



**Hampshire Achieves Update**  
Issue 21- September 2022

**Diary Dates**

	<b>2022-23</b>
INSET	Mon 5 <sup>th</sup> Sept
INSET	Fri 21 <sup>st</sup> Oct
Service Day	Thurs 8 <sup>th</sup> Dec
INSET	Wed 29 <sup>th</sup> March
Service Day	Tues 11 <sup>th</sup> July
	<b>2023-24</b>
INSET	Mon 4 <sup>th</sup> Sept
INSET	Fri 20 <sup>th</sup> Oct
Service Day	Thurs 7 <sup>th</sup> Dec
INSET	Wed 20 <sup>th</sup> March
Service Day	Tues 9 <sup>th</sup> July

You should already have a hold the date email from Bob, if you have a new member of staff joining, please do remember to forward them the dates.

For our INSET day in October, we are planning a teaching and learning conference, with a mix of workshops for people to attend. We will also be asking colleagues to share their expertise on identified areas of excellence.

**Service day 7<sup>th</sup> December**

For the afternoon of the December service day, we are wanting to put on a variety of activities that staff can sign up for. To help with this we are looking for individuals that have a talent/hobby that they would be willing to share with others or to lead an activity session on.

If you are able to support with this, then please complete the form in the link

[Service day activity](#)

We anticipate that the sessions can be spread across the geography of Hampshire.

**Digital tools**



[Home - Canva](#) Create amazing visual content with no design experience. Start by yourself, or invite others to collaborate. See attached document for how you can use this.

**Teams Backgrounds**

Want an alternative to blurring your background in your next Teams meeting? Find all of our corporate backgrounds [here](#). To add your background to your Teams meeting:

1. Download one of the backgrounds.
2. Save it into any folder on your PC/device/Laptop.
3. When open a Microsoft Teams call, click the three dots on the meeting settings bar.
4. Select 'show background effects'.
5. Choose your background from background settings.
6. Either preview or select apply to enable your background.

Please note when using the background, the logo will appear in reverse on your screen. It will appear correctly to those people in your meeting.

**New: Cast your screen in a Teams-enabled meeting room**

- Following a recent upgrade, there is a new casting feature available when using a Teams-enabled meeting room for an in-person meeting. This will mean your screen can be cast to the large wall-mounted screen, so everyone in the room can see it. [Find out more about different types of meeting room options, including Teams-enabled rooms](#).

### How is casting different to sharing your screen?

- You might choose to cast your screen if you have something to show to people who are all in the room with you. You don't need to be participating in a Teams meeting - you're just displaying content on the wall screen.
- Conversely, if you want remote participants to see your screen, it would be better to use a Teams meeting to share your screen so that your content appears on all devices in the meeting.

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### Wellbeing

On [World Mental Health Day](#), 10 October from 1 to 2pm, come along and hear [Solent Mind](#) explore a short introduction into the causes and effects of stress, and discuss ways to manage the symptoms as well as ways to prioritise our wellbeing and to help us thrive. This **session is open to everyone** and here are just some of the areas that will be covered in the session:

- What is Stress?
- What causes it?
- How we recognise we are under too much stress, the impact on the body and what we can individually do about it
- Techniques to manage stress and help us thrive
- Having supportive conversations

Don't forget to book! Sign up through the [Learning Zone](#) using this code: HCC\_CR\_HWFD\_ORLR\_00071VLS

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### Safeguarding

**Keeping Children Safe in Education has been updated for Sept 22 and you will shortly be sent a copy to read and a quiz to complete**

NSPCC have a number of podcasts available to listen to

[News | NSPCC Learning](#)

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### Promoting Equality, Diversity, and Inclusion

**26<sup>th</sup> September – 2<sup>nd</sup> October** is **National Inclusion Week** and there will be a full programme of events, activities and learning on offer for everyone across Hampshire County Council. Take a look here: [bookable sessions for National Inclusion Week](#) they have also been published on Hantsheadlines previously and will be highlighted over the coming weeks well.

### Digital Dictation

Did you know you can dictate your documents, notes, reports etc. using your Office 365 suite?

