

# Post 16 Foundation Offer



Courses without a specific start date will start during the Autumn term. Usually starting in the first or second week of September.

Most courses are full time, this means 12hrs + a week.

For further information on courses or places of study please contact the provider directly.

Any study programme of 150 hours or more must include English and Maths where appropriate.

Some courses listed below are part of a programme of education. After the completion of one course there will be the option to progress to the next level.

The term EHC Plan is used in this document to mean Education, Health and Care Plan.

Site	Course Details	Entry Requirements	Duration	Outline	Qualification	Progression
<b>Basingstoke College of Technology</b>	<a href="#">Employability</a> Course Code: VF06 Full time Location: Basingstoke Start date: 08/09/2025	None/EHC PLAN  You need to bring your EHC PLAN (or draft assessment paperwork) to your interview	1 year	<p>The course will lead to the NCFE Level 1 Employability Certificate and will include supported work placement to develop your work skills in a safe and understanding environment.</p> <p>The Course will include regular speakers and sessions from people in industry. You will also be given a 'job coach' who will support you into employment.</p> <p>You will also study English and Maths.</p> <p>The course will be assessed through portfolio and evidence.</p>	NCFE Level 1 Employability Certificate	Employment or apprenticeship.
<b>Basingstoke College of Technology</b>	<a href="#">Entry Level 3 Certificate in Personal and Social Development</a> Course Code: VF16 Full time Location: Basingstoke Start date: 08/09/2025	None (Maths and English to be studied alongside if needed)	1 year	<p>This course is aimed to support you by developing your skills and confidence. It aims to help you become more independent and prepared for the future.</p> <p>The course covers a range of topics including goal setting, managing finances, social communication, healthy lifestyles, teamwork, independence and problem-solving.</p> <p>The course will be assessed through in-class work and evidence.</p>	None	Further study, apprenticeship, employment and supported internship

<b>Basingstoke College of Technology</b>	<a href="#">Foundation Pathways</a> Course Code: VF09 Full time Location: Basingstoke Start date: 08/09/2025	Completion of initial assessment	1 year	<p>This full-time course will provide one-to-one support to help you transition to the next step which could be an apprenticeship or a Level 2 course.</p> <p>The course incorporates English, maths, personal development and life skills which are studied alongside a mainstream vocational course which includes work experience.</p> <p>The course will be assessed through portfolio and evidence.</p>	Progression to Level 2	Level 2 courses Work and apprenticeship
<b>Basingstoke College of Technology</b>	<a href="#">Future Pathways</a> Course Code: VF07 Full time Location: Basingstoke Start date: 08/09/2025	Completion of initial assessment	1 year	<p>As well as helping you achieve your GCSE English and Maths qualifications, you will learn employability skills, undertake 35 hours of work experience, and get the opportunity to try different courses every half-term up until Easter, at which point you can then choose the subject you would like to study at Level 2.</p> <p>The Future Pathways programme will have timetabled activities for about 18 hours each week during term time.</p> <p>BCoT will support you in finding an appropriate placement.</p> <p>You will get to choose from the following technical skill areas:  Animal Management  Automotive  Beauty Therapy  Business  Construction</p>	Level 2 in English and Maths.	Level 2 course or apprenticeship

				<p>Computing and IT  Early Years and Childcare  Hair and Barbering  Health and Social Care  Hospitality and Catering  Media and Games Design  Public Services  Sport  Travel and Tourism</p> <p>English and Maths are assessed through exams and coursework.</p>		
<b>Brockenhurst College</b>	<a href="#">Continuing Education</a> Corse Code: 207910 Full Time Location: Brockenhurst Start date: 06/09/2	EHC PLAN  You need to bring your EHC PLAN (or draft assessment paperwork) to your interview.	1 year	<p>Our Continuing Education course is designed to help you move on from school and become more independent. This means learning important life skills.</p> <p>This is a one-year programme, depending on your ability and level of achievement.</p> <p>You will work towards a certificate in either Personal Social Development or Vocational Studies. Your Study Programme will be made up of three full days a week.</p> <p>You will have your own timetable, which will include Vocational subjects, English, Maths and Enrichment opportunities.</p>	None	Reviewed with EHC Plan to decide on next steps
<b>Brockenhurst College</b>	<a href="#">Learning, Progression and Independent Living Skills</a>	None / EHC PLAN  You need to bring your	1-2 years	You will study one subject in depth, which will help to increase your confidence, personal skills and your ability to work and achieve your potential.	Entry 3 / Level 1	Progress to STTEPs  Supported Internships

