# Hampshire Futures Newsletter February 2025



Hampshire Futures

#### What can Hampshire Futures offer?

We can help if you are struggling to get into work, education, or training.

#### We can:

- Offer you 1-to-1 support and mentoring from a progression coach.
- Help you to develop employability skills e.g., CV writing, interview preparations, application completion.
- Offer you support to understand the full range of opportunities that are available to you, like college, employment, apprenticeships, traineeships, supported internships etc.
- Help you to support you to access personal development opportunities e.g., CSCS Card, Princes Trust.
- Offer other support such as travel training and confidence building.

#### **Hampshire Futures Website**

Have you visited the Hampshire Futures website? It is full of lots really useful resources that may help you, including -

Interactive Careers Videos – videos where you can explore your career ideas and learn about the different roles that your interests can take you.

Employability Skills - there are lots of resources available to help you with things like CV writing and creating covering letters.

Useful Websites – we have done the hard work for you and found some brilliant websites that can help you in lots of ways. Some of these include quizzes and others are more subject focused.

**Hampshire PALL: All Courses** 

#### Who are we and what do we do?

Hampshire Futures is part of Hampshire County Council, one of our roles is to support young people who are looking to return to education, training, or employment. So, if you are a young person in Hampshire, and your 2025 goal is to return to college or find a job/apprenticeship, Hampshire Futures is here to help.

#### **Support for SEND**

Children and young people with SEND (Special Educational Needs and Disabilities) have the same ambitions as their peers, which is why we provide them with appropriate and targeted support.

Our <u>SEND employment and</u> <u>independence hubs</u> bring together workplace and non-workplace learning to develop a flexible programme which focuses on the elements that SEND young people need to gain independence and skills that maximise progression into sustained employment.





# National Apprenticeship Week 10<sup>th</sup> – 16<sup>th</sup> February 2025



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National Apprenticeship Week 2025 will take place from 10th to 16th February. This annual celebration highlights the positive impact apprenticeships have on individuals, businesses, and the economy. The week will feature various events and activities across the country, showcasing the achievements of apprentices and the benefits of apprenticeship programs

For 16–18-year-olds, apprenticeships offer numerous advantages:

- 1. **Hands-on Experience**: Apprentices gain practical skills and real-world experience in your chosen field, making them job-ready.
- 2. **Earning While Learning**: Unlike traditional education routes, apprentices earn a wage while you train, providing financial independence.
- 3. **Career Progression**: Apprenticeships can lead to higher qualifications and open doors to advanced career opportunities.
- 4. **Personal Development**: Young apprentices develop essential soft skills such as communication, teamwork, and problem-solving.
- 5. **Employer Connections**: Apprentices build valuable networks within your industry, enhancing your future job prospects

Are you considering an apprenticeship or know someone who might be interested? As we can offer support with finding a suitable apprenticeship.

There are numerous websites that provide a wealth of information on finding and applying for apprenticeships, as well as everything you need to know:

- National Apprenticeship Week Website
- UCAS Website Learn About Apprenticeships And Find The Right One For You
- Apprenticeships.gov Website
- Amazing Apprenticeships Website - Explore Vocational Education & Apprenticeship Opportunities
- <u>Careerpilot Website</u> -<u>Apprenticeships: What is an</u> <u>Apprenticeship, how much will you</u> <u>earn?</u>

# APPRENTICESHIP WEEK 2025







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#### **Basingstoke and Deane Area**

#### **Apprentice Parts Retailer** - Beadles Group Limited

Co-ordinates parts sale to ensure that customers are always able to have the parts they require when they need them. You will use the company's computer system to log stock movements and produce orders, liaise with colleagues and deal with enquiries from both trade and retail customers. Closing Date: Monday 31<sup>st</sup> March.

