



16

Vocational Profile Pre-16



	<p>Name</p>		<p>school</p>
	<p>Advisor's Name</p>		<p>Date Profile Started</p>
	<p>Reviewed</p>		

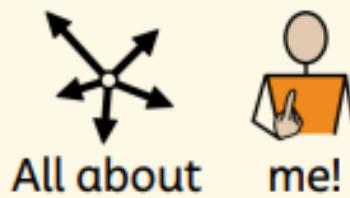
Please type / handwrite / use voice to text (shortcut: Windows key plus H)



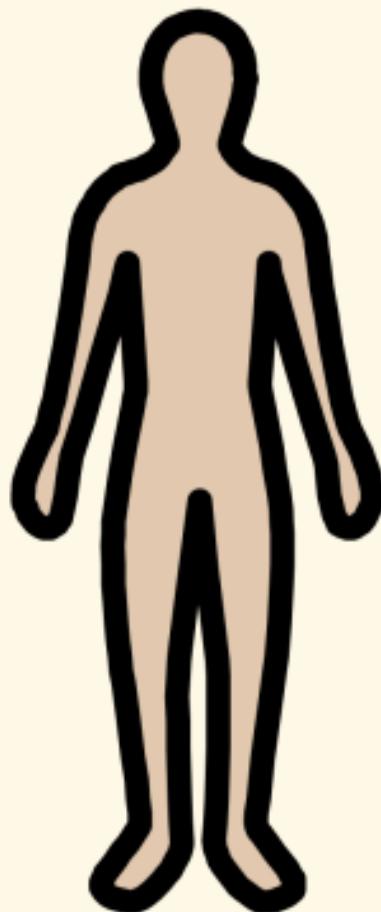
Name: _____



Date: _____

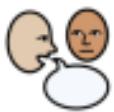


Cut and paste the symbols on page 2 that best reflect you!





Quiet



Chatty



Shy



Confident



funny



Moody



Cheerful



Anxious



Loud



work hard



wants to do well (ambitious)



caring



friendly



sociable



like being on my own



like people



Quiet



Chatty



Shy



Confident



funny



Moody



Cheerful



Anxious



Loud



work hard



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like being on my own



like people



Name: _____



Date: _____

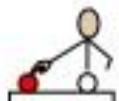
 + 

Hobbies and Interests



Tick

all



that



apply:

