



## Diary Dates

	<b>2022-23</b>
INSET	Wed 29 <sup>th</sup> March
Service Day	Tues 11 <sup>th</sup> July
	<b>2023-24</b>
INSET	Mon 4 <sup>th</sup> Sept
INSET	Fri 20 <sup>th</sup> Oct
Service Day	Thurs 7 <sup>th</sup> Dec
INSET	Wed 20 <sup>th</sup> March
Service Day	Tues 9 <sup>th</sup> July

You should already have a hold the date email from Bob, if you have a new member of staff joining, please do remember to forward them the dates.

## Professional Values and Attributes:

Value and champion diversity, equality of opportunity, inclusion, and social equity

## Promoting Equality Diversity and Inclusion



There is a wide range of events planned for January/February with lots of opportunity to promote British Values, as well as EDI.

Further events can be found at [Upcoming Awareness Events – Awareness Days Events Calendar 2022 & 2023](#)

Want to promote Religious and cultural events to learners? then you can choose to add these to your outlook calendar: [Add holidays to your calendar in Outlook for Windows - Microsoft Support](#)

## Recommended

Genius Within is a website that provides information on the strengths and weaknesses neurodiverse people may have (under 'Neurodiversity' tab), along with lots of other useful information: [Passionate about Neurodiversity - Genius Within](#)

## Professional Knowledge and Understanding:

Share and update knowledge of effective practice with colleagues, networks and/or research communities to support improvement.

## Best Practice examples:

### Online courses:



Assessment of learning: At the end of the session, the learners complete an activity where they reflected on their lightbulb moment for the session. They feed back on something new they have learnt, something they recognise they already do and want to celebrate, and something they are going to try.



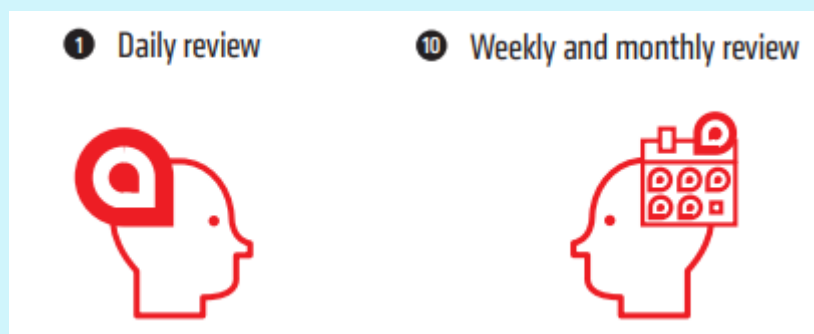
### Face-to-face courses:

- Getting learner feedback: at the end of the session ask learners about the session for example, 'What did you like or not like?' or 'What else would you like to learn about X'
- Ensure that you have a paper-based alternative for a digital activity
- Use opportunities to widen learner's understanding of the similarities and differences between the UK and other countries to develop their appreciation of British Values

## Teaching Pedagogy:

Barak Rosenshine has created 10 principles that support learning, over the next few editions we will be providing you with key information on each element. These underpin current pedagogical teaching practices. There are four very clear strands that run through the 10 sections – reviewing material, questioning, explaining, and modelling, practice.

## Rosenshine's Principle no 1 and 10: reviewing material



Getting learners to practice or review the learning on a daily basis strengthens the neurons in the brain and helps with retrieval. The more times you view/practice/visit something the easier it becomes.

Make sure that when you are designing your course or reviewing sequencing that you are allowing time to recap and review previous learning. Why is this important? Working memory is limited in size, and our cognitive load quite small. Without recapping and reviewing previous information then the effort of trying to recall old information will get in the way of learning new information.

Set high expectations of your learners to commit to frequent practice at home, set home learning activities. You will soon know who is doing this as they will be the learners who are able to recall information and make links in learning.

Keyways to review previously learnt materials:

- Correcting and reviewing homework
- Asking learners what they are finding difficult
- Ask learners to summarise the previous week (rather than you the tutor going over key points)
- Quiz based on previous learning
- Set a task based on previous learning

[Kitchen Pedagogy 2:2 Retrieval Practice - YouTube](#)

## Teaching Glossary: Long term memory



long-term memory is the ultimate destination, Ofsted describe learning as movement from short term to long term memory, where it can be retrieved. In other words, learners can remember what they were taught. To learn more about long-term memory read [Long-Term Memory: A User's Guide \(thelearningcoach.com\)](https://thelearningcoach.com/long-term-memory-a-users-guide/) or [Understanding memory and making it work for your students | University of Strathclyde](#)

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## Professional skills:

Select and use digital technologies safely and effectively to promote learning.

### Digital tools: Plickers

Plickers is a free, accessible, and engaging educational tool used by millions of teachers around the world to assess their students and collect instant results in the classroom. Using cards, you can get your learners answering questions within the classroom in a fun and interactive way while you store the answers on your mobile device.

An e-learning online only version is available. Information can be found at [Overview - Plickers E-Learning – Plickers](#)

## Preparing for Inspection

Expectations are that all staff are familiar with the [Education Inspection Framework \(EIF\)](#) and [Further Education and Skills Handbook \(section 2\)](#). You should also be considering in your team meetings how you would answer any of the Ofsted questions that have been circulated.

**NB** We now have a dedicated page to any materials relating to Inspection on the VLE - [Course: OFSTED Guidance & Reports \(skillsandparticipation.co.uk\)](#)

## Meet the Hampshire Achieves Team

### Kevin Rhodes – digital learning advisor



Kevin has been in Hampshire Achieves since the beginning of 2020 having previously worked at the University of Winchester. He is the Digital Learning Advisor and looks after the VLE, databases and pretty much any other IT issues that come up.

