent living and budgeting.

**Please visit their website and use the referral form to book your appointment:**

<https://linkupyouthhub.co.uk/>

**Search for volunteering opportunities for you:**

New Forest National Park Authority – [Volunteer with local organisations](#)

Doit – [Doit volunteers](#)

Volunteer First – [Volunteering opportunities throughout Hampshire](#)

National Trust - [Volunteering in Hampshire](#)

Get Volunteering – [Local volunteering opportunities near Winchester, Hampshire](#)

Hampshire and Isle of Wight Wildlife Trust – [Volunteering Opportunities](#)

NCS – [How To Get Into Volunteering](#)

Hampshire County Council – [Volunteering Opportunities](#)

Hampshire & Isle of Wight Fire & Rescue Service - [Volunteering Opportunities](#)



**Saints Foundations - Saints Works** aims to help 16 to 25-year-olds not in education employment or training, developing their employability and life skills so they can take their first steps. The project runs in 12 week cycles, so a member of the team will be in contact to discuss the next suitable cohort for you: [Saints Works | Southampton FC Official](#)



## Apprenticeship Vacancies May 2025

### Basingstoke and Deane Area

#### [Apprentice Air Conditioning Engineer](#) – Commercial Maintenance Services UK

Organised in regional teams up to 20 commercial engineers who work in concert with our central technical support team to deliver, service, repair, maintain and install the full spectrum of commercial building services. You will be part of the customer facing powerhouse of our business within a designated region with a portfolio of clients and sites. **Closing Date: Friday 11<sup>th</sup> July.**

#### [Nursery Apprentice L3](#) – Maples Day Nursery

As a nursery apprentice, you'll assist staff in creating a safe environment for young children. Duties include engaging in activities, helping with meals, and supporting daily tasks. This role is perfect for those passionate about working with children and starting a career in early childhood education. **Closing Date: Wednesday 25<sup>th</sup> June.**

#### [Multi Channel Marketing Apprentice](#) - Mettagarden

You will be front line, working on the company's marketing strategies and delivery. You will build the digital channels (Website, Webshop, Insta, FB) strengthen the customer journey, (from Customer Avatar through sales funnel process and into customer care- pre & post fulfilment). Diligently follow up and track customer feedback, testimonials etc. **Closing Date: Monday 9<sup>th</sup> June.**

### East Hants Area

#### [Autocare Technician Apprentice](#) – Halfords

Carrying out a range of services and repairs to cars, car derived vans and light goods vehicles. The perfect candidate would be a friendly, helpful, and team-oriented individual with a genuine passion to build a career as an Auto Vehicle Technician.

**Closing Date: Sunday 18<sup>th</sup> May.**

#### [Business Sales Apprentice](#) – Insightechs-INT

Are you eager to kickstart a career in sales and marketing? Our apprenticeship program offers hands-on training, mentorship, and the opportunity to work with top industry experts. We specialise in IT services designed to improve business productivity. This is achieved through a unique blend of high-tech digital marketing solutions.

**Closing Date: Sunday 25<sup>th</sup> May.**

#### [Bus and Coach Engineer Apprentice](#) – Stagecoach Group

Stagecoach Engineering apprenticeships programs span four years and are structured to provide comprehensive learning and skill development. The first three years involve practical learning at our bus depots, working alongside skilled technicians and using the latest diagnostic technology. **Closing Date: Friday 23<sup>rd</sup> May.**

### Eastleigh Area

#### [Apprentice Machining Technician](#) – Coopervision

The successful candidate will gain understanding of: High precision lathes & producing tooling to fine tolerances, Measuring tooling using microscopes & non-contact interferometry, Programming, setting & producing precision parts on CNC lathes & mills, Manual milling & centre lathe machining, Use of AutoCad, SolidWorks & 3D printer And more.

**Closing Date: Saturday 31<sup>st</sup> May**

#### [Mechanical \(Plumbing & Heating\) Apprentice](#) – Lowe and Oliver

Would you like to be responsible for the installation, maintenance, and repair of plumbing and heating systems? This apprenticeship will teach you to become a competent plumbing and heating engineer.