	<p>Course code 202668 Full Time Location: Brockenhurst Start date: 08/09/2025</p>	<p>EHC PLAN (or draft assessment paperwork) to your interview.</p>		<p>Subject areas include Hospitality &amp; Catering, Creative Arts &amp; Graphics, Media &amp; Business, Multi Skills and Independent Living Skills.</p> <p>You will also continue to study Maths and English and benefit from Enrichment opportunities.</p>		
<p><b>Brockenhurst College</b></p>	<p><a href="#">Level 1 certificate in Digital Media</a></p> <p>Course code: 207912 Full Time Location: Brockenhurst Start Date: 08/09/2025</p>	<p>None / EHC PLAN If you have an EHC PLAN (or draft assessment paperwork) please bring it to your interview.</p>	<p>1 year</p>	<p>This learning opportunity is designed to teach you the skills that will help you get a job, Apprenticeship or Pre-Apprenticeship Certificate for Employment (PACE), or move up to a Level 2 course.</p> <p>Units you may study include photography, creating a storyboard, designing interactive presentations, being organised and developing a personal progression Plan.</p>	<p>Level 1</p>	<p>If achieving a MERIT can move to Level 2 course</p> <p>Apprenticeship</p>
<p><b>Brockenhurst College</b></p>	<p><a href="#">Level 1 in Certificate in Health and Social Care</a></p> <p>Course code: 207911 Full Time Location: Brockenhurst Start Date: 08/09/2025</p>	<p>None / EHC PLAN If you have an EHC PLAN (or draft assessment paperwork) please bring it to your interview.</p>	<p>1 year</p>	<p>This learning opportunity is designed to teach you the skills that will help you get a job, Apprenticeship or Pre-Apprenticeship Certificate for Employment (PACE), or move up to a Level 2 course.</p> <p>Units you may study include finding out about Health and Social Care, communication skills, providing a creative activity when caring for people, being organised and developing a personal progression Plan.</p>	<p>Level 1</p>	<p>If achieving a MERIT can move to Level 2 course</p> <p>Apprenticeship</p>

<b>Brockenhurst College</b>	<a href="#">Work Skills</a> Course code: 207951 Location: Brockenhurst Start Date: 06/09/25	None / EHC PLAN 2 years in Foundation Studies	1 Year	This programme is designed to equip you with the skills and qualities you need to work towards gaining employment. This will include Maths and English classes.  You will participate in a variety of core units that will help you develop skills in selecting and applying for a job, participating in an interview, health and safety at work and work-related skills and behaviours. You will participate in a weekly work experience placement.		Supported Internship or apprenticeship.  Employment / Adult Inclusive community Course
<b>Brockenhurst College</b>	<a href="#">Professional Cookery and Food and Beverage Service</a> Course code: 207913 Full Time Location: Brockenhurst Start Date: 0/09/2025	Minimum entry requirements. Two GCSEs at grade 2 or above or equivalent.		If you want to learn practical skills and theory in the areas of professional cookery and food service, then this is the course for you.  As a student you will regularly cook dishes and serve them to members of the public in our training restaurant.  This hands-on experience will help you refine your skills and grow in confidence.  You will spend 80% of your time undertaking practical tasks and the remaining 20% in the classroom learning theory.	Level 1	Employment, apprenticeship, or opt to undertake higher level study.
<b>Farnborough College of Technology</b>	<a href="#">Focus on Life Skills</a> Course code: FOLFSK Full Time Location:	None	2 years	The aim of this programme is to provide you with the opportunity to develop transferable communication skills and generic work skills. You will have the chance to take part in a supported work experience.  Studies include: Transferable work skills		Voluntary work, supported employment, further education

	Farnborough Campus Start Date: 08/09/2025			Cooking and independent living skills Projects across the wider college ICT and embedded English and Maths		
<b>Farnborough College of Technology</b>	<a href="#">Pathways to Independence: First Step and Next Step</a>  Course Code: PATHWY Full time Location: Farnborough Campus Start: 08/09/2025	None	1 year	The aim of the course is to enable you to gain work skills, improve social skills and gain independence whilst trying out a variety of vocational options and attending supported work experience.  The classes are small and friendly with learning support available.  The course consists of two-years: First Step and Next Step.  There are weekly tutorials that are held with students, parent/carers and relevant support agencies to discuss future steps reviews.		Level 1 programme, Supported Internship/ employment or paid work
<b>Farnborough College of Technology</b>	<a href="#">Vocational Introduction to College</a>  Course Code: VICS Full time Location: Farnborough Campus Start: 08/09/2025	None	1 year	This course is designed to support you if you have achieved GCSEs grade F or G/1 or have worked on Certificates of Achievement, Asdan or OCR and who may have required additional learning support during your time at mainstream or specialist secondary schools.  The course is taught in small friendly learning groups with learning support available.  The aim of the course is to enable you to develop the personal independence,	Edexcel BTEC Certificate in Personal and Social Development	Level 1, employment or continued vocational studies