Fun Fact – Despite dealing with online systems and IT, Kevin has a History & Film degree which is rarely put to any use.



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## Policy updates

The following policies have been updated and are now available on the VLE

- Conflict of Interest Policy and Procedures 2022-23.
- Malpractice and Maladministration Policy and Procedures 2022-23.

- RARPA - Policy and Procedures 2022-23.

[Course: Hampshire Achieves Policies and Procedures \(skillsandparticipation.co.uk\)](https://skillsandparticipation.co.uk)

## Wellbeing

January will bring the launch of **‘Wellbeing Weekly’**, a new 6-week mindset programme supported by HCC Health & Wellbeing Inclusion, Diversity and Wellbeing Team. Claire Fitzhenry, a Workplace Wellness Specialist, will be delivering a bitesize 30-minute online session each week (recordings available), covering different topics that will help us build the skills and behaviours to support our performance and our wellbeing...which might be timely as we set New Year goals! The HCC wellbeing poll which took place a couple of months ago, informed which topics were of most importance to our employees and this fed into the overall 6-week programme. You don't have to attend all, and it would be great if you would share your learning with others in your teams.

Dates and codes are listed below and you can book by [visiting the Learning Zone](#). More detail on what each session will be covering can be found on the [IDW Events page](#).

Course Title	Date/Time	Learning Zone code
Week 3 - Managing your inner voice & building self-confidence	Monday 16 January, 2:00-2:30pm	HCC_CR_HWFD_WB_00026VLS
Week 4 - Staying present whilst productive & how to combat overwhelm	Wednesday 25 January, 2:00-2:30pm	HCC_CR_HWFD_WB_00027VLS
Week 5 - Managing stress and building resilience	Thursday 2 February, 9:00-9:30am	HCC_CR_HWFD_WB_00028VLS
Week 6 - How to thrive not just survive in times of high pressure	Thursday 9 February, 2:00-2:30pm	HCC_CR_HWFD_WB_00029VLS

We appreciate that this is a very challenging time for you and all your staff. There are lots of resources out there to help you to support your team with their mental health. We often discuss this in our own staff training.

We hope you find these free resources useful:

[Cost of living support - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

[Top Tips For Tackling Employee Burnout.pdf \(mindtoolsbusiness.com\)](https://mindtoolsbusiness.com)

## Safeguarding

Please remember that safeguarding posters should be visible in all learning environments, with online classes these should be shared electronically.

Updated posters can be downloaded from the [VLE](#)

Please remember that if there are any safeguarding concerns these should be reported to our designated safeguarding officers

Dee John

[dee.john@hants.gov.uk](mailto:dee.john@hants.gov.uk)

07784 264713

Deborah Copeland

[Deborah.Copeland@hants.gov.uk](mailto:Deborah.Copeland@hants.gov.uk)

07926 077442

Remember that all learners should receive information on safeguarding, and we have a designated safeguarding email [HASafeguarding@hants.gov.uk](mailto:HASafeguarding@hants.gov.uk) for learners.

Information about safeguarding, prevent and British values can be found on our VLE page [Hampshire S&P: Safeguarding, Prevent and Equality & Diversity \(skillsandparticipation.co.uk\)](https://skillsandparticipation.co.uk)

**Supporting Adolescents:** Hampshire Safeguarding Children Partnership (HSCP) and the Isle of Wight Safeguarding Children Partnership (IOWSCP) are delighted to announce the launch of their first ever toolkit developed specifically for parents and carers, '[Supporting your Adolescent](#)'.

The new toolkit complements the publication of last year's Safeguarding Adolescent's Strategy and online Toolkit for professionals working with adolescents and their families in the Hampshire and Isle of Wight areas.

Professionals are encouraged to familiarise themselves with the new resource and signpost families to the Toolkit as part of their ongoing support. Professionals can also download the [Toolkit QR code flyer](#) to give to parents and carers so they can easily access the toolkit using a smartphone device.

Adolescence is the phase of life between childhood and adulthood and is a time of major transition for children physically, emotionally, and socially. The toolkit has been designed in collaboration with parents and carers, to provide information and help on a range of topics that can affect pre-teens and teenagers as they journey into adulthood.

The subjects featured in the toolkit were chosen specially by parents and carers, and the contents carefully compiled by a range of services across both Hampshire and the Isle of Wight. The toolkit comprises of 10 themes, which are further broken further down into subthemes. The main themes cover:

1. Physical health
2. Mental health
3. Sexual health
4. Online safety



5. Keeping adolescents safe outside the home
6. Relationships
7. Bullying
8. Identity
9. Substance use
10. SEND

### **Safeguarding training opportunities**

As we look ahead to 2023, Hampshire Safeguarding Children Partnership (HSCP) are hosting a range of safeguarding training opportunities to support professionals in planning their professional development in the new year. These free multi-agency webinars, eLearning modules and virtual training opportunities are developed to support core learning on children's safeguarding. The diverse range of webinars in January 2023 includes training on safeguarding disabled children, learning from local child safeguarding practice reviews, and keeping children safe online.

In addition to the existing virtual offer, HSCP continue to work with Hampshire County Council Children's Services Department to offer 'Enhanced Practitioner Training in Reducing Parental Conflict,' to train professionals in the use of three digital tools designed to reduce parental conflict.

Places are available on a first come, first served basis, so be quick to secure your free place. Browse the [2022-23 HSCP Training Brochure](#) now to see the full range of training available.

### **Attachments:**

- Plickers Fact file