



Hampshire Futures Newsletter July 2025

What can Hampshire Futures offer?

We can help if you are struggling to get into work, education, or training.

We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

Hampshire Futures Website

Our website is full of lots of useful resources that may help you, including:

Interactive Careers Videos – videos where you can explore your career ideas and learn about the different roles that your interests can take you.

Employability Skills - there are lots of resources available to help you with things like CV writing and creating covering letters.

Useful Websites – we have done the hard work for you and found some brilliant websites that can help you in lots of ways. Some of these include quizzes and others are more subject focused.

[Hampshire PALL: All Courses](#)

Youth Voice - Feedback from a young person we've supported recently:

"I wouldn't have gotten to where I am without the help you provided, I am mentally and physically feeling happier with life and myself which I'm so happy about."

Support for SEND

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our [SEND employment and independence hubs](#) bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.





What Comes Next: A Guide to Post-Exam Planning

Congratulations!

You've made it through the exam season—what a relief! Whether you're feeling excited, uncertain, or a bit of both about what comes next, you're not alone.

Figuring out your next steps can feel overwhelming but the good news is there's loads of free support out there to help you explore your options. From career advice to college applications, there are organisations ready to guide you through your choices for the year ahead and beyond.

Our team has put together a few tips and ideas to help you figure out what to do now that exams are over. Whether you're ready to dive into something new or just want to take a breather, there's something here for everyone!

Relax and Recharge:

- Catch up on sleep and allow your mind and body to recover from the stress of exams.
- Spend some time doing activities you enjoy like listening to music, reading or even pursuing a new hobby.
- Spend some time with friends and family.

Reflect and Plan:

- Think about what worked well and what could be improved for when you're next planning for exams.
- Set some goals, whether academic, personal or career-learned to give yourself motivation and direction.
- Explore your options into further education, employment, training, apprenticeships or other opportunities.
- Look into virtual work experiences to see what might interest you.

Manage anxiety and celebrate:

1. Acknowledge your hard work and celebrate your finished exams.
2. Be patient and remember your results take time and focus on what you can control whilst you wait.

Talk It Through!

When you're thinking about your next steps, don't forget to reach out for support. Parents, carers, teachers, and careers advisers are all great people to chat with—they can offer advice, answer questions, and help you explore your options.

Hampshire Futures will be offering a results day support service, see information in banner below.

Results day support
A-levels, T-levels,
BTECs and GCSEs

Got your exam results? Not sure what to do next?

Contact the Hampshire Futures Careers team

Support from our team of careers advisers is available from **9am to 3pm** on:

Thursday **14th** and Friday **15th** August for College and Sixth form students

Thursday **21st** and Friday **22nd** August for GCSE students

Contact us by phone: **03707 796122** or email: **careers.service@hants.gov.uk**





Apprenticeship Vacancies July 2025

Basingstoke and Deane Area

[Business Administrator Apprentice](#) – Energy Decisions Limited

We are looking for a dedicated Business/Marketing student to join our team and help drive the expansion of Energy Decisions and Solar Decisions. This position provides a unique opportunity to obtain practical expertise in marketing and business planning within the renewable energy sector. **Closing Date: Wednesday 30th July.**

[Design Apprentice](#) – SAS International

To work with our team of established Designers and Technicians, learning to undertake design work on a range of development projects. The Apprentice, with the support of their dedicated mentor, will communicate project solutions through the production of 2-dimensional drawings and 3-dimensional models using AutoCAD and Revit. **Closing Date: Monday 25th July.**

[JLR Service Technician/Mechanic Apprentice](#) – Harwoods Limited

We have an exciting opportunity for you to join our team as a Service Technician/Mechanic apprentice, working with vehicles that use some of the most advanced technologies in the world. As a team member in our prestigious retailer, you will be involved in all aspects of vehicle maintenance from routine services to complex diagnostics and repairs. **Closing Date: Sunday 27th July.**

East Hants Area

[Apprentice Beauty Therapist](#) – Champneys Forestmere

As an Apprentice you will work, within a great team, in a rewarding environment at one of Champneys' spa resorts. You will acquire the ability to deliver a 5* guest experience whilst being able to provide a range of beauty treatments to include facials, massage and nails to the highest professional standards. **Closing Date: Thursday 31st July.**

[International Freight Forwarding Specialist \(level 3\) Apprentice](#) – Minerva Global

Minerva Global is a premier player in the commodities market. We are currently seeking a highly motivated individual to join our team. The successful candidate will have the opportunity to learn and develop their skills in a variety of areas, including shipping & logistics, as well as general office administration duties. **Closing Date: Monday 1st September.**