				<p>confidence, skills and knowledge they need to progress to Level 1 in your chosen vocational area.</p> <p>There are study support classes included in the timetable to help students develop important independent study skills.</p> <p>You will have the opportunity to try work experience on this course.</p>		
<b>HSDC Alton</b>	<p><a href="#">Preparing for Adulthood</a></p> <p>Course Code AFY- VOSPFA/C01 Location: Alton Campus</p>	None	1 year	<p>This course is designed to help prepare you for independence, to develop skills and give you the opportunity to learn at your own pace.</p> <p>This course will give you the opportunity to study a variety of courses designed around the preparing for adulthood agenda: Customer Service Skills Friendships and Relationships Healthy Lifestyles Independent Living Skills Social Inclusion</p> <p>You will be assessed through set tasks, set for you by each teacher including observations by them. Your written work and photographic evidence will be collated in a portfolio for assessment.</p>		
<b>HSDC Alton</b>	<p><a href="#">Steps into Work (Pre-Supported Internship)</a></p>	None	1 year	<p>This course is aimed at helping prepare you for work through enterprise activities, work experience and employer visits, as well as developing your employability, English and Maths skills in the classroom.</p>		Supported Internship, paid work, voluntary work and further supported

	<p>Course Code AFY- PRINL1/C01 Full time Location: Alton Campus</p>			<p>As part of your course, you will be expected to take part in regular work experience (one day a week) either within the College setting or another voluntary organisation or business, to develop your confidence and skills in the workplace.</p> <p>Employability skills: Learning about what employers expect Develop your own skills and qualities Customer service team building Problem-solving –</p> <p>You will be expected to set up and run enterprise events. Alongside this your will be engaging in English and Maths tutorials.</p> <p>Projects and assignments will consist of a portfolio of work that will be assessed and marked by the lecturer.</p>		<p>employment training.</p>
<p><b>HSDC Alton</b></p>	<p><a href="#">Expressions Creative Art Programme</a></p> <p>Course Code AFY- PAPEE2/C01 Location: Alton Campus</p>	<p>None</p>	<p>1 year</p>	<p>The Expressions Creative Programme is the course for you if you have an enthusiasm for the arts.</p> <p>As well as experiencing lessons in Drama, Dance, Music and Art, you will develop your independent life skills and abilities in English and Maths.</p> <p>You will also have the opportunity to take part in work experience placements or enterprise activities as well as weekly enrichment options.</p>	<p>Arts Award Discover Entry 2 / Arts Award Explore Entry 3</p>	<p>Vocational Studies, Supported Internships</p>

				<p>There will be opportunities to attend theatre trips, visits and workshops throughout the year.</p> <p>You will generate a portfolio of evidence through different means.</p>		
<b>HSDC Alton</b>	<p><a href="#">Supported Internships</a></p> <p>Course Code AFY- SINTNO/C01 Location: Alton Campus</p>	None	1 year	<p>Our supported internship is a one-year course and is designed to build on your existing skills and interests.</p> <p>You will undertake a work placement with a relevant local employer for a minimum of 11 hours a week across the academic year (inclusive of usual academic holidays to give a real experience of work), whilst receiving support from your job coach.</p> <p>In addition to this, you will also attend college one day a week to work on your English and Maths skills, review your progress, attend tutorial sessions and develop employability skills.</p> <p>You should leave the course ready for employment and have a clear idea of their career pathway going forward.</p>		<p>Paid work (full or part time), traineeship, Apprenticeship, voluntary work and further training in work preparation skills</p>
<b>HSDC Alton</b>	<p>Vocational Studies Entry 2</p> <p>Course Code AFY- VOSTE2/C01</p>	None	1 year	<p>This qualification allows a mix of life skills and vocational options. At the end of this course, you will be ready to make a progression choice to further education at a higher or more specialist level or be ready to enter adult life with skills to live more independently.</p>	BTEC Introductory certificate Level 1	<p>Employment, level 2 course, Supported Internship</p>