It works on any mic-enabled device

[Dictate your documents in Word \(microsoft.com\)](#)

[Dictate your documents in Word Mobile \(microsoft.com\)](#)

[Dictate your documents in Word for the web \(microsoft.com\)](#)

### Some of the Themes for October

- Black History Month
- World mental health awareness day



There is a wide range of events planned for September, with lots of opportunity to promote British Values, as well as EDI. Further events can be found at [Upcoming Awareness Events – Awareness Days Events Calendar 2022](#)

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### CPD opportunities

In partnership with the Hampshire Domestic Abuse Partnership, Hampshire Children Safeguarding Partnership (HSCP) are pleased to be hosting a range of domestic abuse themed webinars in September 2022 for professionals and volunteers working with children and families who live in the local authority area of Hampshire. Places are available on a first come, first served basis, so be quick to secure your free place.

#### **WEDNESDAY 7 SEPTEMBER 2022 12.00 – 13.00**

[Responding Well to Disclosures of Domestic Abuse](#) - Delivered by Stop Domestic Abuse, this training supports professionals in their understanding of what constitutes domestic abuse and best practice when responding to disclosures of domestic abuse. Information will be provided regarding what support is available to victims and perpetrators of domestic abuse and how professionals can signpost or refer.

*“An excellent interactive session with the opportunity to speak in more detail with the trainers after the course.”*

*“The presenters were engaging, and their experience brought another perspective to the training, very thought provoking.”*

*“Very informative and clear trainers have a passion for their subject.”*

#### **WEDNESDAY 21 SEPTEMBER 2022 13.30 – 15.00**

[Coercive Control Awareness Training](#) - As professionals it can sometimes be hard to understand the levels to which perpetrators of domestic abuse will go in order to control

their victims. Delivered by Aurora New Dawn, this course will develop professionals' confidence in recognising and responding to this controlling behaviour.

*“This was the best course. Crammed with content, skilled presenter. Thank you. It was so good I have booked for the next session in October!”*

*“Thoroughly well-presented course - I could happily have spent a lot more time learning and listening and was so engaged for the duration! Hard hitting and very informative, thank you.”*

*“Excellent presentation and information, I thought the presenter gave an honest account surrounding this type of abuse and how to both identify and address this type of abuse.”*

#### **WEDNESDAY 21 SEPTEMBER 2022 19.00 – 20.30**

[An Introduction to Child and Adolescent to Parent Violence \(CPV/APV\)](#) – Delivered by Stop Domestic Abuse, this training assists professionals in developing their understanding of 'child to parent' and 'adolescent to parent' violence, how to assess potential impact and explore support mechanisms.

*“Brilliantly presented and very interactive for an online workshop.”*

*“Amazing and informative! Really thought provoking and I appreciate the conversations that were allowed to take place.”*

#### **WEDNESDAY 28 SEPTEMBER 2022 09.30 – 11.00**

[An Introduction to the Impact of Domestic Abuse on Children and Young People](#) -

Domestic abuse has a devastating impact on children and young people that can last into adulthood. Delivered by Stop Domestic Abuse, this webinar offers an introduction to the impact that domestic abuse can have by exploring some of the physical and emotional effects, and upskilling professionals to feel more confident in responding to disclosure or suspicions of abuse.



*“Excellent course, knowledgeable trainer, and great pace. Good interaction. Thank you.”*

*“I now feel more capable having conversations with children and young people who I suspect are victims of domestic abuse, how to talk about home life and family in a way that isn’t leading but would provide valuable insight into their lives at home.”*

HSCP provides a range of free multi-agency eLearning modules, webinars, and virtual training opportunities, developed to support core learning on children’s safeguarding. Browse the [2022-23 HSCP Training Brochure](#) now to see the full range of training available and to explore future occurrences of the above webinars that are available throughout the year.

next wellbeing session on 14 Sept about pensions, which coincides with National Pensions Awareness day (15 Sept). The wellbeing poll which was shared recently highlighted that many of our colleagues were interested to learn more about this area. You can find details about the session [here](#).

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## Communities of Practice



We have welcomed a number of new tutors to Hampshire Achieves and said farewell to others. To reflect this, we have updated the communities of practice member list

(attached). Your lead should be in touch shortly to confirm the summer term meeting date.

Please make sure that any resources or mins of meetings are uploaded to the VLE. All working directly with young people should be allocated to a specific community of practice, however we do not wish to limit

individuals access to collaborative opportunities, if you would like to contribute to another C of P then do, please contact the C of P lead

Maths – Rachel McCarthy

English – Jay Ship

Science – Ray Minifie

Post 16 - Tom Shrimpton

Art/Creative/PE - Graham Tench

PSHE - Sam Saye

Learning/skills Coaches – Bev Morse/  
Cameron Brown

### Attachments:

- CPD reflective log template
- Digital factsheet - Canva