Eastleigh Area

[Service Technician Apprentice](#) – Hendy Group

The role of a vehicle service technician is to maintain, service and repair vehicles to a consistently high standard. This apprenticeship programme is an exciting opportunity to kick start your career with Ford. Duties include servicing vehicles by carrying out checks and maintenance and repairing and replacing faulty parts. **Closing Date: 2nd August.**

[Apprentice Travel Consultant](#) – MS M Dance & Mr Godfrey

Ocean World Travel seeks a Travel Consultant Apprentice to plan dream holidays, book packages, and arrange cruises. Strong communication and customer service skills are essential. Enjoy ship visits and first-hand cruise experiences. A fast-paced, rewarding role for a bright individual passionate about travel and delivering exceptional service. **Closing Date: Wednesday 16th July.**

[Early Years Apprentice](#) – Little Wisp Preschool

Are you looking to train in childcare? A friendly, local preschool (part of a small chain) in Allbrook, Eastleigh is looking for an Early Years Apprentice to join their team. The successful candidate will work and interact directly with children on a day-to-day basis supporting the planning of and delivery of activities. **Closing Date: Sunday 3rd August.**



Apprenticeship Vacancies July 2025

Havant Area

[Hair Professional L2 Apprentice](#) – Charter Cutting Co

If you are excited at the thought of kick start your career in a hair salon with an award-winning team, then look no further. This is a great opportunity for an enthusiastic and eager team member to join a talented team as a Hair Professional Level 2 Apprentice, completing an apprenticeship whilst working and learning on the job. **Closing Date: Wednesday 30th July.**

[Business Administration Apprentice](#)

Do you have a positive, can-do attitude with a genuine passion for delivering a five-star customer service experience? Are you looking for a fulfilling business administration apprenticeship opportunity with plenty of development opportunities? If you are conscientious, trustworthy and reliable, then this is the role for you! **Closing Date: Thursday 31st July.**

Gosport Area

[Nursery Apprentice](#) – E C Roberts Centre

Are you looking to train in childcare? We are a friendly nursery in central Portsmouth is looking for a L2 Nursery Apprentice to join our team. You would be working and interacting directly with children on a day-to-day basis supporting the planning of and delivery of activities.

Closing Date: Sunday 3rd August.

[Business Admin L3 Apprentice](#) – Hampshire Football Association

The Business Administration Apprentice will be an integral part of our dynamic and forward-thinking organisation. This apprenticeship offers a unique opportunity for an individual to gain hands-on experience in various aspects of business administration while working towards a recognised qualification. **Closing Date: Friday 8th August.**

Fareham Area

[Business Administration Apprentice](#)

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Leads Every Day Limited

Leads Every Day Limited are looking for a motivated and professional Business Administration Apprentice to join a dual-brand team in a role that combines sales, customer service, and administration. You'll gain hands-on experience across both the logistics and trade services sectors, offering valuable business insight during your apprenticeship. **Closing Date: Thursday 31st July.**

[Apprentice Test Technician L4](#) – SAAB Seaeye

This apprenticeship presents the opportunity to learn a range of skills. Including hands-on work electrically assembling and testing assemblies, plus the integration of components into larger systems. The successful apprentice may continue their education and gain a role within engineering or production. **Closing Date: Friday 1st August.**



Apprenticeship Vacancies July 2025

Hart Area

[Playworker Apprentice](#) – Core Kids Club

We are looking for enthusiastic individuals to work within our schools and holiday camps. Working alongside our team, you will be caring and supporting children in play, games, activities and sports. You will be creating a stimulating and engaging environment, allowing children to choose how they want to play. **Closing Date: Friday 1st August.**

[Electrical Apprentice](#) – JFK Plumbing and Heating

Electrical apprentice required for an Electrical and Plumbing Company, consisting of commercial works and maintenance for the MOD and other large organisations. **Closing Date: Sunday 24th June.**

New Forest Area

[Outdoor Activity Instructor Apprentice](#) -

Ferny Crofts Scout Activity Centre
Currently has an exciting opportunity available for a 13-month Apprenticeship as a Level 3 Outdoor Activity Instructor. **Closing Date: Tuesday 12th August.**

[Apprentice Beauty Therapist](#) – New Park Manor

As an Apprentice you will work within a great team, in a rewarding environment starting on 32 hours increasing to 40 hours a week, with 20% off the job training. Along your way you will learn anatomy and physiology, salon working practices, professional behaviours and a range of beauty treatments and services to the most professional standards. **Closing Date: Sunday 20th July.**

[Early Years L3 Apprentice](#) – Dell Cottage Day Nursery

Early years practitioner to work at busy home from home style private nursery. Friendly team, flexible hours. You will be involved in the day-to-day care of children, food preparation, and cleaning. **Closing Date: Sunday 3rd August.**

