## **Engaging / Building Confidence Roadmap**

#### **Hampshire Achieves**

- Confidence & Motivation
- Confidence for Employment
- Wellbeing for Work

#### **Learning in Libraries**

- Discover Yourself Through Art
- Employability & Confidence Building
- Thriving Together in Early Years
- Sing Your Way to Better Mental Health
- Confidence Building
- Positive Parenting
- Managing Stress
- Grow Your Confidence
- Digital Skills

#### **Gateway Central Services**

- · Communication Skills
- Crafts
- · Social Courses i.e.. Jewellery Making
- · Confidence Building

#### **Hampshire Cultural Trust**

- Craft & Wellbeing Courses to support:
  - · Building Confidence
  - Social Skills
  - Trying something new

#### Itchen College

- Be Well
- Be Confident
- Skills & Confidence for Work
- Communication Skills
- Next Steps
- Resilience
- Budgeting & Money Management
- Digital Skills



For more information, please contact adult.learning@hants.gov.uk

## **Preparation for Employment Roadmap**

#### **Learning in Libraries**

- Employability & Confidence Skills
- ESOL
- · Paediatric First Aid
- Emergency First Aid
- Stress Management
- · Grow Your Confidence
- Finding Your Life Direction
- Food Hygiene

#### **Itchen College**

- Skills & Confidence for Work
- Sector Work Academy Programmes:
  - · Customer service
  - Warehousing
  - Social Care (Adults)
- Digital Skills & Confidence for Work
- Journey to Employment
- Maths Skills for Work

#### **Hampshire Achieves**

- · Sector Based Employability Programmes:
  - Childcare & Schools
  - Public Sector & Customer Service
  - Public Sector & Business Admin
- Introduction to Equality & Inclusion in Childcare Settings
- Introduction to Safeguarding to Prepare to Work in Childcare Settings
- ESOL Working in the UK / Further Working in the UK
- ESOL Life in the UK Preparation for UK Citizenship
  - UK Government, Democracy & Laws
  - · British Customs & Traditions
  - · History of the UK & The Monarchy
  - British Values, Principles & Citizenship
  - · Education in the UK
  - Health & Wellbeing in the UK
- ESOL Driving in the UK / Further English for Driving in the UK

#### **Gateway Central Services**

- Sector Based Employability Programmes
- ESOL
- Digital Skills



#### **Hampshire Achieves**

- Mood & Food
- · Seated Yoga
- Journalling for Wellbeing
- Children & Young Peoples' Nutrition
- Living with Food Allergies and Intolerances
- ESOL
- ESOL Life in the UK Health & Wellbeing

#### **Learning in Libraries**

- Exercise classes (including Yoga, Zumba & Dance)
- Arts and crafts (including Painting, Drawing, Journalling & Sewing)
- Singing & Music
- Parenting to Connect with Your Child
- · Paediatric First Aid
- Emergency First Aid
- ESOL

## **Health & Wellbeing Roadmap**

#### **Gateway Central Services**

- · Confidence Building
- Communication Skills
- Healthy Eating
- Wellbeing
- Budgeting
- Mindfulness
- Walking

#### **Hampshire Cultural Trust**

 Craft based courses to teach parents / carers to support and connect with children

#### **Itchen College**

- Confidence Building
- · Communication Skills
- Healthy Living
- Managing Anxiety
- Resilience
- Be Well
- Next Steps
- Budgeting & Money Management



## **Developing Stronger Communities Roadmap**

#### **Hampshire Achieves**

- ESOL
- ESOL Life in the UK:
  - Preparation for UK Citizenship
  - Education in the UK
  - Health & Wellbeing in the UK
- ESOL Driving in the UK

### Learning in Libraries

- ESOL
- Sing Your Way to Better Mental Health
- Ukulele
- Yoga
- Arts & Crafts in partnership RVS, Voluntary Services and DWP
- Food Hygiene for Voluntary Organisations

#### **Gateway Central Services**

- ESOL
- Craft Activities
- Courses run in partnership with Wellbeing Centres

#### **Hampshire Cultural Trust**

- Celebratory Collage
- Craft and Wellbeing Courses in partnership with local organisations

#### Itchen College

- ESOL
- Next Steps (Volunteering)
- · Healthy Living



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## Improving Essential Skills Roadmap

#### **Hampshire Achieves**

- ESOL (Entry 1 Level 1)
- Accredited ESOL
- Preparation for IELTS
- ESOL English for Preparing for the UK Driving Theory Test
- Preparation for English Functional Skills:
  - Spelling, Punctuation & Grammar
  - · Speaking & Listening
  - Reading
  - Writing
- · Preparation for Maths Functional Skills
- English & Maths Functional Skills Level 1 and Level 2

#### **Itchen College**

- ESOL for Communication
- · Digital Skills for Everyday Life
- Digital Skills for Work
- Everyday English
- · Communication Skills
- · Maths Functional Skills



- ESOL
- Paediatric First Aid
- · Emergency First Aid
- Digital Skills
- Thriving Together in Early Years

#### **Gateway Central Services**

- ESOL
- Digital Skills
- · Maths Functional Skills
- Maths through different themes



#### **Hampshire Achieves**

- Introduction to Children & Young Peoples' Nutrition
- Preparation for English Functional Skills:
  - Spelling, Punctuation & Grammar
  - · Speaking & Listening
  - Reading
  - Writing
- Preparation for Maths Functional Skills
- ESOL
- ESOL Life in the UK Education / Health & Wellbeing
- · Functional Skills English & Maths

#### **Learning in Libraries**

- Positive Parenting
- · Raising Resilient children
- Makaton
- · Paediatric First Aid

# **Equipping Parents / Carers to Support Children's Learning Roadmap**

#### **Gateway Central Services**

- · Positive Parenting
- · Introduction to Childcare
- · Make, Take & Bake
- · Healthy Eating
- · Crafts with Children

#### **Hampshire Cultural Trust**

- Craft based courses to support:
  - Wellbeing
  - Mindfulness
  - Confidence
  - Physical Wellbeing

#### **Itchen College**

- Healthy Living
- Support Work in Schools