	Location: Alton Campus			<p>You will be able to sample a range of vocational areas such as art, sports, catering and horticulture. In addition, you will get the chance to improve your functional skills in English, Maths and IT.</p> <p>You will also have the opportunity to take part in work experience placements or enterprise activities as well as weekly enrichment options.</p> <p>The course also incorporates learning a range of independent living and social communication skills.</p>		
<b>HSDC Alton</b>	<a href="#">Vocational Studies Entry 1</a> Course Code: AFY-VOST1C/C01 Location: Alton Campus	None	1 year	<p>This course gives you the opportunity to study a broad curriculum, develop future career ideas and solidify and develop study skills.</p> <p>On this course you will complete the BTEC Level 1 Introductory Certificate or Diploma in Vocational Studies Qualification. This qualification is focused on a range of vocational areas and students have a choice of units to complete to facilitate progression and enable career pathways to be considered.</p> <p>You will be able to try out a variety of different subject areas to help you focus on what you would like to do in the future. Whilst doing this you will improve your English, Maths and ICT in weekly lessons.</p> <p>The course also allows for some work experience placements and enterprise activities.</p>		Further education at a higher or more specialist level. Progression to BTEC Entry Level 2

				<p>This course would suit you if you may not have achieved sufficient GCSE results to get on to a Level 2 course or may have some specific support needs.</p>	
<p><b>HSDC Alton</b></p>	<p><a href="#">Vocational Studies Entry 3</a></p> <p>Course code: SFY-VOSTE3/C01 Location: Alton Campus</p>	<p>Entry Level 2 or equivalent qualifications and satisfactory English and Maths screening.</p>		<p>You will study core units in IT, Enterprise and Citizenship, together with a range of units to choose from that offer an experience of different vocational areas.</p> <p>These optional units could include: Animal care Art &amp; creative media Care Catering Engineering Hair &amp; beauty Horticulture Practical skills Sport</p> <p>If you have not yet achieved Level 2 in English and Maths, you will continue to develop your skills through Functional Skills or GCSEs, depending on grades already achieved in these subjects.</p> <p>Vocational Studies Entry Level 3 is structured to prepare you for personal progression, working life, social inclusion and to build confidence levels.</p>	<p>Vocational Studies Level 1, or another vocational area of your choice at Entry Level 3 or Level 1.</p> <p>Some students with an EHC Plan may also progress onto the pre-internship or supported internship.</p>

<b>HSDC</b>	<a href="#"><u>SKILLS FOR INDEPENDENCE &amp; WORK - ENTRY 2</u></a>  Course Code: SFY-VOSTE2/C01 Location: South Downs Campus	None	1 year	<p>The course focuses on developing employability and enterprise skills while promoting personal and social development and independence.</p> <p>This course is designed around the 'Preparing for Adulthood Outcomes' of, independent living, good health, friendships and relationships, employability and social inclusion.</p> <p>You will get the chance to try out a variety of vocational subjects and participate in a range of enterprise activities. You will have lots of support to help you to focus on and Plan for what you would like to do in the future.</p> <p>On this course, you will be helped to improve your everyday Maths and English skills.</p> <p>The course has small group sizes compared to standard college courses and will also include learning support in class (shared or one-to-one, dependent on EHC PLAN requirements).</p>		Entry 2, Entry 3, a Supported Internship, paid work, voluntary work and further supported employment training.
<b>HSDC</b>	<a href="#"><u>PREPARING FOR ADULTHOOD</u></a>  Course Code: SFY-VOSPFA/C01 Location: South Downs Campus	ECH PLAN	1 year	<p>This course is designed to help you prepare you for independence, to develop skills and give you the opportunity to learn at your own pace. This course will have slightly smaller class/group sizes than the other.</p> <p>Entry courses and will also include learning support in classes and support at break and lunchtimes.</p>		Voluntary work, further studies.