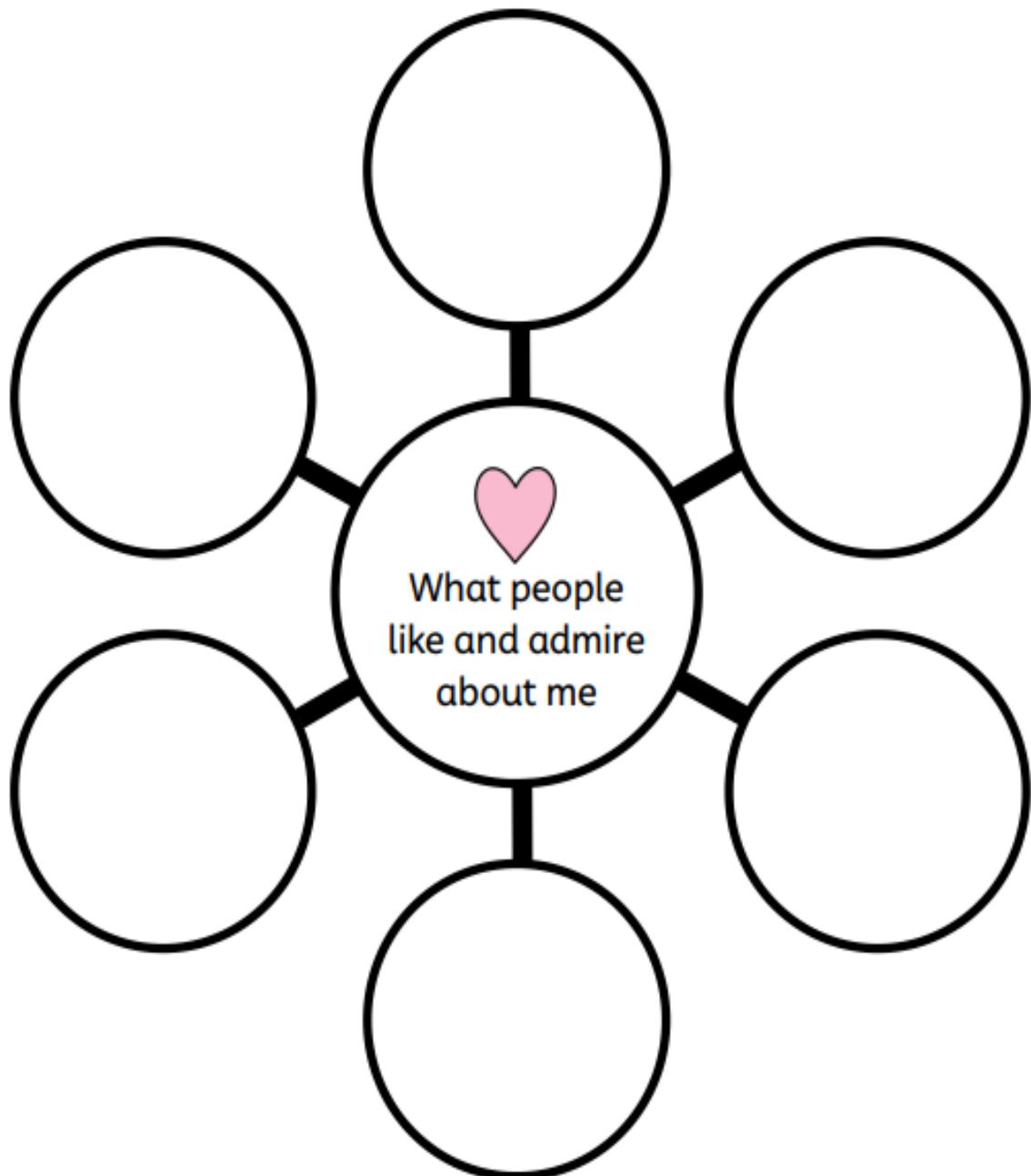
Cinema 	Parks 	Sports 	
Gaming 	Family time 	Music 	
Eating out 	Animals 	Reading 	
Other hobbies: (please write below)			



Name: _____



Date: _____



If there are any circles you agree with and also like / admire

about yourself, colour them in using your favourite colour.

