

Hampshire Futures Newsletter June 2025



Hampshire
County Council

Hampshire Futures

What can Hampshire Futures offer?

We can help if you are struggling to get into work, education, or training.

We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

Hampshire Futures Website

Our website is full of lots of useful resources that may help you, including:

Interactive Careers Videos – videos where you can explore your career ideas and learn about the different roles that your interests can take you.

Employability Skills - there are lots of resources available to help you with things like CV writing and creating covering letters.

Useful Websites – we have done the hard work for you and found some brilliant websites that can help you in lots of ways. Some of these include quizzes and others are more subject focused.

[Hampshire PALL: All Courses](#)

Youth Voice - Feedback from a young person we've supported recently:

"I have made final decisions for when I leave school. I have been offered a place at College in a Criminology course.

I hope to become a forensic and help people in future.

Thank you for your help in autumn you really helped me get started and I really appreciate it."

Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our [SEND employment and independence hubs](#) bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.



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Hampshire Achieves Programmes

[The Pathways programme](#) supports you to build confidence in making personal and independent choices, as well as helping you to understand how this impacts on your wellbeing, confidence, social skills, planning skills, social awareness, and motivation. Our learning strategy is 'learning by doing.'

You will receive support with English, maths and Essential Digital Skills through engaging and interesting activities which are relevant to your personal development. You will work towards an Entry 3 Award in Personal and Social Development and the Bronze or Silver Duke of Edinburgh award.

Pathways is designed for young people who want to develop their personal and social skills to enable them to take the next step in their future, which may include employment or further study.

Who can apply for Pathways?

- 16 –25 years old with a SEND need
- Enthusiasm and commitment to learn and motivation to work at developing their independence



Learners who take part in these programmes may be eligible to receive a bursary, for financial support and help with travel costs in select circumstances. It is subject to personal circumstances and is available to those that meet the eligibility requirements.

If you're interested in any of the programmes, then please get in touch with Hampshire Futures and we can make a referral for you.

[Supported Internship](#) programme will give young people the experience of working and support them to develop their employability skills so that the move into employment is not as daunting. They will receive support with English and maths through engaging and interesting activities which are relevant to the workplace and will work towards an Employability Skills award.

Who can apply for Supported Internship?

- 16 – 24-year-olds and up to the age of 25 years old with an Educational Health Care Plan (EHCP)
- Young people with an EHCP who can demonstrate the enthusiasm and commitment to learn and motivation to work

Induction period

The first 3 weeks is a period of induction and workplace preparation, delivered across three days per week, developing employability skills, maths, English and digital skills.

Core programme

Our aim is to empower learners and build their confidence as individuals in the workplace. Training is then delivered on a blended learning approach up to two days per week in a classroom environment and online (remote), to support continued learning and develop employability skills and functional English and maths skills. In addition Interns also attend tutorial and pastoral sessions. There will also be a work placement opportunity which can be developed for up to 3 days a week dependent on individual needs and abilities.





Apprenticeship Vacancies June 2025

Basingstoke and Deane Area

Business Administrator Apprentice – Energy Decisions

We are looking for a dedicated Business/Marketing student to join our team and help drive the expansion of Energy Decisions and Solar Decisions. This position provides a unique opportunity to obtain practical expertise in marketing and business planning within the renewable energy sector. **Closing Date: Wednesday 30th July.**

Digital Marketing Apprentice – Involve Selection

We need SEO, social media, email marketing, content creation, Pay-Per-Click - we want it all! We are now looking for an eager candidate to join us as an apprentice. You will have the opportunity to gain valuable skills, knowledge and experience as you complete a Mutli-Channel Marketer (Digital Marketing) Level 3 Apprenticeship. **Closing Date: Monday 23rd June.**

Design Apprentice – SAS International

To work with our team of established Designers and Technicians, learning to undertake design work on a range of development projects. The Apprentice, with the support of their dedicated mentor, will communicate project solutions through the production of 2-dimensional drawings and 3-dimensional models using AutoCAD and Revit. **Closing Date: Monday 25th August.**

East Hants Area

Maintenance Engineering Apprentice – Pinnacle Foods

To efficiently carry out planned and unplanned maintenance activities on various factory machinery. Maintain, repair and improve facilities and utilities. Carry out and assist with project work to improve business and production operations. Comply with current Health & safety / food safety standards. **Closing Date: Wednesday 30th August.**

Apprentice Beauty Therapist – Champneys Forestmere

As an Apprentice you will work, within a great team, in a rewarding environment at one of Champneys' spa resorts. You will acquire the ability to deliver a 5* guest experience whilst being able to provide a range of beauty treatments to include facials, massage and nails to the highest professional standards. **Closing Date: Thursday 31st July.**

Eastleigh Area

Document Controller Apprentice – Stepnell

Fantastic opportunities for business administration trainees who want to start their career as document controllers in the construction industry. We are currently looking for someone to join our friendly and supportive team. Working alongside trained professionals based in our offices Southampton office. **Closing Date: Monday 30th June.**

Apprentice Signage and Livery Technician – Stewart Signs

We don't just deliver large-format signage, we deliver innovative solutions that are unmistakable.