<b>HSDC</b>	<a href="#">Vocational Studies</a>  Course Code: SFY-VOSPFA/C01 Location: South Downs Campus	Entry 2 (maths and English)	1 year	<p>You will study core units in IT, Enterprise and Citizenship, together with a range of units to choose from that offer an experience of different vocational areas.</p> <p>These optional units could include:  Animal care  Art &amp; creative media  Care  Catering  Engineering  Hair &amp; beauty  Horticulture  Practical skills  Sport</p> <p>If you have not yet achieved Level 2 in English and Maths, you will continue to develop your skills through Functional Skills or GCSEs, depending on grades already achieved in these subjects.</p> <p>Vocational Studies Entry Level 3 is structured to prepare you for personal progression, working life, social inclusion and to build confidence levels.</p>	Entry 3	Vocational Studies level 1 (or another vocational area at Entry 3 or level 1)  Pre-internships or supported internship
<b>HSDC</b>	<a href="#">Animal Care</a>  Course Code: SFY-ANCA1D/C01 Location: South Downs Campus	Four GCSEs at grade 2 or above. Evidence of a recent tetanus vaccination.	1 year	<p>This course involves regular handling of small animals including feeding, checking their health, cleaning and preparing animal accommodation and general outdoor animal-related activities.</p> <p>You will work in our own Animal Care Unit here at the South Downs Campus.</p>	Level 1	Progression through passing the course can lead to our Level 2 Animal Care options, if you achieve at least a Merit grade on

				<p>You will be taught how to work safely on your own and within a team and you will have the opportunity to develop a range of skills in animal care.</p> <p>There will be an emphasis on personal responsibility and growing your awareness of environmental issues.</p> <p>In our purpose-built animal care building, there is a wide variety of small mammal species and large glass vivarium built into the walls that house reptiles and amphibians.</p>		<p>this course, further study at HSDC in a different area, or Level 2 Apprenticeships.</p>
<b>HSDC</b>	<p><a href="#">Vehicle Systems</a></p> <p>Course Code: SFY-VESMOD/C01 Location: South Downs Campus</p>	Two GCSEs at grade 2 or above in Maths and English Language	1 year	<p>You will study the basics of car mechanics.</p> <p>All practical elements will be taught in our fully equipped automotive workshops with theory taught in the classroom.</p> <p>In addition, you will be expected to study English and Maths Functional Skills courses.</p> <p>During the year you'll have opportunities to attend trips, take part in team-building activities and listen to guest speakers from the automotive industry.</p>	Entry Level Diploma	Level 1 Diploma in Vehicle Systems Maintenance or seek employment.
<b>HSDC</b>	<p><a href="#">Vehicle Systems</a></p> <p>Course Code: SFY-VESM1D/C01</p>	Successful completion of the Entry Level Diploma in Vehicle Systems or	1 year	This course covers health and safety, good housekeeping, engines and related systems, vehicle transmissions, vehicle electrics, fuel systems, chassis systems, cooling systems, fitting and fabrication.	Level 1 Diploma	Level 2 or an Apprenticeship

	Location: South Downs Campus	three GCSEs at grade 3 or above including English Language and Maths.		<p>During your studies, you'll benefit from opportunities to attend trips, participate in team-building activities and listen to guest speakers from the automotive industry.</p> <p>You should also aim to find a part time job.</p> <p>We will also encourage you to volunteer in a garage during your course.</p>		
<b>HSDC</b>	<a href="#">Vocational Studies</a>  Course Code: SFY- VOST1C/C01 Location: South Downs Campus	Entry Level 3 or equivalent qualifications. Successful screening assessments in English and Maths	1 year	<p>Vocational Studies Level 1 will help you to develop a range of key employability skills, improve your English and Maths levels and give you the opportunity to personalise your timetable while trying a range of different vocational subjects to help you focus on what you would like to do in the future.</p> <p>Throughout the course, you will be encouraged to work together with your peers, find solutions to problems, overcome barriers and discover what it is to be part of a community.</p> <p>There are slightly smaller tutor groups on this course, encouraging all individuals to participate and work at a pace that meets your own learning style and needs.</p>	Level 1	<p>On completion of this course, you can go on to study Vocational Studies Level 1, or another vocational area of your choice at Entry Level 3 or Level 1.</p> <p>Some students with an EHC PLAN may also progress onto the pre-internship or supported internship programme.</p>
<b>HSDC</b>	<a href="#">Skills for Independence &amp; Work</a>		1 year	This course is designed around the Preparing for Adulthood Outcomes of independent living, good health, friendships and relationships, employability and social inclusion.	Level 2	Continuing to the second year at Entry 2, Entry 3, a Supported Internship, paid