#### **Landscaper Apprentice** – Mettagarden

You will immediately be given responsibility to build walls, paving, outdoor kitchens, garden buildings. We firmly believe that you have to learn by doing and we give you plenty of time to practice on real gardens so you will quickly become competent to build quality and efficiently. Our customers are RHS, APL and SGD registered designers. **Closing Date: Friday 28**<sup>th</sup> **February.** 

#### <u>Purchasing/Business Administration Apprentice</u> – A S K Technology

Join a leading electronics manufacturing firm committed to five-star customer service. Learn strategic buying, supplier management, and technical skills across the procurement process. Ideal for Business Administration apprentices with career ambition. Potential for future sponsorship and professional development opportunities. **Closing Date: Sunday 16**<sup>th</sup> **February.** 

#### **East Hants Area**

#### Maintenance & Soft Landscaping Apprentice -

#### **Location Landscapes LTD**

The successful candidate will work with our landscaping teams learning both aspects of soft and hard Landscaping. Duties to include operating machinery, hard and soft landscaping and risk assessments. Closing date: Friday 21st February.

### <u>Customer Service Administration Apprentice</u> – Cheeky Rascals

Are you a dedicated and detail-loving person? Are you keen to learn and develop with an innovative and growing company? If so, this is the role for you. PETA Ltd are proud to be working with Cheeky Rascals to recruit and train a Customer Service Administration Apprentice to support the operations teams to ensure ultimate customer satisfaction. Closing Date: Monday 31st March.

#### Apprentice Beauty Therapist -

#### **Champneys Forestmere**

You will acquire the ability to deliver a 5\* guest experience whilst being able to provide a range of beauty treatments to include facials, massage and nails to the highest professional standards.

Closing Date: Friday 28th February.

#### **Eastleigh Area**

### <u>AAT Accountant Apprentice</u> – Rothmans CF Limited

Are you looking to build a long-term career in Accountancy? Then look no further! Start your career today with a level 3 role with Rothmans CF Limited and Kaplan. You will be gaining valuable workplace experience whilst also working towards the AAT level 3 qualification. Closing Date: Monday 3<sup>rd</sup> March.

### Bodyshop Panel Technician Apprentice -

#### **Steer Automotive Group**

As a Panel Technician you will work within the Collision Repair workshop, demonstrating expert working knowledge in relation to the removal, repair and replacement of vehicle body panels to vehicle manufacturer specification. Closing Date: Friday 14<sup>th</sup> February.



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#### **Havant Area**

#### **Sports Coach apprentice** - Active8Minds

At Active8Minds, we're offering an exciting opportunity as a Level 4 Apprentice Sports Coach. This role is a fantastic chance to advance your career in sports coaching. Apply now to join our team and kickstart your career with Active8Minds! **Closing Date: Monday 3<sup>rd</sup> March.** 

#### **Dental Nurse Apprentice** – J K Dental Surgeries

The apprenticeship in Dental nursing is an 18-month government-funded course. City & Guilds Level 3 Extended Diploma in Dental Nursing. Exciting opportunity for an apprentice dental nurse to join. The role will involve providing chairside support and a high level of oral health care to patients. Closing Date: Saturday 29<sup>th</sup> March.

#### **Volkswagen Service Technician Apprentice** – Peter Cooper Motor Group

Drive your career forward with this exciting apprenticeship opportunity. Our Service Technicians/Mechanics are involved in all aspects of maintenance and repair from routine servicing to complex diagnostics and repairs to our customers vehicles. **Closing Date: Friday 7**<sup>th</sup> **February.** 

#### **Gosport Area**

### Electrical, Control and Engineering Apprentice –

#### Oil and Pipelines Agency

Electrical, Control & Instrumentation Engineering Apprenticeship to join the Electrical, Control and Instrumentation Team at OFD in Gosport. You will not only gain valuable skills and knowledge around Engineering but will also learn all aspects about working within a COMAH Bulk Liquid Operations Site. Closing Date: Monday 10<sup>th</sup> March.

### Engineering Advanced Apprentice – STS Defence

We design, build and integrate cuttingedge technology that enables our armed forces to defend our nation. Whether it's at sea, in the sky or on the ground, we deliver innovative solutions that make a difference. Our apprentices develop through experience, teamwork & training in a workplace that values customer focus, development & empowerment. Closing Date: Monday 30<sup>th</sup> June.