We now need to recruit apprentices to train as Signage and Livery Technicians. You will learn to operate cutting-edge digital printing and cutting technology that will support the creation of graphics applied all over the UK. **Closing Date: Monday 16th June.**

Childcare Apprentice – Kingsmead Day Nursery

We are looking for a Childcare Apprentice to join us at our small friendly nursery. You will be working full-time as part of our team, whilst learning your role and studying for your qualification. Your apprenticeship could lead to a permanent position. **Closing Date: Sunday 29th June.**



Apprenticeship Vacancies June 2025

Havant Area

[Early Years Apprentice](#) – Family First – Cherrypark Nursery

Are you looking to develop your career within childcare? Come and join our fun and dynamic team! Develop your early years career with this fantastic opportunity in a growing, ambitious company, providing care, education and compliance for children to the highest standard. Competitive salary, uniform and lunch provided. **Closing Date: Wednesday 25th June.**

[Sales and Purchasing Administrator Apprentice](#) – Drift It

Do you want to be part of a supportive and professional team where you'll gain hands-on experience and develop valuable skills that will set you up for long-term career success? If the answer is YES, then this could be the perfect opportunity for you. **Closing Date: Monday 30th June.**

[Hair Professional Level 2 Apprentice](#) – Charter Cutting

If you are excited at the thought of kick start your career in a hair salon with an award-winning team, then look no further. This is a great opportunity for an enthusiastic and eager team member to join a talented team as a Hair Professional Level 2 Apprentice, completing an apprenticeship whilst working and learning on the job.

Closing Date: Monday 30th June.

Gosport Area

[Service Sales Administrator Apprentice](#) –

Regale Microwave Ovens

As a Service Sales Administrator Apprentice and gain real-world experience in a dynamic, fast-paced business environment. This role is perfect for someone eager to build key skills in customer service, sales support, and day-to-day business operations. **Closing Date: Monday 30th June.**

[Dental Nurse Apprentice](#) – The Dental Practice

We have an exciting opportunity for an apprentice dental nurse to join our friendly dental practice. We would love you to join us as an apprentice dental nurse and start your exciting career in dental nursing. The successful candidate will be assisting other dental health professionals, providing chairside support and a high level of patient care. **Closing Date: Monday 23rd June.**

Fareham Area

[Business Administrator Apprentice](#) – Parker Meggitt

In this role, you'll support the smooth running of the engineering department. You'll gain hands-on experience in key administrative tasks, including managing systems, tracking budgets, assisting with technical documentation, and coordinating training and travel. **Closing Date: Friday 28th June.**

[L3 Manufacturing Engineering Apprentice](#) – Parker Meggitt

As a Manufacturing Apprentice, you'll be working within Parker Meggitt's Manufacturing Engineering team. You'll assist in the development and manufacturing of Parker Meggitt's products, as you get hands-on experience and learn what it takes to be a successful Engineer in an innovative organisation. **Closing Date: Friday 18th July.**

[Office Administrator Apprentice](#) – Challenger Lighting Services

PETA are proud to be working with Challenger Lighting Services Ltd to recruit an Office Administrator Apprentice to support with the company operations. The apprentice will be responsible for onsite operations to achieve positive results, ensuring that the service level commitments are fulfilled. Total Customer satisfaction is the goal! **Closing Date: Monday 30th June.**



Apprenticeship Vacancies June 2025

Hart Area

[Playworker Apprentice](#) – Core Kids Club

We are looking for enthusiastic individuals to work within our schools and holiday camps. Working alongside our team, you will be caring and supporting children in play, games, activities and sports. You will be creating a stimulating and engaging environment, allowing children to choose how they want to play. **Closing Date: Friday 1st August.**

[Equine apprentice](#) – Westfield Equestrian Centre

Westfield Equestrian are looking for an apprentice to join their friendly team. The position will include general yard duties i.e. mucking out, turning out/in, riding & exercise. Would suit someone looking for a career in the equine industry. **Closing Date: Tuesday 1st July.**

New Forest Area

[Apprentice Beauty Therapist](#) – New Park Manor

As an Apprentice you will work within a great team, in a rewarding environment starting on 32 hours increasing to 40 hours a week, with 20% off the job training. Along your way you will learn anatomy and physiology, salon working practices, professional behaviours and a range of beauty treatments and services to the most professional standards. **Closing Date: Monday 30th June.**