Test Valley Area

[Laboratory Technician Apprentice](#) – Preformed Line Products

In this role, you will provide direct support to production and to the laboratory to ensure products are made to the right quality and level of productivity. **Closing Date: Monday 11th August.**

[L3 Business Administration Apprentice](#) – LWC Drinks Limited

An incredible opportunity to join the UK's largest drinks distributor! In this role you will be working closely with team leaders and managers to ensure all customer's enquiries and internal duties are handled in a professional and efficient manner while undertaking day-to-day operations requirements, ensuring they are met. **Closing Date: Monday 14th July.**

[Business Administration Apprentice](#) – Groundlord

We are looking to train and support an office Administration Assistant Apprentice to support the Operations Team and other senior members of the team with day-to-day office tasks, critical to keeping the business running smoothly. This will be a busy and varied role, working in a small and friendly team where no two days are the same. **Closing Date: Friday 25th July.**



Apprenticeship Vacancies July 2025

Rushmoor Area

ICT Apprentice – Involve Selections

Do you love technology? Do you get satisfaction from fixing things and helping people out? If you're looking for that next step and want to develop your skills then a career with us could be just what you're looking for! We need talented people to join our fantastic team. **Closing Date: Friday 1st August.**

Early Years Apprentice – Poppies Day Nursery

Are you looking to train in Early Years Childcare? Friendly, local nursery in Aldershot, Hampshire is looking for a Level 3 Nursery Apprentice to join their team. Highly trained professionals who play a key role in ensuring that young children learn and develop well and are kept healthy and safe. **Closing Date: Sunday 3rd August.**

Engineering Apprentice – CAPTEC Subsystems Engineering

We seek hardworking, reliable individuals to join our team. You will learn the necessary skills to use a full range of tools to assist engineers throughout the manufacturing process in custom-metalwork engineering and electro-mechanical integration. An apprenticeship at CAPTEC is the beginning of an exciting career in a key technology sector. **Closing Date: Friday 1st August.**

Winchester Area

Childcare Apprentice L3 – Childcare Partnership

Fun is an essential ingredient in all Childbase Partnership nurseries where the care and education opportunities for every child are as extraordinary as our colleagues who provide them. This is your opportunity to be part of the fun and join us as an apprentice at our Maples Day Nursery in Winchester. **Closing Date: Wednesday 3rd September.**

Apprentice Gas Engineer – Roost Heating

Roost Heating is a growing heating company with expertise in the residential housing sector covering Winchester and the surrounding areas. The apprenticeship will be based on installing and maintaining gas appliances, but you will also receive training in plumbing and renewables. **Closing Date: Friday 18th July.**

Sports Turf Grounds Apprentice – King Edward VI School

You'll assist with maintaining sports pitches, gardens, and outdoor areas, learning key skills in groundskeeping. **Closing Date: Friday 18th July.**

Apprenticeship Search Sites

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from [Find an Apprenticeship](#), where you can find others in your area.

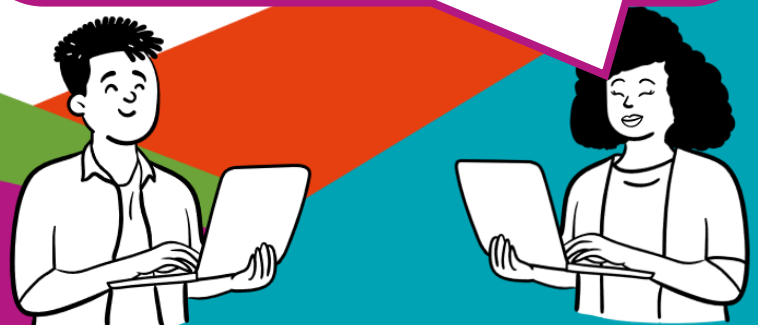
To look for courses you may be interested in check out, [Apprenticeships](#).

Job Hunting Websites

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

- [Indeed](#), [Jobsite](#), [REED](#), [Total Jobs](#).





King's Trust Opportunities July 2025



Hampshire
County Council

Hampshire Futures

[Get Started with Film and Photography | Southampton\(in-person\) | 14th-18th July](#)

On our free Get Started with Film and Photography course, you'll try out hands-on activities, start building a portfolio, and screen your work to an audience – with support from inspirational industry experts. Working with a group of like-minded people, you'll discover your strengths, take on challenges and grow your confidence. You'll benefit from one-to-one support to decide on next steps towards achieving your goals. And you'll receive up to 3 months' support after the course finishes to help you take those steps!

What you need to know:

- Get Started courses are open to young people not in work, education or training.
- The course is completely free and won't affect your Jobseeker's Allowance.
- The course takes place over 5 days, Monday to Friday, during daytime working hours.
- You can meet our staff and ask us questions to help you decide if the course is right for you.