#### **Fareham Area**

### Apprentice Airconditioning Engineer –

Commercial Maintenance Services UK

As an apprentice, you'll work at a company and get hands-on experience. You'll gain new skills and work alongside experienced staff. Closing Date:

Tuesday 1st April.

#### **Apprentice Mechanic** - Motor Medics

We are looking for a mechanic apprentice. Need to be punctual, and hard working. Ideally already enrolled on a relevant college course. Need to have an interest in cars. The candidate will be required to assist the vehicle technician, as well as assisting on MOT tests. Salary: Min wage for an apprentice 8 hr shift - Mon to Fri (1 day at college). Closing Date: Saturday 28th February.

### <u>Accounts and Tax Assistant Apprentice</u> – Alliott Wingham

Are you passionate about finance and eager to develop practical skills while earning a qualification? Look no further than the Accounts and Tax Assistant apprenticeship at Alliott Wingham. This role will work on a varied portfolio of clients including high net worth individuals, owner managed businesses, as well as corporate companies. Closing Date: Monday 31st March.



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#### Hart Area

#### **IT Technical Apprentice – Hart District Council**

Exciting opportunity to launch your career in IT support. Providing general and routine IT support to employees of the council. **Closing Date: Monday 10<sup>th</sup> February.** 

#### **Engineering Apprentice – Cat Pumps UK**

As an apprentice, you'll work at a company and get hands-on experience. You'll gain new skills and work alongside experienced staff. What you'll do at work: Assembly/testing of our high pressure pump/motor units for a key OEM account, Assist with warehouse functions such as fulfilling customer orders, picking and packing, Assist with goods inwards function of receiving and checking products into our business system. **Closing Date: Saturday 1st March.** 

#### **New Forest Area**

#### Marine Electrician Apprentice -

#### The Berthon Boat Company

If you feel you have the enthusiasm, drive and commitment to complete a 4-year apprenticeship, you will have the opportunity to develop your knowledge and skills in a top-quality environment here at the Berthon's Lymington shipyard.

Closing Date: Monday 31st March.

### <u>Grounds Maintenance Apprentice</u> – New Forest District Council

You'll work at a company and get hands-on experience. You'll gain new skills and work alongside experienced staff. What you'll do at work: Apprentice Grounds Maintenance Operative Purpose, Application of pesticides once the appropriate qualification has been achieved, Using machinery including mowers, strimmers and hedge-cutters, Shrub Pruning and hedge cutting. Closing Date: Friday 14<sup>th</sup> February.

#### <u>Precision Engineering Apprentice</u> –

#### **Benham Precision Engineering**

We are offering a great opportunity to progress apprentices and become fully qualified engineers. Manufacturing products for mission and safety critical aerospace and defence applications. College and work experience will develop skills in Health & Safety at work, CNC machining, inspection, and metal finishing techniques. Closing Date: Wednesday 5<sup>th</sup> March.

#### **Test Valley Area**

## Engineering Technician Apprentice – Science and Technology Facilities Council

As a member of the Chilbolton Observatory team you will form an integral part of a small onsite team dedicated to enabling science through development and operation of radar equipment and instruments. From the 25m antenna to rain gauges, we maintain and develop instruments used by scientists from atmospheric science to satellite tracking. Closing Date: Sunday 16th February.

#### **Electrical Engineering Apprentice** –

Murray Technical Services
The Southampton Engineering Training
Association (SETA) is supporting
Murray Technical Services Limited to
recruit a Level 3 Engineering Fitter
(electrical) Apprentice to join their
Engineering team, develop within the
organisation and train in all aspects of
control systems. Closing Date:
Monday 31st March.



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#### **Rushmoor Area**

### <u>Early Years Apprentice</u> – Toad Hall Nursery

This is an excellent opportunity to gain a Level 3 Early Years educator qualification in a Grade 2 'Good' Ofsted rated Nursery. You will be responsible for helping to create an environment in which children's individual needs are met and supporting the Nursery Management Team to ensure that high quality childcare is provided to all, plus more. Closing Date: Friday 28<sup>th</sup> February.