[Early Years Educator Apprentice](#) – Family First – Woodberry Day Nursery

Are you looking to grow your career within childcare? Come and join our fun and dynamic team! Develop your early years career with this fantastic opportunity in a growing, ambitious company, providing care, education and compliance for children to the highest standard. Competitive salary, uniform and lunch provided, plus other excellent benefits. **Closing Date: Friday 27th June.**

[Business Administrator Apprentice](#) – Seamariner

This is a fantastic opportunity to develop your skills and knowledge within a growing business that has expertise in the marine industry, while working towards a Level 3 Business Administrator qualification, carrying out telephone calls, clerical duties such as emailing and filing and organisation. **Closing Date: Monday 23rd June.**

Test Valley Area

[Laboratory Technician Apprentice](#) – Preformed Line Products

In this role, you will provide direct support to production and to the laboratory to ensure products are made to the right quality and level of productivity. **Closing Date: Monday 11th August.**

[Apprentice Mechanical Design Engineer](#) – Stannah Stairlifts

This is an exciting opportunity to work alongside experienced engineers, develop valuable technical skills, and gain a nationally recognised qualification in Mechanical Engineering through your apprenticeship and work towards a degree in the future. **Closing Date: Friday 20th June.**

[Early Years Educator Apprentice](#) – Hursley Childcare Hub

To provide a high standard of physical, emotional, social and intellectual care for children in the nursery. To implement the daily routine in the room. To work together as a team supporting each other for the benefit of the children. Liaise with Parent's and Carer's sharing information about their child's development. **Closing Date: Tuesday 1st July.**



Apprenticeship Vacancies June 2025

Rushmoor Area

HR Support Apprentice – Jenoptik Traffic Solutions

We are looking for a highly motivated individual with a passion for people, continuously helping improve the way we work, serving our teams needs and delivering a quality service. Our team is at the heart of everything we do, you'll swiftly become an integral member of the team and assist supporting the employee lifecycle in every sense of the word.

Closing Date: Tuesday 15th July.

Engineering Technician Apprentice – FT Gearing Systems

If you are looking to gain hands-on, high quality precision engineering training in the aerospace industry, then this is for you. Added to that a strong work ethic, dedication, commitment, willingness to learn and being a go-getter, is the winning formula to become a great engineer. We offer induction, coaching, time and support to attend college. **Closing Date: Friday 27th June.**

Winchester Area

Hairdressing Apprentice – Toni&Guy

Salon apprentice required. Gain first-hand experience working in a Super brand salon. Full training will be provided leading to an accredited Hair Professional qualification which will be delivered in the salon. **Closing Date: Thursday 31st July.**

Apprentice Gas Engineer – Roost Heating

Is a growing heating company with expertise in the residential housing sector covering Winchester and the surrounding areas. The apprenticeship will be based on installing and maintaining gas appliances, but you will also receive training in plumbing and renewables. **Closing Date: Friday 18th July.**

Childcare Apprentice – Finkley Down Farm Nursery and Preschool

Finkley Hudson Field Nursery are looking for a Nursery Assistant Apprentice, you will be studying toward your Early Years Practitioner Level 2 depending on experience/qualifications. **Closing Date: Tuesday 5th August.**

Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from [Find an Apprenticeship](#), where you can find others in your area.

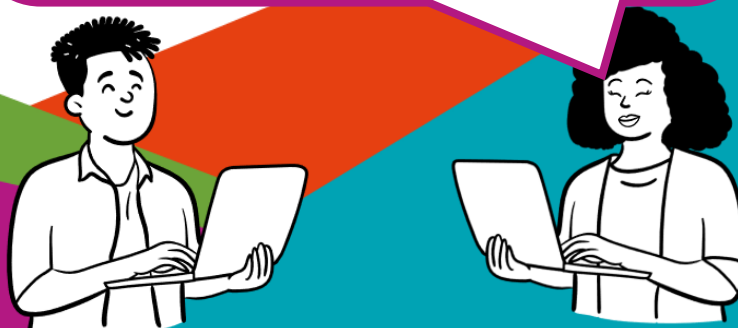
To look for courses you may be interested in check out, [Apprenticeships](#).

Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

- [Indeed](#), [Jobsite](#), [REED](#), [Total Jobs](#).





King's Trust Opportunities June 2025

[Get Started with Film and Photography - Southampton \(in-person\) - 14th - 18th July 2025](#)

Looking to explore an interest in film and photography and start setting yourself goals?

On our free Get Started with Film and Photography course, you'll try out hands-on activities, start building a portfolio, and screen your work to an audience – with support from inspirational industry experts.

Working with a group of like-minded people, you'll discover your strengths, take on challenges and grow your confidence.