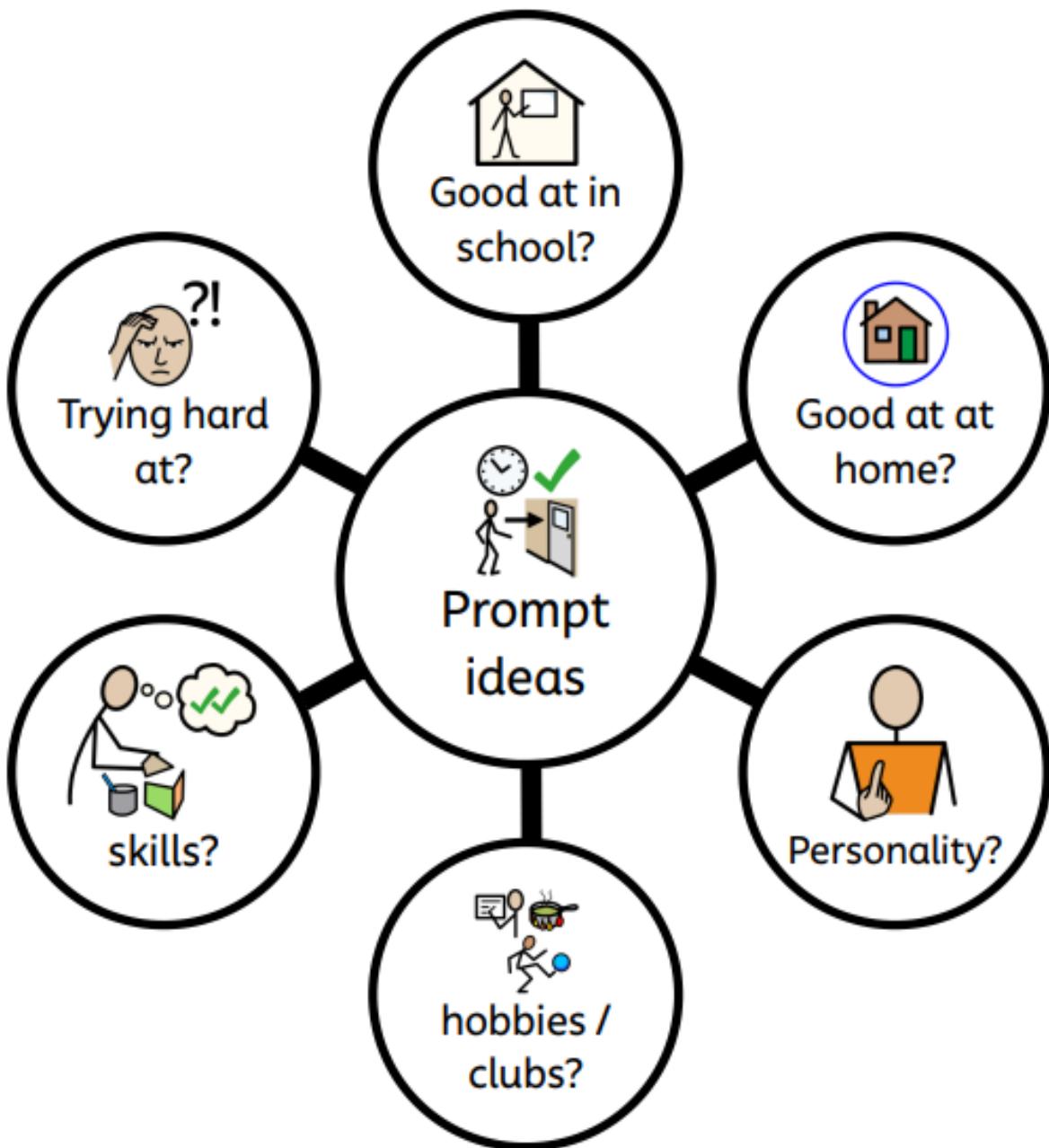


Name: _____



Date: _____

Ideas to help prompt.



Name: _____ Date: _____



Healthy Habits

 Tick the answer that best applies to you:



Too much

Too much

Too much

Not enough

Don't have one

Not enough

Just right

Just Right

Just right



I do loads

Eat lots

Drink lots

I do none

Eat none

Drink none

I do a bit

Eat some

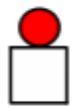
Drink some



Name: _____



Date: _____



On



a scale

1 - 5



1 - 5, please



choose.



How confident are you?

1



2



3



4



5



How motivated are you?

1



2



3



4



5



How well do you communicate with others?

1



2



3



4



5





Name: _____



Date:



What is helpful at school?



helpful



at



school?



Cut and Stick



Helpful



Not helpful



Name: _____

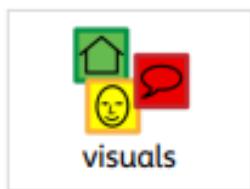


Date: _____

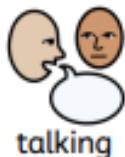
What is helpful at school?



Cut out answers



visuals



talking



sitting



moving



fidget



quiet space



friend



teacher



laptop



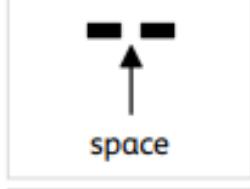
timetable



headphones



music



space



touch



drink



snack



sleep



breaks



noise



music



questions



time



reader



mindfulness



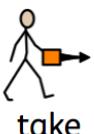
Name: _____



Date: _____



Health: Medication



I take medication:



I don't



I take it on my own



I need some help



An adult does it for me



How



comfortable



do you



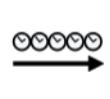
feel



about

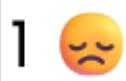


sitting down



for a long time?

1



2



3



4



5



How



confident



are you

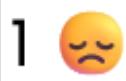


walking



/ moving?

1



2



3



4



5



How



confident

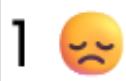


are you



lifting?

1



2



3



4



5



Do you

have

trouble

with

any

of the

following?



Allergies



Yes



No



Hearing



Yes



No



Crowds



Yes



No



Sight



Yes



No



Smells



Yes



No



Touch



Yes



No



Lifts



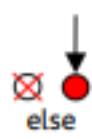
Yes



No



Anything



else

to add?