	Course Code: SFY- VOSTE2/C01 Location: South Downs Campus			<p>You will get the chance to try out a variety of vocational subjects and participate in a range of enterprise activities.</p> <p>On this course, you will be helped to improve your everyday Maths and English skills.</p> <p>The course has small group sizes compared to standard college courses and will also include learning support in class (shared or one-to-one, dependent on EHC PLAN requirements).</p>		work, voluntary work and further supported employment training.
<b>HSDC</b>	<a href="#">Steps into Work (pre-SIP)</a>  Course Code: SFY- PRINL1/C01 Full Time Location: South Downs Campus	None	1 year	<p>This course is aimed at helping prepare you for work through enterprise activities, work experience and employer visits, as well as developing your employability.</p> <p>You will also work on English and Maths skills in the classroom.</p> <p>As part of your course, you will be expected to take part in regular work experience (one day a week) either within the college setting or another voluntary organisation or business, to develop your confidence and skills in the workplace.</p>	Entry level	Supported Internship, paid work, voluntary work and further supported employment training
<b>Queen Mary's College</b>	<a href="#">Foundation Learning Package</a>	None		<p>The Foundation Learning Entry programme aims to develop independence, well-being and employability skills.</p> <p>Your programme will promote independence and enable you to make good progress</p>		Pathways to Employment  Progress to apprenticeships, Supported

				<p>towards employment, independent living, good health and participation in the community.</p> <p>You will study English and Maths at an appropriate level and will also build up a work experience portfolio.</p> <p>You will study a range of accredited units which are part of the BTEC suite of entry level qualifications.</p>		Internships, or employment.
<b>Queen Mary's College</b>	<a href="#">Pathways to employment</a>	None		<p>This course will provide you with various work and life skill such as CV writing, mock interviews and using ICT, in addition to developing independence, well-being and community participation.</p> <p>You will have the opportunity to experience different work placements for 1 day a week.</p> <p>The programme will enable you to make good progress towards employment, independent living, good health and participation in the community.</p>	AQA Award certificates	Employment, an Apprenticeship or a Supported Internship.
<b>Queen Mary's College</b>	<a href="#">Progression</a>	Entry 3 Level		<p>The Foundation Learning Progression course aims to develop your experience of vocational studies.</p> <p>The programme is aimed at building the skills and confidence to enable you to move on to mainstream Level 2 courses or into employment.</p> <p>The course will consist of several elements including tasters of some of our level 2</p>	Level 1 – BTEC Vocational Studies	Mainstream level 2 or employment

				subjects (Media, Art and Design, Business Studies, Health and Social Care and Performing Arts).		
<b>South Hampshire College Group</b>	<a href="#">Entry 2 Exploring Enterprise</a> Course Code Southampton: S0236-2526-S-WR Eastleigh: S0431-2526-E-WR Location: Southampton, Eastleigh Start Date: 05/09/2025	EHC PLAN	1 year	<p>The programme is designed to focus on enterprise activity while maintaining the development of English, Maths &amp; IT and personal and social skills.</p> <p>You will participate in a variety of activities on a Wednesday afternoon, include LEGO Therapy/ ELSA sessions/ Digital Safety and Relationships.</p> <p>You will participate in community work in the local community and enterprise activities at our colleges.</p> <p>You will take part in a non-accredited programme to develop Preparation for Adulthood themes.</p>		Employment, further training
<b>South Hampshire College Group</b>	<a href="#">Skills for Independence and work entry 3</a> Course Code Southampton: S0237-2526-S-WR Eastleigh: S0422-2526-E-WR	EHC PLAN	1 year	<p>The Skills for Independence course is designed to give you the confidence and knowledge in independent living and work skills.</p> <p>It has been developed for students with a moderate learning disability and is an excellent entry into multiple progression pathways.</p> <p>The programme is designed to focus on enterprise activity while maintaining the development of English, Maths &amp; IT and personal and social skills.</p>	Entry 3	

	<p>Location: Southampton, Eastleigh Start Date: 05/09/2025</p>			<p>You will have work experience placements related to your area of interest.</p>		
<p><b>South Hampshire College Group</b></p>	<p><a href="#">Skills for Independence and work level 1</a></p> <p>Course Code Southampton: S1266-2526-S-WR Eastleigh: S1405-2526-E-WR Location: Southampton, Eastleigh Start Date: 08/09/2025</p>	ECH PLAN	1 year	<p>This programme is designed to help you to develop your independence living skills, improve your confidence, continue to develop your skills in Maths, English and IT and to develop work skills.</p> <p>Tutor groups are small, and support is available to meet a wide range of learning needs.</p>		<p>Progression to other work programmes</p>
<p><b>South Hampshire College Group</b></p>	<p><a href="#">Skills for Supported Employment</a></p> <p>Course Code Southampton: S1267-2526-S-WR Eastleigh: S1405-2526-E-WR</p>	ECH PLAN	1 Year	<p>The Skills for Supported Employment course is designed to help you further develop your work based and personal skills.</p> <p>At the end of the year, you will feel prepared and confident to progress to either a Supported Internship, a paid job or volunteer work.</p> <p>As part of the course, you will have opportunities to practice work-based skills through work experience placements. You will also gain valuable support with C.V. writing,</p>		<p>Supported Internships, paid job, volunteer</p>