You'll benefit from one-to-one support to decide on next steps towards achieving your goals. And you'll receive up to 3 months' support after the course finishes to help you take those steps!

[Get Started with Art - Portsmouth \(in-person\) - 16th-20th June 2025](#)

Looking to discover new talents and explore career options in art?

Get creative with art and meet new people on our free Get Started with Art course.

Improve your art skills by working together on a group challenge, which you will take from start to finish in one week.

Meet art industry professionals and like-minded creatives, while learning how to break into the sector.

Develop hands-on skills and explore what kind of work could be right for you. You'll also benefit from support from our staff or one of our mentors to help you uncover your next steps.

[Enterprise Programme](#) you'll develop the skills and knowledge you'll need to launch and grow your business, thanks to free, flexible training and mentoring from business experts.

Throughout Enterprise, you'll have opportunities to apply for Start Up funding to cover start-up costs and grow your business.

You'll benefit from support across three key stages of your business start-up journey: Business Planning, Business Launch and Business Advance.



(Click on the logo to go straight to the King's Trust's website)

[Explore Programme - Portsmouth - 1st July - 15th August](#)

Want to start achieving your goals but not sure how to get started?

During Explore, you'll boost your confidence and gain teamwork and communication skills.

And you'll receive regular one-to-one support along the way.

Explore is a flexible programme that gives you the chance to lead your own personal development. It can help you move into work, training, apprenticeships and more.

This course is for you if you are:

- Ready to try new things and develop life skills
- Looking for ways to boost your confidence
 - Keen to meet new people
- Excited to improve your teamwork and communication skills
 - Not in education, training or employment

Rest assured that joining the programme won't affect your benefits!



From Stress to Success: Navigating Exam Results with Tips and Support

Here are some helpful resources to support you in managing stress and staying balanced during exam season. Also includes some support helplines if you feel you would benefit from more advice:

[Hampshire Safeguarding Children Partnership](#) provide information on exam stress, their impact and some tips on how to manage and try to overcome them.

[Place2Be](#) have created a guide to help you navigate exam season, including tips and advice for revision and how to spot the signs of stress.

[Mental Health Hub Portsmouth](#) for anyone aged 16 and over can call the Portsmouth Mental Health Hub for self-care advice and connection to mental health and community support services. Call 0300 123 6621 Monday to Friday (8am-6pm) or chat online at [here](#).

[BBC Bitesize](#) helps for you to plan for your revision and how to get started. Tips and advice on how to keep calm in the build up and during exams and other great resources.

[Family Lives](#) gives information on how to deal when you're waiting for your exam results.

[UCAS](#) has some great information on how best to prepare yourself for your exam results.

[National Careers Service](#) has a load of information on helping young people make decisions about their education and careers decision and also offer a free careers support line for 13+ year olds.

[Childline](#) offer message boards for you to chat with other young people, you can speak with a councillor and have a "calm zone" with breathing exercises, activities, games and videos to help let go of stress.

**Exam results
days in 2025:**

**GCSE results - Thursday 21
August**

**A-level results - Thursday 14
August**



Mental Health Advice and Support

Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteer who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **H**elp **A**n anytime (even at **N**ight), **T**ext us for **S**upport.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

There are other support helplines and services that may be useful

- [The Hampton Trust](#) - For help when struggling with Domestic Abuse
- [Kooth](#) – Free, safe, online counselling and emotional wellbeing support service for ages 11- 25.
- [Samaritans](#) - For someone to talk to when you need it most
- Young Minds - Mental Health support for Black people in the UK.
- [Mind](#) - Offers a wide range of support services aimed at helping individuals experiencing mental health challenges
- [ChatHealth](#) - 11-19-year-olds can contact a school nurse for free through the anonymous text service on 07507 332160 Mon-Fri 08:30 - 16:30
- [Quit4Life](#) - Contact the NHS Stop Smoking Service by calling 0845 602 466
- [Catch 22](#) - 24/7 drug and alcohol emergency referral and crisis line for young people by calling 0845 459 9405
- [Lets Talk About It](#) - Information and advice and local sexual health services on their website



This month is Pride Month, which is celebrated every June and commemorates the Stonewall Riots of 1969, a turning point in the LGBTQ+ rights movement.

There are some really great services that have support for those who identify in LGBT+ community:

[Galop](#) - experience in supporting LGBT+ people who are victims of domestic abuse, sexual violence, hate crime, so-called conversion therapies, honour-based abuse, forced marriage, and other forms of abuse.

[Breakout Youth](#) - based in Hampshire and the Isle of Wight. We offer a confidential support service for young people aged 11 to 25, who are lesbian, gay, bisexual, transgender, questioning or unsure of their sexuality or gender identity.