



CPD events

Workshops:

Creating your own demonstration videos
Tues 23rd March 10am-11am

[Book here](#)

Next INSET date: Tuesday 27th April

Next Service Day: Friday 23rd July

Community of Practice – e-learning
Tues 20th April 9am

VLE &

The resources from INSET on 25th Feb are now available on the VLE

[Course: INSET resources \(hampshirefutures.co.uk\)](#)

Digital Resources

Teaching maths? The following free app is highly recommended: [whiteboard.fi](#)
Whiteboard.fi is a simple tool that can be used instantly. Create a class and let your students join, using a link, room code or QR code.

Everyone will get an individual digital whiteboard, where they can draw, write text, make notations on images, add math equations, and more!

You as a tutor see all your learners' whiteboards in real time, so you can follow their progress, while the learners only see their own whiteboard and the tutor's. Whiteboard.fi is an instant formative assessment tool for your classroom, providing you with live feedback and immediate overview over your students. Wai has been trying this out and found her learners enjoyed it and helped her see instantly what learners were doing.

MS Teams POLLS

There is a new function within MS Teams that allows you to launch Polls within a meeting. As with all things it does have a few quirks! Read the article in the link below to find out how to use.

[Use the new built-in polls in Microsoft Teams meetings | jumpto365 Blog](#)

Sharing Good Practice:

Topical discussions: our apprenticeship team delivering Teaching Assistant L3 have been using topical discussions linked to the curriculum at the start of each session. This has enabled learners to develop confidence with speaking online and helps to build a sense of community with learners.

Rachel M recently abandoned the use of the chat function and instead encouraged all learners to participate with verbal and video responses, which learners really enjoyed.

Safeguarding:

What we can do to support learners Promote online safety through awareness and training

- Provide an environment where learners feel they can raise concerns
- Provide a safe space to discuss online platforms and any arising concerns
- Keep our knowledge up to date so we are able to recognise concerns alongside emerging technology and sites.
- Allowing free speech to be maintained by reiterating its importance and ensuring an unconscious bias and understanding of platforms.
- Putting propaganda filtering in place where appropriate.

Please remember if you are concerned to report to Dee or Debi and continue to advertise to the learners HASafeguarding@hants.gov.uk where they can report any concerns.

Latest Gov Update

Guidance for parents and carers, students and university students, teachers and educational setting leaders [Coronavirus \(COVID-19\): Education, universities and childcare - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/news/coronavirus-covid-19-education-universities-and-childcare)

Wellbeing

LetsChat is designed for tutors and has a wealth of support materials to help us look after our own mental health and those of people around us.

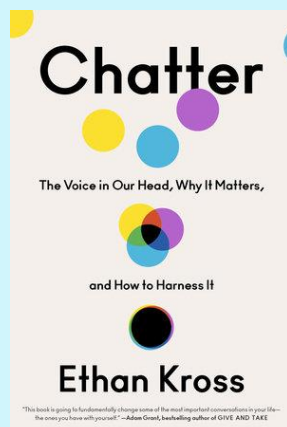
[Home - LetsChat \(letschatwellbeing.co.uk\)](https://letschatwellbeing.co.uk)



Recommended reading:

[Chatter by Ethan Kross: 9780525575238 | PenguinRandomHouse.com: Books](#)

Sam Saye has just finished this book by Ethan Kross and says it was fabulous. Really helpful and can inform our work with young people and how to manage anxiety/ negative thinking. Lots of tips and tricks!



News from ETF

[Apprenticeship Workforce Programme](#)

Those working in apprenticeships whether an assessor, a leader or a governor, staff involved with apprenticeships now have a new route through which to skill up. Read the article from FE Weekly for more information.

The post [Staff need to know about the Apprenticeships Workforce Development programme](#) first appeared on [FE Week](#).

The HOLEX Digital ACE webinar recordings can be accessed via these links below. As above, these are available on demand; you'll just need to click the recording links and register to view.