	Location: Southampton, Eastleigh Start Date: 08/09/2025			applying for jobs and practical preparation for interviews.		
<b>South Hampshire College Group</b>	<a href="#">Supported Internship</a>  Course Code Southampton: S0238-2526-S-WR Eastleigh: 0424-2526-E-WR Location: Southampton, Eastleigh Start Date: 08/09/2025	EHC PLAN	1 year	The full-time Supported Internship programme is your final step in education before entering into the world of work.  The yearlong Internship will provide you with specialist careers guidance from experienced recruitment staff and on the job support to help develop skills needed to secure and maintain paid employment opportunities.		Paid Employment
<b>Sparsholt College Group</b>	<a href="#">College Learning Company</a>	Completion of Foundation or Mainstream courses at Sparsholt College Group	1 year	A one-year study programme where you can develop employability and independence skills through our college learning company, social enterprises run by staff and students here at the college.  You will have a uniform and be expected to conform to work expectations and will be completing practical tasks around the college campus.		

<b>Sparsholt College Group</b>	<a href="#">Focus on Life Skills</a>	None	1 year	<p>The programme aims to provide a differentiated and individualised approach to college to work towards outcomes and aspirations for the future.</p> <p>You will learn about all aspects of our curriculum offer, animal care, agriculture and horticulture and you will have the opportunity to do lots of practical work experience within the college.</p>		Employment
<b>Sparsholt College Group</b>	<a href="#">Pathways to Animal Care</a>	Successful interview	1 year	<p>You will learn about the different types of animals within the British Pet Trade and farming industry and carry out a range of practical activities, from cleaning animal housing to walking and exercising dogs and generally learning how to catch and restrain them for health checking and grooming.</p> <p>The course is assessed through practical observations and learners are required to complete knowledge evidence to achieve units.</p>		Employment
<b>Sparsholt College Group</b>	<a href="#">Pathways to Land-based Studies</a>	Successful interview	1 year	<p>This course will teach practical skills that help you to learn basic principles of caring for Plants, cutting back hedges, maintaining woodland and looking after livestock.</p> <p>You will get a chance to try out different equipment and develop your practical skills.</p>		Employment
<b>Sparsholt College Group</b>	<a href="#">Pathways to Sports and Outdoor education</a>	Successful interview	1 year	<p>This study programme is designed to provide you with the basic knowledge to prepare you for further study or employment within the sport and outdoor industry.</p>		Employment Or Further study.

				The course will be highly practical with a big emphasis on being active and healthy. As part of the course learners will get to try a variety of different sports and outdoor activities and begin to develop skills such as coaching and teamwork.		
<b>Sparsholt College Group</b>	<a href="#">Supported Internship</a>	Foundation or Mainstream courses here at the college and have completed a successful work experience	1 year	Supported Internships provide an individualised programme of study if you have an EHC PLAN and want to move into employment and need extra support to do so.		Employment
<b>St Vincent College</b>	<a href="#">School of Personalised Learning</a>	Available to those of you who are post 19 and have already experienced a college education within another provision.	2 years	<p>The School of Personalised Learning provides over 140 students with access to a range of creative, exciting, purposeful, and functional courses.</p> <p>Based in the main campus each of the courses available are specifically tailored to you, support your needs and are taught by specialist teachers within highly supported learning environments with state-of-the-art resources and facilities.</p> <p>In addition to the curriculum offer, the college is able to provide medical assistance, support and care with a wide range of learning difficulties and disabilities.</p>	From pre-entry to level 2	This offer however is a maximum of two years and can include a supported internship if appropriate.