**Closing Date Monday 1<sup>st</sup> September.**



## Apprenticeship Vacancies May 2025

### Havant Area

#### Equine Apprentice – Fort Widley Equestrian Centre

Peter Ashley Activity Centre (Fort Widley Equestrian Centre) are looking for an apprentice to join their friendly team. The position will include general yard duties i.e. mucking out, turning out/in, riding & exercise. Would suit someone looking for a career in the equine industry. **Closing Date: Saturday 31<sup>st</sup> May.**

#### Apprentice Fitter – GAP Group Limited

As an Apprentice you will be enrolled in a blended learning programme where you will gain an NVQ Level 3 in Plant Maintenance through a mixture of on-the-job experience and block release training through a leading college. Closing Date: **Saturday 31<sup>st</sup> May.**

#### Early Years Apprentice – Bright Beginnings Nursery

Are you looking to train in childcare? Friendly, local nursery in Denvilles, Havant is looking for a Level 3 Nursery apprentice to join their team. Work and interact directly with children on a day-to-day basis supporting the planning of and delivery of activities, assisting with meeting the personal and emotional needs of individual children. **Closing Date: Sunday 8<sup>th</sup> June.**

### Gosport Area

#### Service Sales Administrator Apprentice –

##### **Regale Microwave Ovens**

Join Regale Microwave Ovens Ltd as a Service Sales Administrator Apprentice and gain real-world experience in a dynamic, fast-paced business environment. This role is perfect for someone eager to build key skills in customer service, sales support, and day-to-day business operations. **Closing Date: Saturday 31<sup>st</sup> May.**

#### Office Administrator Apprentice –

##### **Challenger Lighting Support**

PETA are proud to be working with Challenger Lighting Services Ltd to recruit an Office Administrator Apprentice to support with the company operations. The apprentice will be responsible for onsite operations to achieve positive results, ensuring that the service level commitments are fulfilled. Total Customer satisfaction is the goal! **Closing Date: Saturday 31<sup>st</sup> May.**

### Fareham Area

#### Nursery Apprentice – Turtles Day Nursery

Are you looking to train in childcare? Friendly, local nursery in Fareham is looking for a Nursery Apprentice to join their team. You will work and interact directly with children on a day-to-day basis supporting the planning of and delivery of activities. **Closing Date: Sunday 8<sup>th</sup> June.**

#### Engineering Fitter Apprentice – **HP Hydraulics**

Are you a self-motivated individual with a keen interest in a practical role? Are you keen to secure an apprenticeship which will support you to gain qualifications in a hands-on environment? PETA are proud to be working with HP Hydraulics to recruit and train an Engineering Fitter Apprentice based at their site in Fareham. **Closing Date: Sunday 31<sup>st</sup> August**

#### L4 School Sports Coach Apprentice – PH **ActiveEd**

Apprentices will develop and enhance their coaching skills to equip them to work in a variety of environments, with a range of stakeholders and work effectively in partnership with other organisations. Candidates will also engage with training that will develop and enhance their classroom practice/teaching skills so they can deliver class PE. **Closing Date: Saturday 31<sup>st</sup> May.**





## Apprenticeship Vacancies May 2025

### Hart Area

#### Site and Facilities Assistant Apprentice – Synergy Schools Partnership

The Facilities Apprentice will work across all school sites to assist in the day to day operations of the sites, undertake essential H&S checks and general building maintenance tasks. If you feel you have the skills and attributes that we are looking for, and can commit to our mission and school's values, we would welcome your application. **Closing Date: Thursday 22<sup>nd</sup> May.**

#### Mortgage Services Administration Apprentice – Fleet Mortgages Limited

Fleet Mortgages is a major player in the specialist Buy to Let Mortgage market. Fleet Mortgages was acquired by Starling Bank in 2021 and has experienced significant growth since this acquisition. We have exciting plans to grow our business further and are looking for quality apprentices to join our Mortgage Servicing team. **Closing Date: Monday 30<sup>th</sup> June.**

### New Forest Area

#### Early Years Apprentice – Mulberry Preschool

Are you looking to train in childcare? A friendly, local preschool in Marchwood, Southampton is looking for an Early Years Apprentice to join their team. The successful candidate will work and interact directly with children on a day-to-day basis supporting the planning of and delivery of activities. **Closing Date: Sunday 8<sup>th</sup> June.**