Webinars	Date live webinars broadcast
Webinars Recordings of the Digital ACE webinars are available via the links below. <i>Note that you will need to register to access the recordings.</i> <ol style="list-style-type: none"> 1. Launch Overview 2. Developing an Overarching Service Strategy 3. Safeguarding and Prevent 4. Developing Materials and Resources 5. Quality Assurance 6. Supporting Low Skilled Learners 7. Underpinning Technology 	Autumn 2020



Domestic Abuse

DOMESTIC ABUSE INFORMATION UPDATES

Surviving Economic Abuse (SEA): Survivor Stories Podcast

- SEA has launched a podcast series, the Survivor Stories Podcast. Through this series, SEA speaks to survivors about their lived experience of economic abuse and the impact that it has had on their lives, as well as their stories of hope, courage and resilience. In the latest episode, an Expert by Experience Group (EEG) member talks to journalist and SEA supporter, Marisa Bate, about her experience of living in isolation during lockdown and how it reflected her experience of living in isolation with an abuser. She also talks about how life has changed now that she is safe.

<https://anchor.fm/georgia-powell/episodes/SEAs-Survivor-Stories-Podcast-Episode-3--Lesley---Living-with-an-abuser-is-like-living-in-lockdown-epei8p>

- SEA have also revamped their website, including their [Research](#) and [Policy](#) sections to bring you the latest on SEA's work and economic abuse research around the globe. They recognise that the abuse doesn't always stop once a survivor has left the perpetrator, which is why our new resources focus on issues survivors face when de-linking from an abuser — [pensions](#) and [their post or mail](#).

Image based abuse now included in the Domestic Abuse Bill!

- The government has announced this week that threatening to share intimate images will be made a crime when the Bill becomes law later this year! This is a huge, life-changing relief for the 1 in 7 young women who experience this awful form of control and abuse. Now, they can get the legal support they need.
- Proposals to improve protections for victims whose intimate images are taken or shared without their consent have been published by the Law Commission of England and Wales. The proposals include:

- An expansion of the types of behaviours outlawed by existing criminal laws on taking and sharing intimate images without consent to include 'downblousing' and sharing altered intimate images, such as deepfakes.
- Criminalising threats to share intimate images (including other forms of 'sextortion').
- Automatic anonymity for all victims of intimate image abuse.
- A new framework of offences better focused on this form of criminal conduct and the harm it causes

Researchers to explore the impact of the coronavirus pandemic on domestic abuse referrals in primary care

A new study, led by researchers at the University of Bristol's Centre for Academic Primary Care in collaboration with colleagues in Queen Mary University of London, UCL, University of Oxford and IRISi will explore whether and how GP referrals to domestic abuse services have changed during the coronavirus pandemic.

<https://www.bristol.ac.uk/primaryhealthcare/news/2021/researchers-to-explore-the-impact-of-the-coronavirus-pandemic-on-domestic-abuse-.html>

Victims' law

The Victims' Commissioner has published her proposals for a Victims' Law. Her report highlights the decline in victim confidence in the criminal justice system, with increasing numbers of victims withdrawing their support for prosecution, with others saying they would be unwilling to testify in court again or express increasing dissatisfaction with their treatment by criminal justice practitioners.

https://s3-eu-west-2.amazonaws.com/victcomm2-prod-storage-119w3o4kq2z48/uploads/2021/02/VC-Victims-Law-policy-paper_FINAL.pdf

Women's Aid launch the new Expect Respect

This free toolkit looks at healthy relationships with young people

<https://www.womensaid.org.uk/wp-content/uploads/2021/02/Expect-Respect-Healthy-Relationships-Toolkit.pdf>



Attachments:

- shaping-the-digital-future-of-fe-and-skills-report
- March 2021 round up and
- Digital ACE digest

CHECKING IN WITH COLLEAGUES

With everything going on at the moment, it's important to look after ourselves and each other. Here are a few signs to look out for when talking to someone who may be struggling with their own wellbeing.

THE LONG SIGH

Sighing can be a sign of the body trying to regulate breathing during times of stress and can be a subconscious message of upset or distress.

"I FORGOT"

Poor memory or concentration can be a sign of overwhelm or someone struggling with their mental health.

"I'M EXHAUSTED"

Lack of sleep or exhaustion can lead to burnout. Sleep is important for our mental wellbeing so we need to make sure we are all getting enough of it!

"FINE! WHATEVER!"

Irritability or anger can be a sign of stress or anxiety. Try to understand the cause of this, give them time and space to recover from it and offer support later on.

"I'M ALRIGHT"

We can often use the word 'alright' to hide how we are really feeling.

"I'M SORRY"

Poor mental health can cause low self esteem and confidence so if someone is apologising a lot or being more self critical, they could be struggling.

"HOW ARE YOU DOING?"

Try asking someone how they are feeling twice. This might encourage them to give a deeper response to how they're really feeling.