[Enterprise | Business Start-Up Support \(Portsmouth, Southampton and Hampshire - in-person and virtually\)](#)

On Enterprise, you'll develop the skills and knowledge you'll need to launch and grow your business, thanks to free, flexible training and mentoring from business experts.

Throughout Enterprise, you'll have opportunities to apply for Start Up funding to cover start-up costs and grow your business.

You'll benefit from support across three key stages of your business start-up journey: Business Planning, Business Launch and Business Advance.

[Team programme | Portsmouth \(in-person\) | 15th September - 5th December](#)

Join Team, a free 12-week personal development programme, to build confidence, gain skills, and earn a qualification. You'll take part in fun activities, make a difference in your community, get work experience, and improve your CV and interview skills. By the end, you'll be amazed at how far you've come!

[Explore Programme | Portsmouth \(in-person\) | 9th September until 24th October](#)

During Explore, you'll boost your confidence and gain teamwork and communication skills. And you'll receive regular one-to-one support along the way.

Explore is a flexible programme that gives you the chance to lead your own personal development. It can help you move into work, training, apprenticeships and more.

This course is for you if you are:

- Ready to try new things and develop life skills
- Looking for ways to boost your confidence
 - Keen to meet new people
- Excited to improve your teamwork and communication skills
- Not in education, training or employment

Rest assured that joining the programme won't affect your benefits!



Events Happening in the Summer and Volunteering Opportunities

Hampshire is buzzing with events and activities this summer! From lively summer fetes and traditional county shows to fascinating exhibitions, creative arts and crafts workshops, and guided nature walks—there's something for everyone. We've highlighted a selection of events that might spark your interest or even inspire you to try something new.

Please note that not all events are free to attend, so be sure to check any entry fees or booking requirements before you go.



[Andover Artists' Summer Exhibition](#)

Museum of the Iron Age in Andover are hosting an exhibition of artwork from local artist.

From 18th July – 14th September – 10am-4pm

[Firepower at the Fort | 19 & 20 July 2025](#)

FREE big bang weekend to celebrate and commemorate the 80th anniversaries of VE and VJ Day. This will be held at Fort Nelson, Portsdown Hill Road, Portchester, PO17 6AN

A wide variety of markets will be popping up across the New Forest throughout the summer—there's something for everyone to enjoy.

[Hythe Market](#), [New Milton Street Market](#), [Ringwood Town Market](#) and [Lymington Market](#)

[Summer Fayre at the Harrow Way in Basingstoke](#)

Sunday 3rd August from 2:30-5pm.

We recently attended [Breakout Youth](#) “**Uncharted Territory**” event at the [John Hansard Gallery in Southampton](#), where they showcased a powerful journey of self-discovery and identity through the eyes of young people from they work with.

We don't want to spoil the experience, but if you're curious, the exhibition runs until Saturday 30th August—come and explore it for yourself.



Here are some other websites you can explore to find fun and interesting things to do:

[Facebook](#)

[Visit Hampshire](#)

[What's On in the New Forest](#)

[Love Basingstoke](#)

[Hampshire Cultural Trust](#)

[Hampshire Fare](#)

[Things to do in Hampshire](#)

[Eventbrite](#)

[Visit Petersfield](#)



Mental Health Advice and Support

Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteer who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **H**elp **A**n anytime (even at **N**ight), **T**ext us for **S**upport.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

There are other support helplines and services that may be useful

[The Hampton Trust](#) - For help when struggling with Domestic Abuse.

[Kooth](#) – Free, safe, online counselling and emotional wellbeing support service for ages 11-25.

[Samaritans](#) - For someone to talk to when you need it most

[Young Minds](#) - Mental Health support for Black people in the UK.

[Mind](#) - Offers a wide range of support services aimed at helping individuals experiencing mental health challenges

[ChatHealth](#) - 11-19-year-olds can contact a school nurse for free through the anonymous text service on 07507 332160 Mon-Fri 08:30 - 16:30

[Quit4Life](#) - Contact the NHS Stop Smoking Service by calling 0845 602 466

[Catch 22](#) - 24/7 drug and alcohol emergency referral and crisis line for young people by calling 0845 459 9405

[Lets Talk About It](#) - Information and advice and local sexual health services on their website

[Galop](#) - experience in supporting LGBT+ people who are victims of domestic abuse, sexual violence, hate crime, so-called conversion therapies, honour-based abuse, forced marriage, and other forms of abuse.

[Breakout Youth](#) - based in Hampshire and the Isle of Wight who offer a confidential support service for young people aged 11 to 25, who are lesbian, gay, bisexual, transgender, questioning or unsure of their sexuality or gender identity.