#### Chef Apprentice –

#### The Crown Inn (Christchurch)

Join us at Vintage Inns, a collection of rural pubs where muddy boots and paws are welcome. You'll find roaring log fires, traditional food and a cosy atmosphere. If you want to be part of the Inn Crowd, we want to hear from you. **Closing Date: Friday 6<sup>th</sup> June.**

#### Early Years Apprentice –

#### Little Ship Mates @ The Crescent

Are you looking to train in childcare? Friendly, local preschool in Hythe is looking for an Early Years Apprentice to join their team. Work and interact directly with children on a day-to-day basis supporting the planning of and delivery of activities. **Closing Date: Sunday 8<sup>th</sup> June.**

### Test Valley Area

#### L3 Business Administration Apprentice – LWC Drinks

An incredible opportunity to join the UK's largest drinks distributor! In this role you will be working closely with team leaders and managers to ensure all customer's enquiries and internal duties are handled in a professional and efficient manner while undertaking day-to-day operations requirements, ensuring they are met. **Closing Date: Thursday 29<sup>th</sup> May.**

#### Scania Customer Advisor Apprentice – Scania

Our Customer Advisor apprenticeship combines the best of both worlds, offering a unique opportunity to gain experience and knowledge in two essential areas of our business - front of house Customer Service and the technical world of Parts. Through a blend of hands-on experience and structured training, you'll develop outstanding communication skills, learn about our business, and understand what it takes to deliver excellent customer service to our valued customers. **Closing Date: Friday 23<sup>rd</sup> May.**



## Apprenticeship Vacancies May 2025

### Rushmoor Area

#### Engineering Technician Apprentice –

##### **FT Gearing Systems**

If you are looking to gain hands-on, high quality precision engineering training in the aerospace industry, then this is for you. Added to that a strong work ethic, dedication, commitment, willingness to learn and being a go-getter, is the winning formula to become a great engineer. We offer induction, coaching, time and support to attend college. **Closing Date: Friday 27<sup>th</sup> June.**

#### Apprentice Horticulturalist –

##### **Landcraft Landscape and Design**

Working for an award-winning landscape company that offers a complete garden service, managing garden construction from the designer's initial concept plan to the completion of the fully planted and landscaped garden and then onward garden management and maintenance. **Closing Date: Friday 16<sup>th</sup> May.**

#### Apprentice Nursery Assistant –

##### **Pebbles Day Nursery**

You are responsible for the safety and wellbeing of the children in your care. The children's needs must always be your first consideration, and your highest priority must be to provide a safe, secure, caring and stimulating environment, whilst also ensuring that you meet the developmental needs of each individual child. **Closing Date: Monday 2<sup>nd</sup> June.**

### Winchester Area

#### Early years Educator Apprentice –

##### **RAFAKidz**

Are you looking for the opportunity share and grow your skills working with children? As an early years apprentice you will work as part of a team to deliver a high standard of learning, development and care for children. supported by a friendly team. Salary rises to £11.50 after probation is successfully completed. **Closing Date: Friday 20<sup>th</sup> June.**

#### AAT Level 3 Apprentice – HJS

##### **Accountants**

We are looking for an Apprentice Accounting Technicians to join our Winchester office. We are offering a 15 month level 3 AAT apprenticeship. It is a great opportunity to study across all disciplines of accounting and taxation. **Closing Date: Saturday 31<sup>st</sup> May.**

### Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from [Find an Apprenticeship](#), where you can find others in your area.

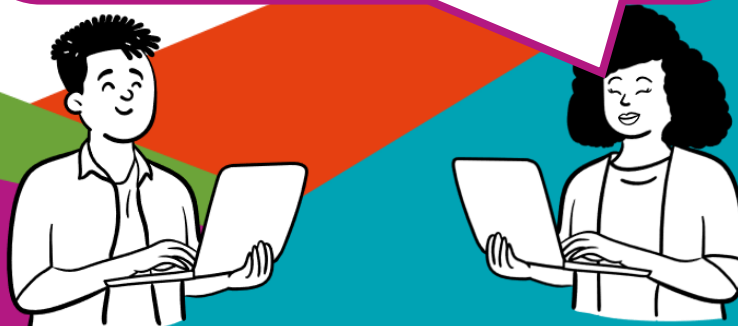
To look for courses you may be interested in check out, [Apprenticeships](#).

### Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

- [Indeed](#), [Jobsite](#), [REED](#), [Total Jobs](#).





## King's Trust Opportunities May 2025

### Team programme

Ready to open up new paths towards work or learning? Join Team, our free 12-week personal development programme, to gain valuable skills and experience, earn a qualification, and boost your confidence. The programme is designed to take your confidence sky-high and prepare you to take the next steps into work, education or training.

Here's what you'll get out of the Team programme:

- Take part in an action-packed week of activities, which could be a residential trip, where you'll get to know the other people in your team.
- Make a positive difference in your community by working together on a group project.
- Get two weeks' work experience in a profession or organisation that interests you.
- Earn a nationally recognised qualification, and develop your English, maths, communication and teamwork skills.
- Receive support to write a standout CV and learn how to impress in an interview.

Twelve weeks may sound like a long time, but the programme flies by. You won't believe how far you've come when you share your journey at the final celebration.

On Enterprise, you'll develop the skills and knowledge you'll need to launch and grow your business, thanks to free, flexible training and mentoring from business experts.

Throughout Enterprise, you'll have opportunities to apply for Start Up funding to cover start-up costs and grow your business.

You'll benefit from support across three key stages of your business start-up journey: Business Planning, Business Launch and Business Advance.

[Enterprise - Business Start-Up Support \(Across Hampshire - in-person and virtually\)](#)



(Click on the logo to go straight to the King's Trust's website)

### Get Started with Arts

**Course format:** in-person

**Location:** Portsmouth

**Date:** 16<sup>th</sup> – 20<sup>th</sup> June 2025

Looking to discover new talents and explore career options in art?

Get creative with art and meet new people on our free Get Started with Art course.

Improve your art skills by working together on a group challenge, which you will take from start to finish in one week.

Meet art industry professionals and like-minded creatives, while learning how to break into the sector.

Develop hands-on skills and explore what kind of work could be right for you. You'll also benefit from support from our staff or one of our mentors to help you uncover your next steps.

[Explore Programme - Next Session held in-person in Southsea - 1st July - 15th August 2025](#)

Want to start achieving your goals but not sure how to get started? Sign up for their FREE Explore programme.

During Explore, you'll boost your confidence and gain teamwork and communication skills. And you'll receive regular one-to-one support along the way.

Explore is a flexible programme that gives you the chance to lead your own personal development. It can help you move into work, training, apprenticeships and more.



## Mental Health Advice and Support

### Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteer who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **H**elp **A**n anytime (even at **N**ight), **T**ext us for **S**upport.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

### Kooth – Online Counselling for 11-25 year olds.

Kooth is a free, safe, online counselling and emotional wellbeing support service for ages 11- 25. Young people can use the website anonymously to access a range of FREE support including 1:1 text- based counselling, 24h messaging to our team of practitioners, journal and goal setting spaces, support forums and helpful articles on wellbeing and current affairs. Young people can self- refer online at any time by visiting [www.kooth.com](http://www.kooth.com). Kooth is commissioned primarily by the NHS and is the only digital service of its kind to be accredited by the British Association of Counselling and Psychotherapy.



### Managing Mental Health

We recommend checking out resources available on [Mind](#), and [Young Minds](#),. They aim to help people understand, accept, and take care of their Mental Health.

[Mind](#) have a large selection of resources and suggestions tailored to young people. They offer support and advice for a variety of topics.

[Young Minds](#) provides advice and support for many situations young people face. From gender identity to concerns at school, they cover every topic in a considerate and respectful way.

### Helplines

For help when struggling with Domestic Abuse: [The Hampton Trust](#)

For someone to talk to when you need it most: [Samaritans](#).

Support for the LGBT+ community: [Galop](#)

Mental Health support for Black people in the UK: [Young Minds](#).