# Business Administrator/Sales Apprentice – Remedy Sport and Recruitment

We are actively looking for an enthusiastic and confident Business

Administrator/Sales Apprentice to join our growing team. We are looking for excellent communication skills a telephone manner and a driven/ determined, self-motivated individual. The role involves admin duties, dealing customers and working in a team.

Closing Date: Thursday 20<sup>th</sup> February.

#### **Winchester Area**

#### L3 Senior Production Chef Apprentice – Ask Italian

A bespoke level 3 apprenticeship programme to launch your career with ASK Italian. We will teach you all about our business with the opportunity to gain a full time Sous Chef Role. Our CEO started out as a Team Member. Closing Date: Friday 28th February.

#### **Childcare Apprentice** –

#### **Childbase Partnership Limited**

Fun is an essential ingredient in all Childbase Partnership nurseries where the care and education opportunities for every child are as extraordinary as our colleagues who provide them. This is your opportunity to be part of the fun and join us as an apprentice at our Maples Day Nursery in Winchester.

Closing Date: Sunday 2<sup>nd</sup> March.

#### **Apprenticeship Search Sites**

The following sites help you find the ideal apprenticeship for you. It does not matter what qualifications you have. There is an apprenticeship for everyone.

All vacancies listed in this Newsletter have been sourced from Find an Apprenticeship, where you can find others in your area.

To look for courses you may be interested in check out,

<u>Apprenticeships</u>.

#### **Job Hunting Websites**

Job hunting isn't an easy task, especially when you don't know where to start.

Below are some of the top Job-Hunting Sites to help you start your search.

- Indeed, Jobsite, REED, Total Jobs.







### **King's Trust Opportunities February 2025**

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#### Marks and Start: Get into Retail

Looking to boost your employability skills and explore retail careers?

Grow your skills and meet new people on our free Marks & Start Get into Retail course with Marks & Spencer. You'll gain a wide range of experience within M&S stores. And you'll receive support from M&S staff that could help you secure a job in retail.

Here's what else you'll get out of the course:

- Gain hands-on professional experience.
- Explore whether a career in retail is right for you.
- Boost your confidence.
- Receive support to write a standout CV.
- Learn strategies to help you ace job interviews.
- Benefit from support from one of our mentors to help you uncover your next steps.

Course format: in-person Location: Southampton Date: 3<sup>rd</sup> – 28<sup>th</sup> March 2025 On Enterprise, you'll develop the skills and knowledge you'll need to launch and grow your business, thanks to free, flexible training and mentoring from business experts.

Throughout Enterprise, you'll have opportunities to apply for Start Up funding to cover start-up costs and grow your business.

You'll benefit from support across three key stages of your business start-up journey: Business Planning, Business Launch and Business Advance.

Enterprise - Business Start-Up Support (Across Hampshire - inperson and virtually)



(Click on the logo to go straight to the King's Trust's website)

#### **Get Started with Health and Fitness**

Course format: in-person Location: Southampton Date: 3<sup>rd</sup> – 28<sup>th</sup> March 2025

On our free Get Started with Health and Fitness course, you'll take part in fun, hands-on activities to help you build your skills – with support from inspirational experts. You'll also discover how health and fitness can benefit your mental wellbeing.

Working with a group of like-minded people, you'll discover your strengths, take on practical challenges and grow your confidence.

You'll benefit from one-to-one support to decide on next steps towards achieving your goals. And you'll receive up to three months' support after the course finishes to help you take those steps!

Explore Programme - Next Session held in-person in Southsea - 11th February - 28th March 2025

Want to start achieving your goals but not sure how to get started? Sign up for their FREE Explore programme.

During Explore, you'll boost your confidence and gain teamwork and communication skills. And you'll receive regular one-to-one support along the way.

