

## Adult Tailored Learning (ATL) Learner Impact Form 2024/2025

This form is to be used by tutors to document a learner's / or group of learners' experience on their course and showcase the **impact** that it had upon them.

Once completed, please email this form to <u>adult.learning@hants.gov.uk</u>.

| Tutor Name: Jacky Purthill   |       |  |
|--|-------|--|
| Provider's name: Learning in Libraries   |       |  |
|  |       |  |
| Course attended: Expressive Watercolours   |       |  |
|  |       |  |
| Course Start Date:         05/10/2025         Course End Date:         02/11/2025  | 5     |  |
|  |       |  |
| Did this course help the learner / learners to: (tick all that apply)  |       |  |
| Progress towards employment  |       |  |
| Improve their health and wellbeing (including mental health) x   |       |  |
| Support their child's learning   |       |  |
| Develop / engage in their local community  |       |  |
| Improved their maths, English or digital literacy skills (including ESOL)  |       |  |
| Progress to further learning   |       |  |
| Raise their awareness of sustainable living / energy efficiency  |       |  |
| Did this learner / group of learners give written consent to share their name and<br>details of their learning journey / impact for publicity purposes? Would this lear<br>group of learners be happy for a member of Hampshire County Council's Adult<br>Tailored Learning Team to contact them? Please tick one of the options shown<br>below: | ner / |  |
| <ol> <li>No, they do not want their name or personal details included in this<br/>Impact Statement (please remove any identifying information)</li> <li>They do not want to be contacted, but have given written consent to<br/>use the details above below.</li> </ol>  | X     |  |
| <ul> <li>use the details shown below</li> <li><b>3. Yes,</b> they are happy to be contacted by Hampshire County Council's Adult Tailored Learning Team for more information (please include contact details below):</li> </ul>   |       |  |

| Learner's email address:    |  |
|-----------------------------|--|
| Learner's telephone number: |  |



Please tell us why you think this learner's story, or group of learners' stories is important to share.

We would like to know **what impact** the course had, or what difference it made to them. Please feel free to include any photographs, work products, learner comments etc. below:

Feedback about the impact of attending this course from a learner:

"I suffer with anxiety and panic attacks. I am currently having Cognitive Behaviour Therapy (CBT) from the NHS. In my late 30's developed agoraphobia which lasted for many years, I still find certain situations very difficult.

This course has been very helpful as I get so little time for myself. I feel calmer and genuinely happier. I am sleeping much better too! My anxiety has improved. I realise that I have to make time for myself, and art is a complete stress buster! I want to practice art more at home.

I did want to say a huge thank you to you for being such an inspiring tutor. You have given me the confidence to experiment and I actually now feel brave enough to show my weekly art to my husband without feeling a complete fool!"

If the learner would like to add any additional information, comments or feedback about the **impact** that the course had on them, please use the section below:

Thank you for completing this Learner Impact Form. If you would prefer to submit an audio recording or video, please contact <u>adult.learning@hants.gov.uk</u>.

To view Learner Impact Stories please visit:

Adult Tailored Learning Impact Stories (participationandlifelonglearning.co.uk)