				<p>Our curriculum offer includes education activities designed to specifically support:</p> <ul style="list-style-type: none"> <li>• Sensory</li> <li>• Life Skills</li> <li>• Communication</li> <li>• Supporting Independence</li> <li>• Social Communication</li> <li>• Optional pathways include: creative arts, horticulture, IT, retail, sport and health</li> </ul>		
<b>Totton College</b>	<a href="#">Everyday Living Skills</a>  Course Code: C001455 Part time	None	1-2 Years	This course is suited for students who may have limited communication skills and those who would benefit from a highly structured environment. In Everyday Living Skills (ELS), students are supported to build upon personal independent skills through a multi-sensory approach. Students are encouraged and supported to make meaningful choices, whilst experiencing a range of everyday life skills.	Entry1	
<b>Totton College</b>	<a href="#">Life Independence and Social Skills LISS Entry Level 2</a>	Must have an EHC plan	1 Year	Independence and Social Skills (LISS) Entry Level 2 course is designed to help you build the independence skills you're seeking through a multi-sensory approach.	Entry 2	
<b>Totton College</b>	<a href="#">Practical Work Skills</a>  Course Code: C003403	None	1 Year	<p>You'll learn the essential skills for the workplace as well as develop your interpersonal skillset.</p> <p>As part of this course, you'll have the opportunity to Plan, explore and run enterprise projects within Totton College, focussing on</p>		

				developing your communication, maths and work skills.		
<b>Totton College</b>	<a href="#">Vocational courses</a>			<p>Our vocational courses provide you with a practical path to a successful career.</p> <p>They're designed with your future in mind and developed in collaboration with industry professionals and experts in their respective fields.</p> <p>The aim of this course is to ensure that you acquire the skills and knowledge you'll need to start your career or pursue higher levels of education.</p> <p>Vocational Courses:</p> <ul style="list-style-type: none"> <li>Art &amp; Design</li> <li>Beauty Therapy &amp; Hairdressing</li> <li>Business</li> <li>Care</li> <li>Construction</li> <li>Digital Skills &amp; Media</li> <li>Hospitality and Catering</li> <li>IT</li> <li>Motor Vehicle</li> <li>Music</li> <li>Sport</li> <li>Public service</li> <li>Travel and Tourism</li> </ul>		
<b>Totton College</b>	<a href="#">Futures Entry Level 2</a>	None	1 Year	Skills for Life is a dedicated SEND specialist department for students with learning difficulties and/or disabilities. Our Skills for Life team supports you throughout your academic		

	Course Code: C003396			<p>journey, preparing you for adulthood, employment and/or independent living.</p> <p>There are opportunities to explore and experience life and work skills.</p> <p>You'll visit various places and people within the community via our links with local day service providers and community groups, helping you to develop your communication and personal skills.</p>		
<b>Totton College</b>	<a href="#">Progress to Work/Life</a>  Course Code: C003386	Entry 2	1 Year	<p>You will have the opportunity to explore and experience life skills and work skills</p> <p>You will be assessed through a combination of portfolio evidence, practical tasks and statements from teachers.</p>		Employment. Supported Internship
<b>Totton College</b>	<a href="#">Independence and Work</a>  Course Code: C005166	None	1 Year	<p>You will focus on enhancing your life skills, communication skills and start to explore practical work skills.</p> <p>You will have opportunities to take part in enterprise projects within the college.</p>		
<b>Totton College</b>	<a href="#">Pathways: Junctions Level 1</a>  Course code:  C004174	Entry Level 3 or Level 1 Foundation Course	1 Year	This course provides the opportunity to develop transferable skills for employment or education, IT and independent study skills, which are needed for further study in subject specific areas, whilst continuing to study English and maths.	Level 1	

				You will be expected to contribute towards cooking, trips out into the community or any equipment that maybe needed. Approximately £50.00 to £100.00.		
Totton College	<a href="#"><u>Pathways: Junctions Level 2</u></a>	None		<p><b>Modules</b></p> <ul style="list-style-type: none"> <li>Personal skills</li> <li>Accessing the local community</li> <li>Cooking</li> <li>Social communication</li> <li>Maths and English skills</li> <li>Individualised learning</li> </ul> <p>You will be assessed through a portfolio of evidence. It will be flexible and tailored to suite your individual needs.</p>		

<sup>1H</sup> **SEND Independence Hubs:** the listed sites host Independence Hubs, which provide high needs learners (SLD and Complex Needs) with safe spaces and bespoke curriculum offers within mainstream college sites to develop pathways to adulthood. Each site is open to 8 Year 12 learners per year. <https://www.hants.gov.uk/educationandlearning/participation-lifelong-learning/send-employability-hub>

<sup>SI</sup> **Supported Internships:** the listed sites host Supported internships, which are structured study programmes based primarily at an employer. They enable young people aged 16-24 with an EHC Plan to achieve sustainable paid employment by equipping them with the skills they need for work, through learning in the workplace. Supported Internships are also hosted outside of colleges sites, additional providers of Supported Internships are available on the Local Offer.

You can find out more about post 16 offers at <https://fish.hants.gov.uk/localoffer>