



Funded by  
UK Government

# 'LIFE IN THE UK' (FREE ESOL PROGRESSION COURSE) HEALTH & WELLBEING



Hampshire  
County Council

**SKILLS  
FOR LIFE**

## Course Information

Our series of **FREE** online 'Life in the UK' courses are a perfect progression opportunity for ESOL learners to gain knowledge about living in the UK. These short courses cover the main topics included in the 'Life in the UK' Citizenship Test and we offer two more general interest topics: Health & Wellbeing and Education in the UK. This **Health & Wellbeing in the UK** course will include:

- Identify how to get medical help and advice in the UK
- Discover some useful terminology and know how to ask for help and advice about common illness and conditions
- Feel more confident to ask questions relating to medical treatment

## Commitment

- ✓ You will attend a tutor-led online group session 2 hours a week for 6 weeks
- ✓ You will be offered learning tasks and practice test questions to carry out at home in your own time
- ✓ You will be offered the opportunity to progress to further learning

## Eligibility & Contact Details

There are no formal entry requirements for this course but is most suitable for ESOL learners who are at least an intermediate ESOL Level 3 (A2/B1) or above with access to a suitable device with a camera and microphone.

This course is **FREE OF CHARGE** and funded by the UK Government for eligible adults living in Hampshire aged 19+. If you are unsure if you are eligible for this course, please contact our team at [adult.learning@hants.gov.uk](mailto:adult.learning@hants.gov.uk), or see our website at: [Hampshire Adult Tailored Learning | Hampshire County Council \(hants.gov.uk\)](https://www.hants.gov.uk/adult-learning).

## How to Apply

It's simple! Just complete our online application form using this link [Adult Tailored Learning ESOL Application Form 24/25](#), or contact our team if you would like more details about this **FREE** course.