Name: _____



Date: _____



Communication



I



communicate



best



with:



Speech



Signing



Symbols



Electronic Device



Other



I



learn



best



with:



tell me



show me



a list



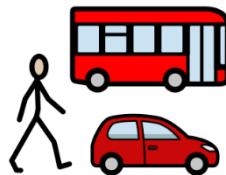
pictures / symbols



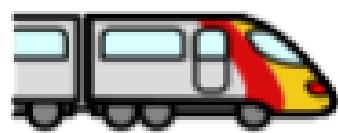
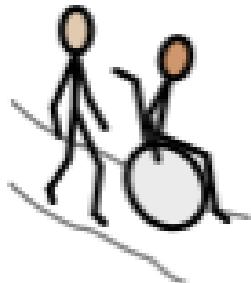
Name: _____



Date: _____



Travel



never
on own
with support

never
on own
with support

never
on own
with support



never
on own
with support

never
on own
supervised

never
get lift
would like to
learn one day!



Name: _____



Date: _____



Money

Which way
do you
prefer
to
use
Money?



Cash



Card

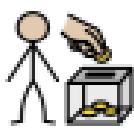


Phone



App

Do you
have
your own:



Pocket Money



Bank Account

How
Confident
do you
feel
using
money
independently?

1



2



3



4



5





Name: _____



Date: _____



Time

? How do you tell the time?



Phone



Watch



Analogue



Digital



Adult



Can



you

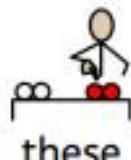


read



any

of



these



times?





Name: _____



Date: _____



Thinking about getting a job

Circle any that are important to you.



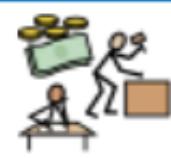
learn new skills



college



apprenticeship



job



home



own business



go abroad



family



travelling



money



friends



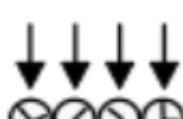
team



work at own pace



help others



routine



feel safe



feel valued



quiet place



busy place



independent



accepted



hands on



clean place



supported



Name: _____



Date: _____



Would be ok at work



busy



quiet



work outside



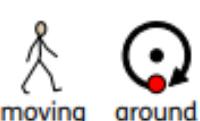
work inside



work alone



teamwork



moving around



sitting



Would dislike at work



work outside



busy



quiet



work alone



teamwork



moving around



sitting



Name: _____



Date: _____



Planning



your



future



career



Using the photos on the next page and different coloured



pens/highlighters do the following:



Highlight any work places you have visited.



Highlight any job areas that interest you.



Highlight anywhere you have done work experience /



volunteering.



Highlight any jobs you think best fit your skills.



Admin / Office 	Animal Care 	Art 
Beauty & Wellbeing 	Catering 	Caring for people 
Childcare 	Cleaning 	Construction 
Computing & digital media 	Customer service 	Emergency and uniform services 
Environment 	Engineering 	Gardening 
Hospitality 	Maintenance 	Performing Arts 
Retail (shop) 	Science / laboratory 	Social care 
Sport & Leisure 	Transport 	Warehouse / delivery driver 
Other:		





Name: _____



Date: _____



Vocational



Profile



Review



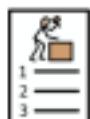
My view:



Views of my VIPs:



Feedback from Work experience:



Next steps?



I feel:



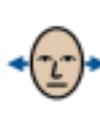
positive



OK



same



negative



Name: _____



Date: _____



Vocational



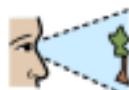
Profile



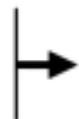
Review



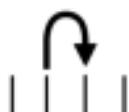
My view:



Views of my VIPs:



Feedback from Work experience:



Next steps?



I feel:



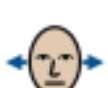
positive



OK



same



negative



Name: _____



Date: _____



Vocational



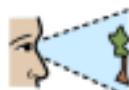
Profile



Review



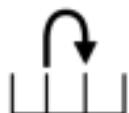
My view:



Views of my VIPs:



Feedback from Work experience:



Next steps?



I

feel:



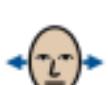
positive



OK



same



negative