



# Adult Tailored Learning (ATL)

## Learner Impact Form 2024/2025

This form is to be used by tutors to document a learner's / or group of learners' experience on their course and showcase the **impact** that it had upon them.

Once completed, please email this form to [adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk).

<b>Tutor Name:</b> Susie Higgs			
<b>Provider's name:</b> Hampshire Achieves			
<b>Course attended:</b> Skills, Health & Wellbeing Course Gosport			
<b>Course Start Date:</b>	3 June 2025	<b>Course End Date:</b>	24 June 2025

### Did this course help the learner / learners to: (tick all that apply)

Progress towards employment ☒

Improve their health and wellbeing (including mental health) ☒

Support their child's learning ☐

Develop / engage in their local community ☒

Improved their maths, English or digital literacy skills (including ESOL) ☒

Progress to further learning ☒

Raise their awareness of sustainable living / energy efficiency ☐

Did this learner / group of learners give written consent to share their name and details of their learning journey / impact for publicity purposes? Would this learner / group of learners be happy for a member of Hampshire County Council's Adult Tailored Learning Team to contact them? Please tick one of the options shown below:

1. <b>No</b> , they <b>do not</b> want their name or personal details included in this Impact Statement (please remove any identifying information)	No
2. They <b>do not</b> want to be contacted, but have given written consent to use the details shown below	No
3. <b>Yes</b> , they are happy to be contacted by Hampshire County Council's Adult Tailored Learning Team for more information (please include contact details below):	No
<b>Learner's email address:</b>	
<b>Learner's telephone number:</b>	



Please tell us why you think this learner's story, or group of learners' stories is important to share.

We would like to know **what impact** the course had, or what difference it made to them. Please feel free to include any photographs, work products, learner comments etc. below:

This four-week adult learning programme aimed at 30–60-year-olds living in some of the most deprived wards in Gosport. It was run in partnership with Public Health, Citizen's Advice, DWP, Mind, Walking for Health and the Places Leisure. The programme was developed around the five ways to wellbeing:

- Connect
- Take Notice
- Be Active
- Keep Learning
- Give to Others

Learners were given the opportunity to take part in physical activities, discussions, find out about local services and use a computer to access information and self-directed learning.

They particularly enjoyed a walk lead by Walking for Health around Walpole Lake to connect with nature and to get to know one another outside the classroom environment.

- 100% of learners strongly agreed that they enjoyed the course
- 100% of learners strongly agreed that they were supported to achieve their goals
- 100% of learners strongly agreed that they were given feedback that helped them improve
- 100% of learners strongly agreed that they felt safe, respected and valued on the course
- 100% of learners strongly agreed that they were given support in choosing their next steps
- 100% of learners strongly agreed that this course gave them more confidence to make changes
- 100% of learners strongly agreed that the course gave them the right information to make changes.

This group continued to support one another after the course ended by meeting for an exercise session with the fitness instructor and also staying connecting through a WhatsApp group to arrange regular meet-ups.



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If the learner would like to add any additional information, comments or feedback about the **impact** that the course had on them, please use the section below:

- *"A really fun enjoyable, fun and informative course. I can see how all our confidence has improved since the first week"*
- *"I enjoyed meeting and connecting with others, whether that is someone on the course like me, or others that inspire"*
- *"Susie has been so lovely – made me feel comfortable and safe. Very relaxed environment"*
- *"I have enjoyed it and will be more active"*
- *"I feel more confident in all aspects of life"*
- *"Definitely my self-confidence has improved. It's given me the confidence to start a college course"*
- *"I enjoyed spending time with the other ladies on our journey together"*
- *"I absolutely enjoyed the course. Best compliments to the most wonderful facilitators Helen & Susie"*
- *"This course through the wonderful facilitators helped me to feel more confident, fearless and not scared to take risks no matter what the outcome is. Also, I connected with like-minded people where my opinion was listened too"*
- *"I enjoyed Helen's coaching for jobs/work. Budgeting and knowing how to reduce utility bills. The fitness training. The confidence boost. The interactive activities. Connecting with other learners"*
- *"I enjoyed the people and learning (all of it) and the two ladies Susie & Helen"*
- *"I have enjoyed it all but most of all meeting new people"*
- *"I feel more confident. I have learned lots and skills to help get a new job"*
- *"This course helped my employment skills, better support for employment opportunities"*
- *"I enjoyed meeting a new community"*
- *"This course helped me to find different ways of getting back on track"*
- *"I enjoyed connecting with others"*
- *"I've met a new community"*

Thank you for completing this Learner Impact Form. If you would prefer to submit an audio recording or video, please contact [adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk).

To view **Learner Impact Stories** please visit:

[Adult Tailored Learning Impact Stories \(participationandlifelonglearning.co.uk\)](http://participationandlifelonglearning.co.uk)



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