Explore is a flexible programme that gives you the chance to lead your own personal development. It can help you move into work, training, apprenticeships and more.



#### **Volunteering and Post-16 Opportunities**

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There are numerous advantages for you to reap when engaging in volunteer opportunities that you may not have previously explored and it isn't just about working in a charity shop:

- Gaining new skills provides an excellent opportunity to learn and develop practical and personal skills. Training and support may also be available.
- Making new friends reconnects you with your community and helps to create new friendships and helps to combat loneliness and isolation.
- Mental and physical health benefits staying active has a positive impact on overall well-being.
- Giving back sharing your time and skills contribute to the well-being of others and strengthens community bonds.
- Building confidence provides a safe space to regain confidence at your own pace.



Havant Youth Hub supports 16–24-yearolds from across the Borough looking for employment, education and training opportunities. We can support with CV writing, interview skills, job applications, confidence building and much more. We have some exciting events taking place during May including Job Applications workshops, National Careers Service appointments and an NHS workshop on independent living and budgeting.

Please visit our website and use the referral form to book your appointment:

https://linkupyouthhub.co.uk/

### Search for volunteering opportunities for you:

New Forest National Park
Authority – Volunteer with local
organisations

**Doit - Doit volunteers** 

Volunteer First – <u>Volunteering</u> <u>opportunities throughout</u> <u>Hampshire</u>

National Trust - <u>Volunteering in</u> <u>Hampshire</u>

Get Volunteering – <u>Local</u> <u>volunteering opportunities near</u> Winchester, Hampshire

Hampshire and Isle of Wight Wildlife Trust – Volunteering Opportunities

NCS - How To Get Into Volunteering

Hampshire County Council – Volunteering Opportunities

Hampshire & Isle of Wight Fire & Rescue Service - Volunteering
Opportunities



Saints Foundations - Saints Works aims to help 16 to 25-year-olds not in education employment or training, developing their employability and life skills so they can take their first steps. The project runs in 12 week cycles, so a member of the team will be in contact to discuss the next suitable cohort for you: Saints Works | Southampton FC Official

### **Mental Health Advice and Support**



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#### Local mental health services partners with Shout

Hampshire and the Isle of Wight's NHS 111 Mental health triage team run by Southern Health NHS Foundation Trust, have partnered with 'Shout' to provide in the moment of mental health support to those in the local community.

People who live in Hampshire and the Isle of Wight can now text 'HANTS' to 85258 to be connected to a trained volunteered who can help with anxiety, stress, loneliness, or depression. The key word 'HANTS' represents an acronym for **H**elp **A**nytime (even at **N**ight), **T**ext us for **S**upport.

Shout's trained volunteers are there for you **24/7** to listen and support you to get to a calmer and safer place. Shout is a free, confidential, anonymous service for anyone in the UK. It won't show up on your phone bill.

#### Kooth - Online Counselling for 11-25 year olds.

Kooth is a free, safe, online counselling and emotional wellbeing support service for ages 11- 25. Young people can use the website anonymously to access a range of FREE support including 1:1 text- based counselling, 24h messaging to our team of practitioners, journal and goal setting spaces, support forums and helpful articles on wellbeing and current affairs. Young people can self- refer online at any time by visiting <a href="www.kooth.com">www.kooth.com</a>. Kooth is commissioned primarily by the NHS and is the only digital service of its kind to be accredited by the British Association of Counselling and Psychotherapy.



#### **Managing Mental Health**

We recommend checking out resources available on Mind, and Young Minds,. They aim to help people understand, accept, and take care of their Mental Health.

Mind have a large selection of resources and suggestions tailored to young people. They offer support and advice for a variety of topics.

Young Minds provides advice and support for many situations young people face. From gender identity to concerns at school, they cover every topic in a considerate and respectful way.

#### Helplines

For help when struggling with Domestic Abuse: The Hampton Trust

For someone to talk to when you need it most: <u>Samaritans.</u>

Support for the LGBT+ community: Galop

Mental Health support for Black people in the UK: Young Minds.